



MONTHLY MEANDERS

OCTOBER, 2006

PREZ SEZ

Here is my annual plea to you, the members of the Wheeling Wheelmen, to step up and swing your leg over a board seat in addition to your bike seat. There is a nominating form enclosed in this month's newsletter with all the board positions and a blank space to write in yourself or someone you know is interested in running for the position but may be too shy to nominate himself/herself. Please note that this is a form for nominating candidates only. It is not a ballot for voting. Once we have all the candidates slated, we will create a voting ballot for the November newsletter, web site and also have it available at the annual banquet.

There's quite the battle being waged for top mileage on both sides of the tally sheet. I'll bet it makes some interesting conversation after the bakery rides. Can a working stiff pull an upset and unseat the king of saddle sores? Will the weather weenie overcome her fear of frost and surpass the queen of long distance rides. Come to the banquet to find out.

Is it just me or has anyone else noticed the increase in traffic on what used to be our "remote" Illinois roads. It wasn't that long ago that the PITA ride was on lightly traveled streets. Now it looks like Fish Lake Road is going to be one huge housing development, and of course the retailers are sure to follow. Even some of our Wisconsin rides are getting "trafficy", threw that in for you Bets. Let's be careful out there, and remember to set a good example for new members by sliding over to the right when there's a car back.

Does anyone remember the movie "Network"? One of the characters Howard Beale played by Peter Finch is a network newscaster who's going to be fired because his ratings have fallen. He announces that he will commit suicide on his last show. Of course the ratings go through the roof and Howard gets the audience worked into a frenzy with the line "I'm mad as hell, and I'm not going to take it anymore" Last year some of the Tuesday night riders decided they were "mad as

hell" when the lack of daylight from mid September thru April eliminated one of the few highlights of a working stiff's week, the Tuesday night express ride. So they decided not to "take it anymore" and started the Tuesday night garage ride. So each Tuesday night several members bring their bikes and trainers to one of the designated member's garage and put in about 1 1/2 hour training ride to one of the many training videos available. Check the ride line, newsletter, and web site for more details or send an email to wheeling@wheelmen.com.

Thank you to everyone who worked on the Harmon Hundred this year. We had a couple of major battles to fight, parking and weather, and everyone handled both with good spirits. Special thanks to MaryKay for orchestrating this enormous undertaking. You are the "Maestro".

Thanks for listening.
See you on the road
Rich Drapeau

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Welcome New Members

Ted Siegel, Chicago

Lee Skinner, Elk Grove Village

Chad Niec, Palatine

Michael Maylahn, Bartlett

Club Officials

Elected Officers

President	
<i>Rich Drapeau</i>	(847)808-1476
V.P./Ride Chair	
<i>Len Geis</i>	(847)679-0279
Treasurer	
<i>Al Berman</i>	(847)541-9248
Secretary	
<i>Pat Gill</i>	(773)774-4132
Membership	
<i>Betsy Burtelow & Jim Boyer</i>	(847)541-1325
Publicity Chair	
<i>Sheri Rosenbaum</i>	(847)368-1762
<i>luv2bike80@hotmail.com</i>	
<u>Appointed Officers</u>	
Harmon	
<i>Mary Kay Drapeau</i>	(847)808-1476
Newsletter	
<i>Ella Shields</i>	(773)594-1755
St. Pat's Ride	
<i>Tom & Deb Wilson</i>	(847)632-1412
<u>Chairmen</u>	
Banquet	
<i>Kris Woodcock</i>	(847)520-6932
Harmon Data Base	
<i>Jennie Pfeifer</i>	(847)342-8823
Mileage Statistician	
<i>Joe Irons</i>	(847)359-0551
Newsletter Mailing	
<i>Jennie Pfeifer</i>	(847)342-8823
Picnic	
<i>Al & Cindy Schneider</i>	(847)696-2356
Refreshments	
<i>Frank & Pat Illy</i>	(847)923-5910
Ride Line	
<i>Art Cunningham</i>	(847)963-8746
Web Page	
<i>Jim Boyer</i>	(847)541-1325
Ride Line	
<i>Art Cunningham</i>	(847)520-5010

Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. Send or e-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month

Ella Shields
7516 W. Devon Ave.
Chicago, IL. 60631
eshieldsbike@yahoo.com

(Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Call Betsy or Jim with all name, address and phone number changes at (847)541-1325.

Board Meeting

The next board meeting TBA

TOP 20 MILEAGE

Reported through September 14

210 rides by 165 Members

totaling 131,045 miles

6424 maximum miles possible per rider

1	Pat	Calabrese	3185
2	Cindy	Schneider	3094
3	Mary Kay	Drapeau	2578
4	Barbara	Barr	2172
5	Betsy	Burtelow	2137
6	Debbie	Wilson	2072
7	Reinhilde	Geis	2036
8	Pat	Illy	1960
9	Meg	Ewen	1875
10	Cindy	Trent	1696
11	Sheri	Rosenbaum	1672
12	Chris	Wager	1659
13	Kris	Woodcock	1592
14	Pam	Burke	1347
15	Marianne	Kron	1253
16	Mary	Mylis	1172
17	Virginia	Savio	1033
18	Ella	Shields	932
19	Cynthia	Brown	722
20	Fran	Green	647

1	Kilian	Emanuel	4502
2	Paul	LeFevre	4230
3	Dennis	Creaney	3340
4	Brian	Blome	3215
5	Frank	Illy	3179
6	Al	Schneider	3032
7	Kevin A.	Moore	2838
8	Richard	Drapeau	2731
9	Daniel	Wiessner	2726
10	Leonard	Geis	2494
11	Jim	Boyer	2489
12	Art	Cunningham	2448
13	C. Brian	Hale	2444
14	Frank	Bing	2394
15	Tom	Wilson	2123
16	Kurt	Schoenhoff	2089
17	Joe	Irons	1913
18	Len	Fiocca	1672
19	Earle	Horwitz	1565
20	Peter	Guzik	1558

WEEKDAY RIDES

TUESDAY / THURSDAY

DEERFIELD BAKERY RIDES

Rides with 25 / 45 mile routes leave the Willow Stream Park, promptly at 9:00 A.M. **(PLEASE NOTE: as of 10/19 rides will start at 10:00 a.m.)** These rides are normally show and go with cue sheets provided if requested. Willow Stream Park is on Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right. Phone Art Cunningham at 963-8746 or Earle Horwitz 374-1129 for more information.

October Club meeting

The meeting will be on Thursday, October 5, 7:00 p.m. at Wheeling High School in room 102. The high school is located on the north side of Hintz Road just west of Elmhurst Road (83) in Wheeling

We will recap the Harmon 100 and our featured speaker will be Vince from Village Cycle Sport to discuss winter riding.

Dick Herron Bike and Walk

We are pleased to extend an invitation to you, your family and friends to participate in the Dick Herron Bike and Walk 9:30 a.m. Sunday, Oct. 8 at the Lakefront Path at North Avenue to memorialize loved ones who were victims of aggressive driving. Named for a Chicago bicyclist who was killed last year in a crash near Libertyville, the event is open to all.

Participation is donation-based and supports two programs of the Chicagoland Bicycle Federation: youth bicycling programming and Drive With Care. Learn more at www.healthystreets.org or contact Arline Welty at arline@biketraffic.org. Chicagoland Bicycle Federation (312) 427-3325, ext. 224 www.biketrafic.org

Oct. Ride Schedule	All Riders Should	*wear a helmet *bring water *bring a pump	*have a bike in good condition *bring a spare tube and patch kit *arrive early...15-30 minutes	*bring an ID card *carry a cell phone
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Date	Time	Ride Name	Starting Location	Directions	Miles	Ride Host
Every Sat.	8:00	Honey-Do Ride	Grassy Meadow, Douglas F. P.	On Central Rd. 1½ mi. west of Roselle Rd, just north of I-90	30/38/ 54	Frank Illy 923-5910 & Brian Hale
Sun. 10/1	9:00	Broken Oar	Kildeer School (Apple Fest)	Old McHenry Road, north of Long Grove Shopping District	44	Dennis Creaney 202-6154
Sat., 10/7 and Sun., 10/8	9:00	Fall Foliage Weekend Excursion	Military Ridge State Trail parking lot in Mt. Horeb, WI	About 150 mi. from Buffalo Grove. Take I-90 west to exit 142A in Madison onto 18 west for 25 miles then 151 business into Mt Horeb. Hotel accommodations at Karakahl Inn- 888-621-	60 mi. (hilly)	Rich Drapeau 808-1476
Sun. 10-8	9:00	Vern's PITA	Cuba Marsh	Turn west from US-12 onto Cuba Rd; parking on the left just past Ela Road	39/61	Kilian Emanuel 296-7874
Sat. 10-14	9:00	Triple Deerpass	Evergreen School, Union, IL	I-90 West to US20 to Coral. Turn right to Northrup. Turn left to Washington. Turn right to school.	66	Brian Hale 426-3290
Sun. 10-15	9:00	EFHOB	Rose School	I-90 to RT. 59 North, turn right on Penney road to the school just past Bartlett Rd.	44	Meg Ewen 630-540-1371
Sat. 10-21	9:00	Nifty Fifty	Target Store, Elgin	Randall Rd. just south of US-20. Park on SE corner of lot.	51	Al & Cindy Schneider
Sun. 10-22	9:00	Mystery Miles	Kildeer School	Old McHenry Road, north of Long Grove Shopping District	37	David Johnson 459-3989
Sat. 10-28	9:00	Who Let the Dogs Out?	Evergreen School, Union, IL	I-90 West to US20 to Coral. Turn right to Northrup. Turn left to Washington. Turn right to	48	Dan Wiessner 540-9118
Sun. 10-29	10:00	Lou's Commute (Chili ride join us for chili after the ride. We will have chili rain or shine, if it rains chili will be @ 11:30 a.m.)	Meg Ryan's house @ 1255 Wentworth, Volo, IL	Take US 12 north through Volo; Turn right on Molidor for about ½ mile; turn left on Wentworth: it is 4 th house on right. <u>Please RSVP to Mary Kay Drapeau at (847)808-1476 if you plan to stay for chili after the ride and to see what you can bring</u>	42	Meg Ryan 630-542-1040

Always call the ride line for any last minute changes 847/520-5010

RIDES OF A DIFFERENT FLAVOR

The bike paths/trails on the October schedule include some with packed crushed limestone surfaces. I generally use my hybrid bike on these trails but many are smooth, hard and well maintained and suitable for narrow tired road or touring bikes. At worst one may have to dismount and walk across an area where there has been water erosion or the surface isn't packed because of fresh repairs. These are rated ***, **approved for narrow tires** although narrow tires lose the advantage that they have on smooth pavement. Other trails where rougher, less packed surfaces are more likely to be encountered are rated **, **wide tires recommended**. The less developed trails or those where the condition is not known are rated *, **wide tires required**. Let me emphasize that all trails are well developed, no off road conditions. Of course road bikes are well suited for paved trails.

Wednesday Chicago Area Bike Path/October Trail Rides						
Date	Time	Miles	Path/Trail	Start	Directions	Comments
10-4	9:00	50	Prairie/Fox Triangle ride	Kline Farm, Winfield	From North Ave, left. (s) at Country Farm Rd., 3/4 mi., lot on right	Packed crushed stone, some paved NEW
10-18	9:00	55	Ride to Illinois Beach	Lakewood Forest Preserve Millennium	East of Fairfield Rd. opposite Ivanhoe Rd. just south of IL 176	Packed stone and paved

WE GET MAIL.....

August 31, 2006



This months "Prez Sez" section hit a raw nerve, particularly the final section that discussed cyclists rights and the care and respect that must be shown to riders. A couple weekends ago, I went on my very first Wheelmen club ride as a member. I was (and I'm being kind here) pissed off to see some of the advanced riders riding four abreast along Long Grove Rd. A motorist who happened along, simply could not proceed with this sort of irresponsible cycling underway. Fortunately, the motorist seemed to be a very patient person. If it were me behind the wheel, I can't guarantee there wouldn't be tire marks on the backs of several members. Needless to say, I was not impressed. A cycling club as big as the Wheeling Wheelmen should know better. I sincerely hope, for the safety of all of us, the content of my note is shared.

John Canger, #1555

Hello John,

The Wheeling Wheelmen Bicycle Club DOES NOT condone riding 4 abreast or impeding traffic in any way except as defined in the Illinois Vehicle Code.

In fact, if you were riding in that pack of riders I'm sure you heard frequent calls of 'Car Back' warning cyclists to move over out of traffic.

However, as you noted, not all riders comply. On many of our club rides the ride hosts recite the common rules of the road before the ride starts. During the rides many members shout 'Car Back' until they are blue-in-the-face yet often some riders do not move to the right. I will pass your message on to the club president and the newsletter editor so that it can be shared as you offered. Much like the American Automobile Association does all it can to promote safe motoring it also can't guarantee compliance on the part of all its members. All we can do is hope that our efforts will do some good. As Rich stated in his 'Prez Sez' article:

"The bottom line is we need to be as friendly and non-antagonistic as possible with the cars and trucks we share the roads with."

Thank you for your input.

Jim Boyer, Membership Chairman

2006-2007 WHEELING WHEELMEN
BOARD NOMINATION FORM

All Board positions are open to all members.

Please fill in your choice for candidates

(can be yourself) and return to:

Wheeling Wheelmen
P. O. Box 7304
Buffalo Grove, Il. 60089-7304
by October 15, 2006

PRESIDENT

VP/RIDE CHAIR

TREASURER

SECRETARY

MEMBERSHIP

PUBLICITY

“The Other Side of the Tracks Ride”

by

Tom Mulick with Lee Skinner

Does it rain on the other side of the tracks?

Well, the night before the ride it seemed to rain without stopping. As the time approached to decide, my lift, Lee Skinner (a new club member) called to ask whether I was still going. I said “Yes, but I wasn’t going to ride.”

No contradiction here. I don’t ride in the rain unless I have to. And I had taken one more look at the radar on the Weather Channel Online: the big green and yellow blob seemed to be moving very slowly to the east but possibly clearing within an hour.

On the drive there, rain was pelting the windshield, but we decided we would at least go to the starting point. As we approached we saw two cars in the parking lot. It was Meg and Kilian. As we sat in our respective cars talking through the open windows, another car came: Pam.

For the next twenty minutes or so, we talked about various things, including whether to head out or not. But by about ten minutes to nine, the rain had subsided. And we could see the sky begin to lighten, with even a few patches of blue starting to break through. After some final discussion, we all unloaded and prepared our bikes.

By the time we threaded our way around some deep puddles to exit the gravel parking lot, the rain had left. But the roadway was wet. Being careful not to ride in the spray from the rear tire of the rider in front, we fully committed to the ride.

Our hats are off to Pam Burke and Meg Ewen. With this ride they created another winner. The route took us over some old, familiar roads but included some really picturesque new ones. Some of these new roads would be nice to visit again with a camera.

At various times we commented on the accuracy of the mile markers on the route sheet. In fact, at the rest stop, which was marked “22.0,” Kilian’s computer read “22.00”

As we finished the ride and returned to the parking lot, the skies looked threatening again. But we were more than satisfied that we had made the ride: it had been well worth taking our chances.

Pam and Meg did a great job in this new ride, and we encourage everyone to try it. We think you will travel “the other side of the tracks” more than a single time.

Invitational’s

Oct. 1 Apple Cider Century, Three Oaks, MI, 25/50/62/75/100 miles, Bryan Volstorf, 888-877-2068, bryan@applecidercercentury.com, www.applecidercercentury.com

Oct. 1 Pumpkin Pedal, Maple Park IL. 25/45/62 miles \$28/\$80 family. Sandy Hutchins 630-377-7250 shutchins@soil.org

Oct 1 Pumpkin Pie Ride, Ottawa, IL. \$20. Brian Eastman 815-433-5035, www.geocities.com/Colosseum/2947/Pump2.htm bikegod@ivnet.com

Oct. 6-8 Hilly Hundred, Ellettsville, IN. Sat 50 miles Sun 35/50 miles. \$45 Skip Higgins, 317-767-7765 skiphiggins@comcast.net www.hillyhundred.org

Oct. 7 Tyranena Oktoberfest Bike Ride, Lake Mills, WI, 25/46/66 miles, Tyranena Brewing, Stacey McGinnis, 920-648-8699, stacey@tyranena.com, www.oktoberfestbikeride.com

Oct. 14 Kettle Moraine Optimist Ride Whitewater, WI, 18/35/64/80 miles, UW-Whitewater Optimists, Randy Culler, 920-674-6484, uwwoptimists@uww.edu, www.uww.edu/uwwoptimists/kmor



Bike Tips of the Month

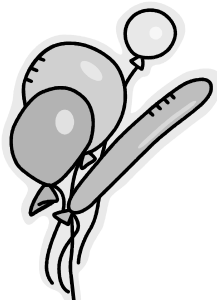
Lube the Chain Before It Squeaks

Squeaking sounds when you’re pedaling indicate unnecessary wear and tear on your drive train and the noise almost always comes from a dry chain. If you look at the chain and see bright, shiny links, you’ve waited too long to add lube. Always try to keep a thin film of lube on the chain and you’ll prevent rust, squeaks, poor shifting and premature drive train wear

Get and Carry a Simple Repair Kit

Don’t make the mistake of riding without a simple repair kit. You need a pump that attaches to your bike and a small seat bag you can strap beneath the seat. In this bag, put a spare tube (same size as what’s on your bike), tire levers (use them to remove the tire), patch kit (in case you get two flats), and a mini bike tool and perhaps some cash, just in case. Even if you don’t know how to use the stuff, the kit can come in handy because a cyclist might come along and help you out (other cyclists love to lend a helping hand)

From www.jimlangley.net



Annual Banquet

**Fun, Food,
Games, Prizes**

Join us for a wonderful time, a delicious meal, great camaraderie and celebrate a great season of cycling.

Sunday, November 12

1:00 p.m. — 5:00 p.m.

Tuscany
550 S. Milwaukee Avenue
Wheeling, IL.

\$20.00 per person

Questions?

Call Kris Woodcock at 847/253-9288

Banquet RSVP

Name _____

Name _____

(spouse/guest)

Number attending: _____

Amount Enclosed: _____

Make check payable to
WHEELING WHEELMEN

Please RSVP (and send check) by October 31 to:

Kris Woodcock
103 E Olive Street
Prospect Heights, IL. 60070

Wheeling Wheelmen Membership Application

Name: _____

Spouse's Name: _____

Address: _____

Children's Names: _____ Age: _____

City, State, Zip: _____

_____ Age: _____

Phone #: _____

E-mail: _____

New Member? _____ Renewal? _____ L.A.B. Member? _____

Family dues: \$20 Individual dues: \$15

Membership Pledge: I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

Applicant's Signature (parent's signature if a minor)

Spouse's Signature

Mail this application with payment to Wheeling Wheelmen, P.O. Box 7304, Buffalo Grove, IL 60089-7304



P. O. Box 7304
Buffalo Grove, Il. 60089-7304

Phone: 847-520-5010
Email: wheeling@wheelmen.com

We are on the web
wheelmen.com

Club Meeting
Oct. 5



Fall Back—October 29



CLUB DISCOUNTS

The following local shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

ALBERTO'S CYCLES
1770 First St. Highland Park
847/446-2042

AMLINGS CYCLE & FITNESS
8140 N Milwaukee Ave., Niles
847/692-4240

BICYCLE CONNECTION OF SCHAUMBURG 1226 N Roselle Rd. Schaumburg, 847/882-7728

GEORGE GARNER CYCLERY
111 Waukegan Rd., Northbrook
847/272-2100

LIBERTYVILLE CYCLERY
800 N. Milwaukee Ave, Libertyville
847/362-6030

MIKES BIKES
155 N Northwest Hwy, Palatine,
847/358-0948

RUNNER'S HIGH & TRI
121 W. Campbell, Arlington Hts.
847/670-9255

SHAMROCK CYCLERY
344 Old McHenry Rd, Long Grove
847/913-9767

SPOKES
223 Rice Square at Danada
Wheaton 630/690-2050
1807 S. Washington, Naperville
630/961-8222

THE CYCLERY
575 Ela Road, Lake Zurich,
847/438-9600

TURIN BICYCLE
1027 Davis Street, Evanston
847/864-7660

VILLAGE CYCLESPORT
63 Park & Shop, Elk Grove Village
847/439-3340
1313 N. Rand Rd, Arlington Hts.
847/398-1650

We support:

- *The League of American Bicyclists
- *The League of Illinois Bicyclists
- *The Chicagoland Bicycle Federation
- *Buffalo Grove Bike Rodeo
- *Bicycle Federation of Wisconsin
- * Adventure Cycling

JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists,
1612 K Street, NW, Suite #401
Washington, DC 20006
Tel: (202)822-1333 Fax: (202)822-1334
E-mail: BikeLeague@aol.com
Web Site: www.bikeleague.org

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800) 288-BIKE