niloodU Uheelmen

- \* August Meeting
- \* Thursday August 1, 7:00PM
- \* Wheeling High School(West Entrance)
- \* NW Corner of Hintz & Rt-83
- \* Presentation: Harmon Hundred Planning
- \*\*\*\*\*\*

## PREZSEZ

By Wayne Segedie

Hi there! Did you miss me last month? Judging by the calls and in-person comments I received, I guess some of you really do read my articles. That is a warm reward, and I do appreciate the calls. Thanks. It makes it all worthwhile.

Hope you all had a happy 4th of July holiday. While this was a time of celebration, we should also have reflected on the real meaning. This was really a time of thanks for the independence and freedom we enjoy. In the case of cyclists, we have to be thankful for the freedom to enjoy our bikes on the open roads. Remember, the right to enjoy our bikes on the road is a privilege. So let us protect our privilege by always riding responsibly.

OLD BUSINESS Thanks to Joe of Village Cycle Sport, Mike Ortmanns, and Bill Bergeron for their help and demonstrations of on-road repairs at the June meeting.

HARMON UPDATE Stacy and Greg have been hard at work on the 1996 Harmon. We have selected a great design for the t-shirt and patch. I am really excited about the design, and it will be "way cool". So don't miss out on this great commemorative shirt call Stay today to reserve your spot as a volunteer. Remember, you can have yours for free just by volunteering to work a few hours. We do need your help. The Harmon does not happen without you.

AUGUST MEETING will be devoted to the Harmon Hundred. As in the past years, we will divide into the various groups and set our plans for your rest stop or committee. So don't miss out on this fun time. If nothing else, come for Virginia's baked goods. Yum!

NEWSLETTER UPDATE Yes, the mileage will return starting this month. Also this month you should have noticed something new about the newsletter. We have eliminated the extra envelope and mailed the newsletter as its own mailer. This will save a little money and a lot of time by deleting one step in the mailing process. Let me know what you think (as you usually do.) This will be a trial for the next

# Monthly Meanders of the Wheeling Wheelmen

August 1996

few months, and if we feel it is a success, we will adopt it permanently.

THANKS to Joan & Tom Burke for a great job on our annual picnic. It was a lot of work, but we all had a fun time.

ELECTIONS are around the corner. As you read this article, the nominating committee is hard at work picking the slate of officers for the 1997 season. If you would like to be placed on the slate, please give me a call and I will pass on the information to the committee. Remember, we are only as good as you want us to be. How do we get to where you want to be as a club? Very simple — volunteer. If you see things that need to be changed, would like to see the club head in a new direction, or would like to see the club carry on the way it is, then get on the board and take the helm of this great ship we call the Wheeling Wheelmen. It is not only a great privilege to serve you but a very special reward.

GRAPEVINE has learned about an incident that happened to one of our club members back in June. Sources close to the victim report that a certain member had to be rescued by the local Fire Department when she was locked in a restroom at a gas station. Another version of the story was that an impatient woman waiting to use the restroom actually freed the captive with a screwdriver. Will we ever learn the true story? And where was her partner when all this was going on? Did he really think that 20 minutes was a normal length for a pit stop?

Our sympathy goes out to Ed Torgerson from Performance Bike Shop and a long- time club member, who recently lost his mother. Our prayers are with you, Ed.

NEWS FLASH I have just been informed that I am leading a SINGLES ONLY RIDE this month. So leave your aero bars at home, plan to ride at a leisure pace, and prepare to have a good time. We will figure on going out after the ride to a local establishment. Watch the ride schedule and listen to the ride line for further developments, since I don't know them yet.

Well, it's that time for me to call it another month. Come on out and ride with us. Have a great month.

May the wind be always at your back. Wayne

#### Safety

Ron Hattendorf is on vacation this month. Ride safely

## 1996 L.A.B. NATIONAL RALLY REPORT, DAYTON OH by Phyllis W. Harmon

The Dayton Rally was one of the best ever! The University of Dayton was an excellent site for bicyclists from all over the country. The campus was comfortably small and compact, and all of the activities were centered in the Kennedy Union: registration, exhibits, seminars, Life Member Reception, ice cream social, picnic supper, line dancing, Town Hall Meeting . The meeting included an excellent program by Dave Buettner covering bits of his tour from Alaska to the tip of South America. The Around the World and African Tours topped off his latest fascinating Mayan tour. Outside of Kennedy Union there was a most interesting Police on Bikes demonstration that showed some of the maneuvering the police have to learn to qualify for the Police Bicycle Patrol...a great new division of the League of American Bicyclists.

As for bicycling, there were 33 rides from 8 to 104 miles, including tandem rides and special rides for children. The Miami River runs through Dayton, and an excellent bicycle path runs for miles along the river front. There were rides to the Air Force Museum and special IMAX film, a ride to Sunwatch ancient Indian village restoration (year 1200), rides to Germantown, dairy farms, prairie, hills and dales, etc.

Participants came from Florida, California, Washington State, New England, and all points in between! Some of you will remember Mike and Laura Enwright, who moved to San Diego about 10 years ago. Don and Elida Dereby, **Roger Thauland**, and I were there from Wheeling Wheelmen.

There was a bicycle parade to Carillon Park for a delicious dinner catered by Marriott, line dancing, and an interesting tour of a one-room school house, a 1700 tavern, the Wright Brothers' shop and museum, including the plane they flew, etc.

If you have never attended an L.A.B. National Rally, plan to attend next year at West Lafayette over the 4th of July holiday. I have visited Rose Mary Young and her Lafayette farm and marveled over the beautiful bicycling roads and scenic beauty. There are motels of all kinds around Purdue University. There is an interesting Wolf Park where you can watch wolves and listen to their howls. The Tippecanoe Battlefield is nearby, as are Fort Ouiatenon, museums, etc. The West Lafayette Bicycle Club has numerous bicycle routes for you to enjoy. Terrain ranges from flat to rolling, as well as challenging climbs. Watch upcoming newsletters for more details on L.A.B. events in 1997

### Ride Report: Bicycle Across Rural Farmlands by Rob Schaller

The Bicycle Across Rural Farmlands (BARF) ride had a turnout of 11 riders coming from three different states, plus one additional sag driver for the first 100 miles. Five of the 11 riders were attempting their first double century. 3 of the riders were from the Wheeling Wheelmen including Jim Deblois, Joe Lippere, and John Smith. The riders were escorted out of the parking lot at 5:15 A.M. to the sound of Beethoven's 5th Symphony coming from the support vehicle. As the riders made their way south through McHenry County, they witnessed a beautiful sunrise, which was an indication of just how nice the weather was going to be that day. There was a few miles of thick fog in some of the low lying areas but that was completely gone by 6:30 A.M. The field of riders split up into three separate groups. From a sag driver's viewpoint I was amazed by how fast all of the riders were moving. The flat terrain and ideal wind conditions were appreciated by all. I did not need to service any of the riders until the 45 mile mark.

When I arrived in Somonauk, I got word that a rider had gone off course, so I did a little extra driving. Not finding anyone, I went on. Fortunately the rider got back on course. The next incident occurred near the Town of Norway, where some of the route was under construction and a fresh layer of pea gravel covered the road for a mile. One of the riders went down and suffered some abrasions. I treated the wounds and he was on his way again. The last rider to pass through was suffering stomach problems and we tried a combination of ginger ale and Tums, but it was too late at that point. At 105 miles he called it a ride, and we loaded his bike on the roof of the support vehicle.

The next rider to be picked up was at the 120 mile mark due to a mechanical problem. We were able to swap his rear wheel for the rear wheel of another rider who called it a ride some 15 miles earlier. We had to give him a pep talk to keep him going. It worked, and he completed his first double century. Another rider was not so fortunate. After 165 miles a spoke broke on his rear wheel. Normally this is not a big problem to fix, but the wheel looked like a potato chip when we tried to service it, so we had to sag him in to the finish. It was most unfortunate since he was doing so well physically. It was only a couple of months ago that he rode his first-ever century!

Towards the end of the ride there was one intersection that was a source of confusion for some of the riders and added a mile or two to their ride. All of the remaining riders finished up within 1.5 hours of each other, and in daylight. Quite amazing when you consider the range of cycling experience of the riders who participated. Congradulations go out to Joe and John who successfully completed their first double century. John did the ride on a hybrid bike!

# RAVINIA

Let's all hope for nice weather for our Ravinia outing on Wednesday, August 14 to see "Three Men and A Guitar." This wonderful lineup consists of Jose Feliciano, Don McLean, and Richie Havens! The lawn seats are \$10 per person. We'll leave from the Cole Taylor Bank parking lot in Wheeling at the corner of Milwaukee and Dundee at 5:00 PM sharp. Or you can meet us in the park at 7:00 PM in front of the Martin Theater. You can bring your own food or buy it at Ravinia. We'll try to hold lawn space for you, if you let us know you're coming by calling Joan and Tom at 847/632-1472. Be sure to call, too, if you want to carpool so we arrange for enough seats in the car!

#### Ride Report: The Milwaukee Ride

This ride was listed on ride schedule as a joint ride with the Evanston Bicycle Club. Wheeling Wheelmen members Steve Libbin, John Smith, Bill Wacholz, and Rob Schaller joined approximately 7 other riders for a beautiful ride up the North Shore suburbs. We met the Evanston Club at the Mobile station just West of Fort Sheridan. Heading East into Kenosha we passed by the Kenosha Velodrome as we headed towards the lake shore. Our group had split up and I was with the ride leader who had a scenic route along the lake shore as we made our way up to Racine. The other riders missed some nice roads. We managed to regroup in Racine where we stopped at a concession stand along Lake Michigan. After that, we headed inland for a few miles before entering the South side of Milwaukee where we ate lunch at a Dairy Queen. Everyone was in fine spirits. The return trip a strong cross wind out of the West but everyone made it back by the early evening. Thank you Steve for making this a joint ride with the Evanston Bike Club. We all had a great time under sunny skies.

#### A New Weekday Ride Listing

Days: Tuesdays and Thursdays mornings Time: 9:00 AM Sharp Place: Deerfield Bakery (just North of Lake Cook Rd on east side of Buffalo Grove Rds) Distance: 25 miles Contact: Kurt Schoenhoff (847) 634-2634

## **Harmon Hundred Activities**

Harmon 100 Info. meeting/sign-up. Please come to the meeting August 1 or contact Stacy or Greg for available positions.

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FOR SALE: Rhode Gear Bike rack for sale, \$80.00. Like new. For small sport utility trucks. Contact Stacy Carver at (847) 356-5863

FOR SALE:4 Bikes. 56 cm Trek 2500 carbon fiber main triangle, dura-ace 7sp components \$1000 54.5 cm RRB custom touring frame Columbus slx \$300 55cm Oschner with Campy veloce gruppo \$500. Basso 54 cm track frame \$300. Call 808-0270 evenings 6- 8:30

FOR SALE : Kestrel 200sci 56cm frameset. Kestrel EMS fork & Stronglight Delta headset. Excellent condition! \$650.00 firm. Call Mike at 847-439-9861

LOOKING FOR: Tandem partner. I have a tandem with a frame size of 22x20. Interested in doing single and multi-day tours. I have a tandem taxi, a minivan, so getting to these events is not a problem for me. Let's experience the thrill of downhills and the camaraderie that tandeming has to offer. Call Rob at (847) 854-0153

#### **Enhance Your Riding**

Massage therapy available by appointment. Contact Stacy Carver at (847) 356-5863

[Note about ads: Unless specified otherwise, ads will only run for a month at a time.]

#### Club Miles

MEN: MILES	WOMEN: MILES
1) Tom Burke 1297	1) Joan Segedie 1252
2) Jeff Epstein 1252	2) Cindy Schneider 710
3) Wayne Segedie 1024	3) Ella Shields 490
4) Dennis Berg 869	4) Janie Neuman 486
5) Rick Arnopolin 813	5) Virginia Savio 393
6) Dave Lachman 787	6) M.E. Ferraro 243
7) Bob Savio 762	7) Joanne Bjerge 242
8) Al Schneider 710	8) Karen Hodroff 157
9) Steve Libbin 551	9) Hope Schwartz 155
10) Todd Leverentz 504	10) Carol Passowic 141

#### Club Officials

President V.P./Rides Treasurer Membership Safety Secretary Newsletter Harmon 100 Wayne Segedie Mike Ortmanns Bob Savio Glen Johnstone Ron Hattendorf Ella Shields Rob Schaller Stacy Carver Greg Iverson (847) 426-4376 (847) 439-9861 (847) 438-8066 (847) 818-0525 (847) 362-5997 (312) 594-1755 (847) 854-0153 (847) 356-5863 (847) 670-0083

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Contact Glen with any address changes.

Club Library Marketing LAB Club Rep. Government Relations

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### Wheeling Wheelmen Hotline: (847) 520-5010

Home page http://www.mcs.com/~gsjohnst/wwhome.html

# **JOIN THE LEAGUE!**

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington DC. A yearly individual membership is \$30 and should be sent to:

League of American Bicyclists 190 W Ostend St(#120) Baltimore, MD 21230-3755 (410) 539-3399

In addition to government relations, they also oraganize many great cycling rides and rallys around the country. For info on these events call (800) 288-BIKE



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Wheeling Wheelmen PO Box 581-D Wheeling, IL 60090

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