



MONTHLY MEANDERS

PREZ SEZ

Toward the end of last season Mary Kay announced to the Board that 2007 would be her last year for chairing the Harmon Hundred. This was not a knee jerk reaction to a particularly difficult year, in fact just the opposite. For the past two years Mary Kay has been recruiting and grooming a leadership team to take over many of the responsibilities that used to fall on the chairpersons shoulders. There are still a couple of areas that need fine tuning and we hope to accomplish that at the next board meeting. Be aware that you may be called upon to take a more active role at this years Harmon. The thought process is to have a Harmon chair who will serve more as a project leader, with several group leaders taking on responsibility for his/her area. For example the parking leader would recruit a team for parking, assign work times and duties and bring the cones, vests and flags to Wilmot HS. Normally

the hardest part of these assignments is recruiting workers. That is not the case with the Harmon. We always have more volunteers then actually needed. We have most of the key areas covered so the primary need now is for a new Harmon chair. You will have the full support of the Board and of course Mary Kay will still be there to assist in the transition. If you see me coming, don't feel the need to run away. I'm probably just saying hello. However, if I put my hand on your shoulder and say we need to talk.....

I'm not going to talk about the late March/early April weather.

When I was a kid I could ride a 40lb Schwinn "no hands" down a sidewalk with a glass gallon jug of milk in each hand. Now if I go 20ft on a wide street no hands I can barely stay upright. Why is that?

I want everyone in the club to take a pledge not to do a lick of "training"

after the season ends in October. Starting the season in mid-season shape is getting too hard and too expensive. If anyone breaks this rule you are banned from the first 6 weeks of the new season while the rest of us get in shape. Walking in the off season is acceptable as long as you gain a minimum of 5% additional body fat. I don't want to name "names" here, but I will if I have to. Can you tell that I'm frustrated by a leg injury and crappy weather? Opps!! Forgot I wasn't supposed to talk about the weather.

Just a reminder that the point is to "share" the road with motorists. Be courteous when riding in packs and slide to the right whenever possible.

Adios for now

Rich Drapeau

MAY, 2007

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Welcome New Members

Joe Henry, Warrenville

Jeff Kessler, Algonquin

Richard Bortz, Bartlett

Donna Ponte, Mt. Prospect

Chuck Remsberg, Wilmette

J. Anthony Lopez & Karen Frank-Lopez, Buffalo Grove

Alan Gibbs, Arlington

Club Officials

Elected Officers

President	
<i>Rich Drapeau</i>	(847)808-1476
V.P./Ride Chair	
<i>Brian Blome</i>	(847)358-4807
<i>& Pat Calabrese</i>	
Treasurer	
<i>Johannes Smits</i>	(630)893-2835
Secretary	
<i>Kevin Moore</i>	(847)577-8490
Membership	
<i>Betsy Burtelow & Jim Boyer</i>	(847)541-1325
Publicity Chair	
<i>Sheri Rosenbaum</i>	(847)368-1762
<i>luv2bike80@hotmail.com</i>	

Appointed Officers

Harmon	
<i>Mary Kay Drapeau</i>	(847)808-1476
Newsletter	
<i>Ella Shields</i>	(773)594-1755
St. Pat's Ride	
<i>Tom & Deb Wilson</i>	(847)632-1412
Chairmen	
Banquet	
<i>Kris Woodcock</i>	(847)520-6932
Harmon Data Base	
<i>Jennie Pfeifer</i>	(847)342-8823
Mileage Statistician	
<i>Joe Irons</i>	(847)359-0551
Newsletter Mailing	
<i>Jennie Pfeifer</i>	(847)342-8823
Picnic	
<i>Al & Cindy Schneider</i>	(847)696-2356
Refreshments	
<i>Frank & Pat Illy</i>	(847)923-5910
Ride Line	
<i>Dan Wiessner</i>	(847)540-9118
Web Page	
<i>Jim Boyer</i>	(847)541-1325

Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. Send or e-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month

Ella Shields
7516 W. Devon Ave.
Chicago, IL. 60631
eshieldsbike@yahoo.com

(Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Call Betsy or Jim with all name, address and phone number changes at (847)541-1325.

Board Meeting

The next board meeting is Wednesday, May 16, 7:00 p.m. at the home of Rich & Mary Kay Drapeau.

All Board members are requested to attend.

TOP 20 MILES

Reported Through April 5
11 rides by 59 Members totaling
6492 miles.

390 maximum miles possible per rider.

Men:

1	Kilian Emanuel	371
2	Joe Irons	273
3	Paul LeFevre	199
4	Kevin A. Moore	189
5	Bob Dominski	184
6	Leonard Geis	181
7	Alex Halamaj	163
8	John F. Korb	163
9	Richard Drapeau	156
10	Joe Beemster	145
11	Peter Guzik	145
12	Frank Bing	142
13	Alan Berman	141
14	Dennis Creaney	130
15	Tom Wilson	123
16	Jim Boyer	120
17	Dan Wiessner	120
18	Earle Horwitz	102
19	Bruce Lloyd	94
20	David Naigles	76

Women:

1	Reinhilde Geis	173
2	Betsy Burtelow	152
3	Mary Kay Drapeau	152
4	Sheri Rosenbaum	136
5	Virginia Savio	136
6	Ella Shields	124
7	Cindy Schneider	73
8	Debbie Wilson	69
9	Fran Green	65
10	Barbara Barr	63
11	Mary Myslis	61
12	Marianne Kron	59
13	Pam Burke	56
14	Kris Woodcock	48
15	Meg Ewen	40
16	Cindy Trent	33
17	Donna Ponte	30



VOLUNTEERS NEEDED FOR BIKE RODEO

Every year the Wheelmen help the Buffalo Grove Police dept with their Bike Rodeo. This event is geared towards

kids to teach them bike safety as well as to promote cycling. Once the kids sign up at the registration desk, they come to our station where we make sure their helmets are fitted properly. Sometimes the parent's helmets need adjustments, too. From there the kids get their bikes checked out by a local bike shop and then on to a host of obstacle courses.

I need volunteers to help out with this event. It's great fun interacting with the kids, parents and police. And you know how often I seem to interact with our men in blue.

The Bike Rodeo is Saturday May 12th (rain date May 19th). We need two shifts of three people each. First shift 11am-1pm and second shift 1pm-3pm (so you still can get a morning ride in). A pizza lunch is provided and usually served out of their SWAT van.

Contact Sheri Rosenbaum at Luv2Bike80@hotmail.com or 847-368-1762 to volunteer your time.



Sunday, Sept. 9

Date	Time	Ride Name	Starting Location	Directions	Miles	Ride Host
May Ride Schedule	All Riders Should:	*wear a helmet *bring water *bring a pump	*have a bike in good condition *bring a spare tube and patch kit *arrive early...15-30 minutes	*bring an ID card *carry a cell phone *carry \$ for rest stops		
Sat. 5-5	9:00	Antioch Twisted	Antioch Upper Grade School	I-94 to IL. 173 west just past IL. 59, turn right on Tiffany left at sign for school	63/84/ 100	Ella Shields 773-594-1755
Sun. 5-6	9:00	Chocolate Fest (aka Mystery Miles)	Kildeer School	Old McHenry Road, just north of Long Grove Shopping District	36	Mary Kay Drapeau 847/808-1476
Sat. 5-12	9:00	Root Beer Social	McHenry County College	Rt. 14 one mile past Rt. 176 in Crystal Lake. Meet I north parking lot.	58/82	Dan Wiessner 847/540-9118
Sun. 5-13	9:00	Nifty Fifty	Target Store, Elgin	Randall Rd. just south of US-20. Park on SE corner of lot.	51	Al & Cindy Schneider 847/696-2356
Sat. 5-19	9:00	Binnie Marsh Ride	Binnie Marsh Dundee	I-90 West to Randall Road, north to Binnie Road, west to forest preserve	67/100	Dan Wiessner 847/540-9118
Sun. 5-20	9:00	Paris School	Paris, WI.	I-94 north, Exit 142 west to County D, turn left to the school	54	Ella Shields 773-594-1755
Sun. 5-20	9:00	Arlington 500	Barrington High School	Route 53 North to Lake-Cook Rd. West. Past Route 59, about 0.6 miles, Turn right on Hart	30/44/ 54/68	Invitational www.CycleArlington.com
Sat. 5-26	9:00	Triple Deerpass	Evergreen School Union	I-90 West to US 20 to Coral. Turn right to Northrop. Turn left to Washington. Turn right	66	Brian Hale 847/804-1561
Sat. 5-26	9:00	LaGrange/Concord	LaGrange General Store, WI	US 12 West past Elkhorn to County H	70/101	Al & Cindy Schneider 847/696-2356
Sun. 5-27	9:00	Rural Wisconsin	Eagle, WI	US 12 west past Elkhorn to WI 67 North to Eagle, WI. Turn E before the RR tracks; park on the	67/93	Al & Cindy Schneider 847/696-2356
Sun. 5-27	9:00	Killer Hills	Kildeer School	Old McHenry Road, just north of Long Grove Shopping District	68	Open
Mon. 5-28	9:00	Triple L	Lyons, WI	I-94 North, Exit HWY 50 West, go North on South Road to Lyons	77	Al & Cindy Schneider 847/696-2356
Mon. 5-28	9:00	New Wauconda-Bull Valley	Lakewood Forest Preserve	West on IL 176 to Fairfield, left to Ivanhoe, right to parking on the right	40/51	Open

ALWAYS CALL THE RIDE LINE FOR ANY LAST MINUTE CHANGES 847/520-5010

WEEKLY ROAD RIDES					
Day	Time	Ride	Miles	Start/Directions	Ride Host
Saturday	8:00 am	Honey Do Ride	30-58	Grassy Meadow Forest Preserve The F.P. is on Central Rd. 1½ mi. west of Roselle Rd, just north of I-90	Frank Illy 847/923-5910 Brian Hale 847/804-1561
Tuesday & Thursday	9:00 am	Deerfield Bakery Ride	25-45	Willow Stream Park - The park is on Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right	Art Cunningham 847/ 963-8746 Earle Horwitz 847/374-1129
Tuesday	6:00 pm	Working Stiff's Ride	18-27	Shamrock Cyclery 344 Old McHenry Road in Long Grove. Park behind shop in Stemple Municipal Lot. Meet in front of shop.	Rich Drapeau 847/808-1476 Jim Boyer 847/541-1325
Wednesday	5:30 pm	Hill and Dale Ride	25-35	Grassy Meadow Forest Preserve See above	Frank & Pat Illy 847/923-5910 Brian Hale 847/804-1561
Wednesday start May 2	5:30 pm	Elgin Twilight Rides <i>Flashing taillights</i>	20-40	Target Store On Randall Road just south of US 20. Park in SE corner of lot.	Al & Cindy Schneider 847/696-2356
Thursday	6:00 pm	Thursday Night Ride	30 <i>with alternates as daylight permits</i>	Kildeer School Old McHenry Road, just north of Long Grove Shopping District	Brian Blome 847/358-4807



CLEANING YOUR BIKE AFTER EVERY RIDE

It's not a daunting task. In fact, it's not a bigger deal than what you do before every ride. Water bottles? Check. Tires up to

pressure? Check. Seat bag with repair kit? Check. Eye protection? Check. A quick run-through is all that's needed to be sure everything is in place.

Make post-ride cleanups a similar ritual and you'll be happy with the result.

After a dry ride, wipe off dust and road grime by using a soft, clean rag dampened with spray furniture polish (Pledge or a cheap generic brand). Never wipe with a dry rag; it'll put fine scratches in the finish. Spray the rag (not the frame) and work from the top down with light pressure. If you've dripped sweat on the frame, use water first as Pledge won't always cut through it.

Keep flipping the rag to a clean area as it picks up crud. You'll be surprised how much dirt is on your bike after just one ride. After you've wiped down the frame and components, go back with a clean rag and buff the tubes to a nice sheen. Furniture polish also

leaves a coating that helps prevent dirt buildup and makes the next cleanup easier.

After a wet ride, grab your bucket with its assortment of sponges, brushes, clean rags and Dawn dishwashing detergent. Add warm water and a squirt of the soap. Wet the sponge or rag and wring it out. Once again, work from the top down quickly and softly. A rag is better than a sponge for getting into tight places. Rinse it frequently in the detergent solution.

Dump the murky water, rinse the sponge and rags, then wipe down the bike with warm water to remove the soapy residue. Using warm water helps the bike dry quickly so you can do the Pledge thing.

To clean wheels I use a piece of old towel and some hot, Dawn-infused water. I cup my hand and rag around the tire and rotate the wheel with my other hand. If you do this right, you can clean the tire and rim sidewalls in one rotation. Rinse with clean water. This procedure removes road oils and lets you inspect the tires for cuts, glass, thorns or whatever.

From RoadBikeRider.com

RIDES OF A DIFFERENT FLAVOR

The bike paths/trails on the May Schedule include some with packed crushed limestone surfaces. I generally use my hybrid bike on these trails but many are smooth, hard and well maintained and suitable for narrow tired road or touring bikes. At worst one may have to dismount and walk across an area where there has been water erosion or the surface isn't packed because of fresh repairs. These are rated ***, **approved for narrow**

tires although narrow tires lose the advantage that they have on smooth pavement. Other trails where rougher, less packed surfaces are more likely to be encountered are rated **, **wide tires recommended**. The less developed trails or those where the condition is not known are rated *, **wide tires required**. **Let me emphasize that all trails are well developed**, no off road conditions. Of course road bikes are well suited for paved trails.

Art Cunningham

Wednesday Chicago Area Bike Path/Trail Rides

Date	Time	Miles	Path/Trail	Start	Directions	Comments
5/2	9:00	32	North Branch/ Botanic Garden	Lake Street parking, Harms Woods Forest Preserve	East on Lake St., past I-294 and Waukegan Rd. to the Chi- cago River. Parking on the right just past the bike path	Paved Path
5/9	9:00	50/30 loops	Medley of Trails – Deer Grove Woods to Arlington Lake	Nichols Hill Golf Course	From Dundee Rd. turn north on Kennicott to end, 1 st lot on left, bottom of hill.	Packed crushed stone and paved paths, short unimproved trail / roads **
5/16	9:00	42 partial loop	E. Great Western Tr./E. .Prairie Path	Kline Farm, Winfield	From North Ave, lft. (s) at Country Farm Rd., ¾ mi., lot on right	Packed crushed stone, some paved ***
5/23	9:00	32/54	North Channel/ Green Bay/N. Shore Paths	Turnbull Woods Forest Preserve	Lake Cook Rd., turn rt. on Green Bay Rd., 0.2 mi. to lot on left.	Paved, some packed crushed stone. ***
5/30	9:00	46	Fox River/ McHenry Prairie Trail to Ringwood	East Dundee Depot	West on Dundee (Rte. 68) bear rt. at Barrington Ave. just past Rte. 25 to River St., depot to left	Paved path Kilian Emanuel 296-7874

MARCH 20 BOARD MINUTES

Present: Rich Drapeau, Mary Kay Drapeau, Jim Boyer, Betsy Burte-low, Johannes Smits, Ella Shields, Brian Blome, Tom Wilson, Deb Wilson, Kevin Moore

The meeting was called to order @ 7:10 p.m.

President's Report: Reported that SB80 (requiring autos to keep a 3ft. clearance from bicyclists) was passed unanimously by the Illinois Senate, reported that the February minutes were placed in the March newsletter, reported that a deadline for jersey orders will be March 31, reported Dan Wiessner is keeping the ride line up to date but the cost of the line is \$35.00 per month, discussed reducing the number of phone boxes or eliminating the phone line and putting the information on the website, Rich decided he would check the savings if the four boxes currently in use were reduced to one, discussed a new service, Velolist.com, as a site to host the club's pictures among other cycling-related photos and videos

Membership: Reported memberships continue to trickle in, current membership just below 200, discussed putting membership applications on Active.com but decided to table the idea for the present

Ride Chair: Reported that official club rides started as of March 17, presented a new Thursday night ride, presented the new "Let's do it honey" (honey-do ride backwards) ride, reported 2 rides Memorial

Day weekend still need ride leaders-Sunday May 27, and Monday May 28,

Treasurer's Report: presented 2006 itemized report of revenues and expenses, presented 2006 checking transaction report, discussed finances

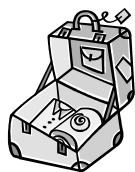
St. Pat's Ride: Reported 225 participants at this year's ride, reported several very complimentary reports from riders, presented initial expense and revenue report with initial net profit of \$1495.57, with and additional insurance expense owing of \$371.80

Harmon: Reported approximately 25-30 pre-registrations have come in so far, Deb Wilson reported she was going to send in the deposit for Wilmot HS, reported that there is no apparent volunteer to become the next Harmon event chair, decided to delegate the many jobs of the ride chair to the individual function chairs and have the event chair coordinate the organization done by them at several meetings, rather than have all the responsibilities fall on one event chair, and that the function chairs would be responsible for obtaining volunteers and coordinating their jobs

Decided we'd skip the April Board meeting and go riding.

The meeting adjourned at 8:20 p.m.

Submitted by Kevin Moore



EXCURSION RIDES

**Memorial Day Weekend
May 26, 27 & 28
LAGRANGE AND
LYONS**

Great practice for TOMRV. We are staying at the Super 8 in Whitewater. There are other motels and B&B's nearby. There is a great inexpensive Italian restaurant in Fort Atkinson called Salamone's and a brew pub right next to the motel in Whitewater. Custard shops are also nearby.

The Saturday ride has a 65 mile route through the Kettle Moraine and farmlands to the north. The ride features big rolling hills and stops in Palmyra, Concord and Sullivan before returning to LaGrange. You can then decide if you want to add 35 miles for the Century which meanders through the Kettle Moraine south of LaGrange, visits a natural well and Whitewater.

The Sunday ride starts in Eagle (not Eagle Lake Park), visits Green Lake and Whitewater Lake, the pine forests surrounding Hi-Lo and Easterly Roads and the farm lands north of Whitewater before discovering the rollercoaster's on Nature Road. 67 and 93 mile options are offered. Many selections of beer await after the ride at the old road house in Eagle.

The Monday ride out of Lyons offers 50 and 77 mile options. The ride visits East Troy with its quaint town square, LaGrange for lunch and Delavan for ice cream. Terrain features the climbs out of Lyons and Har-graves; the tree covered route on Bluff; summer cottages on Lake Delavan and the rollers on Hospital.

August 4 & 5 SCHWINN - LOOPS

These two rides start about five miles apart.

We are staying at the AmericInn in Burlington. There are other motels and B&B's nearby. There is a good old fashioned burger place called Fred's as well as Italian restaurants in town.

Most of you have done the Schwinn ride. Rich Schwinn offers a tour of the plant and great SAG support. The route visits Lyons, Lake Geneva, Williams Bay, Fontana, Walworth, and Elk Horn. Lots of golf courses, lakes, big houses, curving roads, antique markets and farmlands.

Loops of Burlington starts at Eagle Lake Park and goes southwest to Lyons. Leaving Lyons the 63 mile route climbs some big roller coasters and returns thru Rochester. The Century works its way through Alpine Valley to Bluff Road and into LaGrange for lunch. The route returns through Honey Creek and Rochester to the Park. High points of the ride are climbing the hills on Bowers and Bell School.

Most of the riding is on quiet country roads with lots of cows, trees and overviews.

August 11 & 12 CEDARBURG

Yes there is an authentic covered bridge at Covered Bridge Park.

We are staying at the Super 8 in Sauk Village. There are other motels and B&B's in Cedarburg, West Bend and Germantown. There are good inexpensive pizza - pasta restaurants nearby. Pasta Shoppe in Port Washington, Januli's in West Bend and Pepino's in Germantown. Last year there were fireworks down by the beach in Port Washington on Saturday night.

The Cedarburg - Campbellsport ride on Saturday offers 60,70 and century options. The ride is really out in the country with the lunch stop at an old traders cabin. The ride features big rolling hills with great overviews, tiny towns (Fredonia) and goes through the north east Kettle Moraine forests.

The Cedarburg - West Bend Ride is 45, 60 or 80 miles. The first section of the ride is south east of West Bend with curving farm roads. The second segment climbs through the north east Kettle Moraine and visits high land farms before returning to the north west side of West Bend. The next portion of the

ride loops out west into rolling farm lands with steeples on top of hills. After a stop at Dairy Queen you return, hopefully with a west wind, past tree lined roads, farms, dairies, churches and an old stagecoach stop to the park. Many of the roads are aptly named Scenic and Paradise.

Labor Day Weekend

September 1, 2 & 3

ELLA'S ESCAPADE, MIKE & BILL'S ADVENTURE & PRETZEL RIDE

We are staying at the Super 8 in Germantown. There are many motels in Germantown.

Ella found a great inexpensive Italian Restaurant in Menominee Falls called Pepino's, I think we have been there at least ten times.

We are only offering the 71 mile Ella's Escapade which is a combination of steep short and long flat riding. The ride climbs out of the park and you pedal between the many lakes around Delafield. You then ride through the old Pabst farms and skirt Oconomowoc on the way to Lake La Belle. After riding through lightly rolling farmland and a Gallic township lunch at the Pleasant Hill Tap awaits. The ride back to the park is highlighted by the hills around Monches.

Mike and Bill's 78 mile Adventure is a rolling ride through farmland and the northwest Kettle Moraine. Rest stops are at small towns like Hustiford, Mayfield and Allentown. Along the route are numerous cows, quaint churches and great overviews.

The bell towers of the basilica on Holy Hill is visible from many parts of the rides.

On Labor Day the Pretzel Ride leaves West Bend, about fifteen miles from Germantown. This 51 and 73 mile ride visits the northeast Kettle Moraine and the area north of Dundee. The ride features climbs and descents through the forests and scenic overviews in the farmlands.

Questions? Call Al & Cindy Schneider 847/696-2356

Ride of Silence Wednesday, May 16

#1. Ride leaves from Recreation Park, 500 East Miner, Arlington Heights. 7:00 p.m. 10.5 miles. Sponsored by: Arlington Heights Bicycle Association (www.cyclearlington.com) and Village of Arlington Heights Bicycle Commission

#2. Starts 6:30 - 7:00 PM, ride leaves from Daley Plaza (corner of Dearborn and Washington), Chicago. 8-12 miles, Elizabeth Adamczyk rideofsilence.chicago@gmail.com

The ride, which is held during Bike Safety month, aims to raise the awareness of motor-

ists, police and city officials that cyclists have a legal right to the public roadways. The ride is also a chance to show respect for those who have been killed or injured.

For more locations visit www.rideofsilence.org/main.php

WHERE DID THAT RIDE GET IT'S NAME?

Ever wonder where a Wheelmen ride got its name? This month we uncover the truth about Triple Deerpas which is on the ride schedule for May 26th. Deerpas is a road around Union, IL that is a long progressive climb. Nothing too steep but a loooong climb. Did I say it was a long climb? This ride takes you on Deerpas three separate times, hence Triple Deerpas.

For those riders who don't follow the well marked cue sheet may find themselves doing it more than three times. Heck why not, it builds character!



BIKE TIP

Chain Check

If you keep your chain in good condition, your cassette, cogs and chain rings will last longer, which will save you money and prevent shifting glitches. To tell how your chain is holding up, measure it. Take a ruler and try to measure exactly 12 inches between any two pins. If the chain measures 12 1/8 inches or more, it's worn out and should be replaced. If it's really worn, you'll probably need to replace the cassette as well—or a few worn cogs if you are lucky enough to be able to find someone who sells individual cogs

From: <http://www.jimlangley.net/>

INVITATIONALS

May 5, Tour de Stooges, Lebanon, IL. 13-63 miles, \$25, Roger Kramer, 314/516-4647 stooges.rogerkramercycling.org
tourdestooges@rogerkramercycling.org

May 6, Sudden Century, Joliet, 7 a.m. Rialto Theater 20/40/56/70/100 miles, \$15.00 by 4/27, After 4/27 add \$5.00. Diane Walsh dianew3miles@sbcglobal.net 815-730-1883
www.jolietbicycleclub.org

May 20, Arlington 500, Barrington H.S., 30, 44, 54 or 68 miles, Greg Konieczny, 312-240-7812 500@cyclearlington.com
www.cyclearlington.com

May 26 & 27, Blackhawk Country Roads, Rockton, IL. 8/30/45/62 miles, \$29 by 5/19, \$34.00 after, Rick Plantz, 815-399-1404, RPLANTZ@aol.com

May 27, Bike the Drive, \$40, Ride your bike on Lake Shore Drive. Ride Coordinator btd07registration@biketraffic.org 312-427-3325 x238 www.bikethedrive.org/index.htm

May 27, Chippewa Valley Century Ride, Chippewa Falls, WI, 30/50/75/100 miles, 715-720-1439, www.chippewavalleyride.us questions@chippewavalleyride.us

May 25-27, Horsey Hundred, Georgetown, KY. 29-100 miles through Bluegrass country, \$45 by 5/1, \$50 after, www.bgcycling.org, horsey@bgcycling.org

Wheeling Wheelmen Membership Application

Name: _____ Spouse's Name: _____

Address: _____ Children's Names: _____ Age: _____

City, State, Zip: _____ Age: _____

Phone #: _____ E-mail: _____

New Member? _____ Renewal? _____ L.A.B. Member? _____ Family dues: \$25 Individual dues: \$20

Membership Pledge: I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

Applicant's Signature (parent's signature if a minor) _____ Spouse's Signature _____

Mail this application with payment to Wheeling Wheelmen, P.O. Box 7304, Buffalo Grove, IL 60089-7304



P. O. Box 7304
Buffalo Grove, Il. 60089-7304

Phone: 847-520-5010
Email: wheeling@wheelmen.com

We are on the web
wheelmen.com

Next Club Meeting
August 2



.....
MAY IS NATIONAL BIKE MONTH
.....

CLUB DISCOUNTS

The following local shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

ALBERTO'S CYCLES
1770 First St. Highland Park
847/446-2042

AMLINGS CYCLE & FITNESS
8140 N Milwaukee Ave., Niles
847/692-4240

BICYCLE CONNECTION OF SCHAUMBURG 1226 N Roselle Rd. Schaumburg, 847/882-7728

GEORGE GARNER CYCLERY
111 Waukegan Rd., Northbrook
847/272-2100

LIBERTYVILLE CYCLERY
800 N. Milwaukee Ave, Libertyville
847/362-6030

MIKES BIKES
155 N Northwest Hwy, Palatine,
847/358-0948

RUNNER'S HIGH & TRI
121 W. Campbell, Arlington Hts.
847/670-9255

SHAMROCK CYCLERY
344 Old McHenry Rd, Long Grove
847/913-9767

SPOKES
223 Rice Square at Danada
Wheaton 630/690-2050
1807 S. Washington, Naperville
630/961-8222

THE CYCLERY
575 Ela Road, Lake Zurich,
847/438-9600

TURIN BICYCLE
1027 Davis Street, Evanston
847/864-7660

VILLAGE CYCLESPORT
63 Park & Shop, Elk Grove Village
847/439-3340
1313 N. Rand Rd, Arlington Hts.
847/398-1650

We support:

- *The League of American Bicyclists
- *The League of Illinois Bicyclists
- *The Chicagoland Bicycle Federation
- *Buffalo Grove Bike Rodeo
- *Bicycle Federation of Wisconsin
- * Adventure Cycling

JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists,
1612 K Street, NW, Suite #401
Washington, DC 20006
Tel: (202)822-1333 Fax: (202)822-1334
E-mail: BikeLeague@aol.com
Web Site: www.bikeleague.org

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800) 288-BIKE