



MONTHLY MEANDERS

PREZ SEZ

There was an episode on the old Happy Days comedy show that featured Fonzie on a pair of water skis flying up a ramp in an attempt to jump over a shark. The show was an attempt to generate renewed interest and halt the drop in ratings. The term “jumping the shark” is thus used to describe any last ditch effort to keep something going beyond its useful lifetime. That’s how I feel about winter this year. The weather has jumped the shark this spring.

Two of our members have stepped in to help out with club duties. Meg Ewen has taken over the membership chair from Betsy Burtelow and Jeff Biedka will handle newsletter mailings in place of Jennie Pfeifer. Many thanks to all four for all your past and future help.

Mary Kay and I attended the Buffalo Grove Bike Rodeo this year with our 5 year old granddaughter. We only live about a mile from the park where it was held so we decided to ride our bikes over instead of driving. Along the way we picked up our 6 year old

neighbor and formed a pretty decent pace line with Taylor, Emily and Mary Kay setting a blistering pace of 4-5mph. I managed to hold the (training) wheels of first Taylor then Emily but as usual I was dropped on the bike path incline, a wicked 100ft ascent averaging 1%. Thankfully both girls eased the pace a bit allowing me to get back on until we reached the crosswalk at Buffalo Grove Rd. and the park entrance. There one of BG’s finest was on hand to keep the nasty motorists from splatting us in the crosswalk. He detained me to chat about the Wheeling Wheelmen and how much they appreciate our help fitting helmets etc. Thank you Sheri Rosenbaum and all the other Wheelmen members who participated. Unfortunately I was now left to battle a brutal 7mph headwind nearly 200 yards to the park with no assistance from my “team”. I tucked into as aero a position as possible on a mountain bike and somehow managed to make it to the park without shifting to my granny gear. The girls scored perfect 10’s on each leg of the obstacle course riding away with a ribbon, certificate

and token for a free ice cream. Renewed after our rest stop I even took a short pull on the front on the way home. All in all a great outing.

There are a couple of bills working their way through the Illinois legislature which relate to bicycling in Illinois. One is for Transportation Enhancements which helps fund various projects including trails and Safe Routes to School. It will come as no surprise to anyone familiar with Illinois politics that the selection process for determining how these funds are allocated is pretty much done behind closed doors. These bills open the funding process to created local agency oversight and help insure that the highest priority items receive the funds. The second bill calls for minimum fines of \$12,500 and one year in jail to any driver who kills a vulnerable user of the road. That includes pedestrians and cyclists. We may need you to reach out to your representative at some point in the future to support these bills.

Adios for now,
Rich Drapeau

June, 2008

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WELCOME NEW MEMBERS

Laura Mazzenga, Chicago
 Todd Berlin, Buffalo Grove
 Jeff Blackford, Wheeling
 Fred and Nancy Voras, Barrington
 Rob, Chris & Karen Keeley, Kildeer
 Carl Renouard, Vernon Hills
 Nell Shuttleworth, Buffalo Grove
 Eric Smies, Buffalo Grove
 Stephen & Dana Harris, Bloomington
 Eric Gustin, Lake Zurich
 Dan Gebhardt, Wheeling

Club Officials

Elected Officers

President
Rich Drapeau 847/808-1476

V.P./Ride Chair
Brian Blome 847/358-4807
& Pat Calabrese

Treasurer
Johannes Smits 630/893-2835

Secretary
Kevin Moore 847/577-8490

Membership
Meg Ewen 630/540-1704

Publicity Chair
Sheri Rosenbaum 847/368-1762
 luv2bike80@hotmail.com

Appointed Officers

Harmon

Open Newsletter
Ella Shields 773/594-1755

St. Pat's Ride
Tom & Deb Wilson 847/632-1412

Chairmen

Banquet
Kris Woodcock 847/520-6932

Harmon Data Base
Mary Kay Drapaeu 847/808-1476

Mileage Statistician
Joe Irons 847/359-0551

Newsletter Mailing
Jeff Biedka 847/534-9003

Picnic
Al & Cindy Schneider 847/696-2356

Refreshments

Open

Ride Line
Frank Bing 847/634-1439

Web Page
Jim Boyer 847/541-1325

Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. Send or e-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month

Ella Shields
 7516 W. Devon Ave.
 Chicago, IL. 60631
 eshieldsbike@yahoo.com

(Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Call Meg Ewen with all name, address and phone number changes at 630/540-1704

Board Meeting

The next board meeting TBA

TOP 20 MILES

Thru May 8

451 rides by 84 Members totaling 22,924 miles
 1545 maximum miles possible per rider.

Women

1	Kris	Woodcock	544
2	Mary Kay	Drapeau	487
3	Betsy	Burtelow	476
4	Reinhilde	Geis	442
5	Sheri	Rosenbaum	376
6	Virginia	Savio	357
7	Pat	Calabrese	354
8	Pam	Burke	329
9	Chris	Wager	312
10	Meg	Ewen	282
11	Ella	Shields	257
12	Barbara	Barr	236
13	Donna	Ponte	166
14	Pat	Illy	158
15	Peggy	Reins	149
16	Cindy	Trent	136
17	Cindy	Schneider	126
18	Mary	Myslis	114
19	Debbie	Wilson	93
20	Pam	Kaloustian	85

Men

1	Paul	LeFevre	1034
2	Anthony	Vercillo	956
3	Dennis	Creaney	853
4	Kevin A.	Moore	702
5	Richard	Drapeau	690
6	Joe	Irons	676
7	Art	Cunningham	653
8	Jim	Boyer	614
9	Len	Fiocca	583
10	Brian	Blome	550
11	Thomas	Kress	528
12	C. Brian	Hale	502
13	Bob	Dominski	497
14	Tom	Wilson	497
15	Frank	Bing	471
16	Leonard	Geis	460
17	Dennis	Ellertson	406
18	Peter	Guzik	392
19	Kilian	Emanuel	378
20	Joe	Beemster	357

CLUB PICNIC

SAVE THE DATE
 SUNDAY, JULY 13

New location:
 Fox River Forest
 Preserve

Details in July
 Newsletter



Sunday, July 27, In Grant Park

Cycling fans: get ready for Chicago-style program racing! Mayor Richard M. Daley welcomes cycling's elite to Grant

Park on Chicago's beautiful lakefront for the city's inaugural **Chicago Criterium** on **Sunday, July 27**. Racing will begin at 7:00 a.m. and continue through the day. The total prize money is \$40,000 with \$25,000 of that marked for the Pro Category 1 & 2 race, the final race of the day starting at 2:25 p.m.

Spectators will have a unique opportunity to experience one of cycling's most exciting racing events from several route locations including the grandstand at the start/finish area located on Columbus Drive in front of Buckingham Fountain (Columbus and Balbo). They'll also be able to enjoy a sports expo, sponsor booths and vendors inside Grant Park. In either case, the front and back course announcer will make sure spectators don't miss a beat.

More information, including registration, race participants and festival updates will be provided at www.chicagocriterium.us and www.chicagoevents.com or by calling the Mayor's Office of Special Events at (312) 744-3315 or Chicago Special Events Management at (773) 868-3010.

Date	Time	Ride Name	Starting Location	Directions	Miles	Ride Host
June Ride Schedule	All Riders Should	*wear a helmet *bring water *bring a pump	*have a bike in good condition *bring a spare tube and patch kit *arrive early...15-30 minutes	*bring an ID card *carry a cell phone		
Sun. 6/1	8:00	Udder Century	Union, Il	See www.mchenrybicycleclub.info	31/50/ 62/100	Invitational
	*8:00	Kildeer Short Ride	Kildeer School	Old Mc Henry Road, just north of Long Grove shopping district	33-47 miles	Pam Burke (630)872-9238
Sat 6/7	8:00	TOMRV	Bettendorf /Preston, Iowa	See www.qcbc.org	109/68	Excursion
Sun. 6/8	8:00	TOMRV	Dubuque, Iowa	See above	41/86	Excursion
	9:00	Big Rock	Rutland Forest Preserve	I-90 W, exit Rt. 47, left to Big Timber, left to forest preserve, entrance on left.	55/70/ 93/100	Al & Cindy Schneider (847)696-2356
	*8:00	Kildeer Short Ride	Kildeer School	See above	33-47 miles	Louis Greene (847)925-0629
Sun 6/15	9:00	Antioch/Lyons/Delavan	Antioch Middle School	I-94 to Il.173 west just past ll.59, turn right on Tiffany left at sign for school	59/101	Dave Waycie (847)577-6307
	*8:00	Kildeer Short Ride	Kildeer School	See above	33-47 miles	Len & Reinhilde Geis (847)679-0279
Sat. 6/21	9:00	Triple Deerpas	Evergreen School, Union	I-90 west to US 20 to Coral. Turn R to Northrop. Turn L to Washington. Turn R to school	66	Art Cunningham (847)963-8746
Sun. 6/22	*8:00	Strawberry Fest (Kildeer Short Ride)	Kildeer School	See above	33-47 miles	Kris Woodcock (847)520-6932
	8:00	Fontana Ride	McHenry County College	Rt. 14 one mile past Il 176 in Crystal Lake. Meet in north parking lot.	71	Paul LeFevre (847)670-3501
Sat. 6/28	9:00	City of the O's	LaGrange General Store, WI	US 12 West past Elkhorn to County H	50/88	Al & Cindy Schneider (847)696-2356
Sun 6/29	9:00	Wall to Wall	Fellows Park, WI	Rt.12 N to County H east veer left into Genoa City, left on Fellows Rd. and to the park.	68/104	Al & Cindy Schneider (847)696-2356
	*8:00	Kildeer Short Ride	Kildeer School	See above	33-47 miles	Frank Bing (847)634-1439

***Kildeer Short Rides start at 8:00a.m. Que sheets will also be available for 9:00 a.m. starts
Some longer rides will start at 8:00 a.m. please pay attention to start times.**

ALWAYS CALL THE RIDE LINE FOR ANY LAST MINUTE CHANGES 847/520-5010

WEEKLY RIDES					
Day	Time	Ride	Miles	Start/Directions	Ride Host
Saturday	8:00 am	Honey Do Ride	30-58	Grassy Meadow Forest Preserve The F.P. is on Central Rd. 1½ mi. west of Roselle Rd, just north of I-90	Brian Hale 847/426-3290 Cindy Trent 847/392-6750
Tuesday & Thursday	9:00 am	Deerfield Bakery Ride	25-45	Willow Stream Park - The park is on Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right	Art Cunningham 847/ 963-8746 Earle Horwitz 847/374-1129
Tuesday	6:00 pm	Working Stiff's Ride	18-27	Archer Parking Lot, behind Enzo & Lucia Ristorante, 343 Old McHenry Road, Long Grove	Jim Boyer 847/541-1325 Tom Wilson 847/632-1412
Wednesday	6:00 pm	Hill and Dale Ride	25-35	Grassy Meadow Forest Preserve See above	Brian Hale 847/426-3290
Wednesday	5:30 pm.	Elgin Twilight Rides <i>Flashing taillights recommended</i>	20-40	Target Store On Randall Road just south of US 20. Park in SE corner of lot.	Al & Cindy Schneider 847/696-2356
Thursday	6:00 pm	Thursday Night Ride	30	Kildeer School Old McHenry Road, just north of Long Grove Shopping District	Brian Blome 847/358-4807 Rich Drapeau 847/808-1476

WEDNESDAY TRAIL RIDES					
Date	Time	Ride/Start	Miles	Directions	Trail
6/4	9:00	<i>Prairie Path Aurora Branch Loops</i> Roy C. Blackwell F. P., Warrenville	40/62 partial loops	South on Rt. 59 to Butterfield Rd., left. on Butterfield Rd. ½ MI to entrance on left. Park in 1 st lot to rt.	Packed crushed stone, some paved ***
6/11	9:00	<i>Senior Day at Independence Woods.</i> Half Day Forest Preserve	45	Go north on Milwaukee Rd. to Half Day; continue str. .7 mi. to F. P. entrance on left.; park in first lot to rt.	Packed stone. Free lunch & entertainment
6/18	9:00	<i>Old School Forest Preserve to Kenosha.</i> Parking Lot D, Old School Forest Preserve	60	IL 176 to St. Mary's Rd.; south to Forest Preserve on the left. Park in shelter D lot.	Packed crushed stone, paved ***
6/25	9:00	<i>North Portion Lake Co. Des Plaines River Trail</i> Parking Lot D, Old School Forest Preserve	40	IL 176 to St. Mary's Rd.; south to Forest Preserve on the left. Park in shelter D lot.	Packed crushed stone ***
7/2	9:00	<i>North Branch/Botanic Garden.</i> Lake Street parking, Harms Woods Forest Preserve	32	East on Lake St., past I-294 and Waukegan Rd. to the Chicago River. Parking on the right just past the bike path overpass	Paved Path, Len & Reinholda Leaders ***

*** approved for narrow tires ** wide tires recommended * wide tires required. Bring snacks and plenty of water to drink.
Phone Art Cunningham at 847-963-8746 for more information or on cell phone, 630-329-4802 on the morning of the ride.

ANOTHER SUCCESSFUL BIKE RODEO

Every year the Wheelmen help the Buffalo Grove Police dept with their Bike Rodeo. This event is geared towards kids to teach them bike safety as well as to promote cycling. On May 10th, our very own Wheeling Wheelmen Freda Brown, Linda Heeter, Barb Barr and myself were there to lend a helping hand at the helmet check station.

It still amazes me that every year over 95% of the kids and adults who showed up to the rodeo do not have their helmets fitted correctly. But there's always a silver lining... a few kids had per-

fectly fitted helmets. They included our very own Rich and Mary Kay Drapeau's granddaughter Taylor as well as Emily and John Qualich's three kids. Bravo!

Not only did the Wheelmen donate their time, but we also donated a dozen small 2007 Harmon t-shirts as part of the raffle prize pool. Some lucky kids will be sporting a cool cycling t-shirt.

Thanks again to the gals that volunteered. You made it safer out there for 100s of kids as well as building goodwill with the community and police officers.

Sheri Rosenbaum

EXCURSION RIDES

August 2 & 3 SCHWINN - LOOPS

These two rides start about five miles apart.

We are staying at the AmericInn in Burlington. There are other motels and B&B's nearby. There is a good old fashioned burger place called Fred's as well as Italian restaurants in town.

Most of you have done the Schwinn ride. Rich Schwinn offers a tour of the plant and great SAG support. The route visits Lyons, Lake Geneva, Williams Bay, Fontana, Walworth, and Elk Horn. Lots of golf courses, lakes, big houses, curving roads antique markets and farmlands.

Loops of Burlington starts at Eagle Lake Park and goes southwest to Lyons. Leaving Lyons the 63 mile route climbs some big roller coasters and returns thru Rochester. The Century works its way through Alpine Valley to Bluff Road and into LaGrange for lunch. The route returns through Honey Creek and Rochester to the Park. High points of the ride are climbing the hills on Bowers and Bell School.

Most of the riding is on quiet country roads with lots of cows, trees and overviews.

August 16 & 17 CEDARBURG

Yes there is one last covered bridge in Wisconsin at Covered Bridge Park.

We are staying at the Super 8 in Sauk Village. There are other motels and B&B's in Cedarburg, West Bend and Germantown. There are good inexpensive pizza - pasta restaurants nearby. Pasta Shoppe in Port Washington, Januli's in West Bend and Pepino's in Germantown. Weather permitting there may be fireworks down by the beach in Port Washington on Saturday night.

The Cedarburg - Campbellsport ride on Saturday offers 60, 70 and Century options. The ride is really out in the country with the lunch stop at an old traders cabin. The ride features big rolling hills with great over views, tiny towns (Fredonia) and goes through the north east Kettle Moraine forests.

The Cedarburg - West Bend loop Ride is 45, 60 or 80 miles. The first section of the ride is south east of West Bend with curving

farm roads. The second segment climbs through the north east Kettle Moraine and visits high land farms before returning to the north west side of West Bend. The next portion of the ride loops out west into rolling farm lands with steeples and silos on top of hills. After a stop at Dairy Queen you return, hopefully with a west wind, past tree lined roads, farms, dairies, churches and an old stagecoach stop to the park. Many of the roads are aptly named Scenic and Paradise.

Labor Day Weekend

The Harley riders decided to have a rally this weekend. Not only would you be joined by 2000 of your best friends on motorcycles, but motel rooms have jumped to \$200 per night. See newsletter and web site for additional local rides. See 9-20 & 21 for rescheduled Ella's Escapade, Mike and Bills Adventure.

September 20 & 21 ELLA'S ESCAPADE, MIKE & BILL'S ADVENTURE, {{rescheduled}}

We are staying at the Super 8 in Germantown. There are many motels in Germantown.

Ella found a great inexpensive Italian Restaurant in Menomine Falls called Pepino's, I think we have been there at least twelve times.

We are offering a 71 mile and a new Century that Killian and Lenny rode last year for Ella's Escapade. The ride is a combination of steep short and long flat riding. The ride climbs out of the park and you pedal between the many lakes around Delafield. You then ride through the old Pabst farms and skirt Oconomowoc on the way to Lake La Belle. After riding through lightly rolling farmland and a Gallic township, lunch at the Pleasant Hill Tap awaits. The ride back to the park is highlighted by the hills around Monches. Most of the Century is through tree covered roads but actually is not hilly.

Mike and Bill's 78 mile Adventure is a rolling ride through farmland and the northwest Kettle Moraine. Rest stops are at small towns like Hustiford, Mayfield and Allentown. Along the route are numerous cows, quaint churches and great overviews.

The bell towers of the basilica on Holy Hill are visible from many parts of the rides.

For more info contact Al & Cindy Schneider @ 847/696-2356.

QUICK TIPS: Where to Put Preparation H. Got a pimple-like saddle sore that's uncomfortable to ride on? Treat it with Preparation H or a generic version. No, this isn't a joke. Prep H works on saddle sores for the same reasons it works on hemorrhoids – it shrinks swollen tissue and soothes pain. Apply it five minutes before slathering on your chamois cream and pulling on your shorts. Also try a dab on sores after rides to dull discomfort. Get the ointment rather than the cream because it works better for this application.

So Long, Shimmy. Few things are scarier than when a bike starts shaking on a descent and puts you at the edge of control. If shimmy

(speed wobble) starts, clamp the frame's top tube between your knees as you squeeze the brake levers. If the frame design puts nothing between your knees, at least press one leg against the top tube. In fact, if you always descend with a leg touching the frame it may keep a shimmy-prone bike from gaining the upper hand.

Better yet, get that thing to a pro mechanic for an exam. Numerous factors can contribute to speed wobble. Most are mechanical, some involve riding position or technique and, unfortunately, sometimes the frame designer or builder messed up. A pro wrench can help figure it out. From roadbikerider.com

LIB Extra – from the League of Illinois Bicyclists

Advocacy, rides, and more – for further details, check out LIB's website, www.bikelib.org

“Please Don't Squeeze” Radio Ads

During May, select radio stations will be broadcasting a message to motorists: "Please don't squeeze". The message is part of an IDOT-funded campaign by LIB to inform motorists of a new state law that requires cars and trucks to pass bicyclists with at least three feet of space. The 30-second spot will be heard on stations in Chicago, Rockford, Bloomington, Peoria, Quad Cities, Carbondale, Quincy, Springfield, St. Louis, and Champaign. The ad also urges bicyclists to do their part by obeying traffic laws. Listen to the ad at www.bikelib.org.

This is the second year that LIB, working with IDOT, has conducted a radio public service announcement campaign to promote safe sharing of the roads by both drivers and cyclists.

Planning Guides Sent To Towns

LIB is asking 250 Illinois towns to become more bike-friendly. Mayors and other local officials were just sent our newly-developed guide on doing a bike plan, in addition to information on achieving national Bicycle Friendly Community status. LIB is a resource to help your town and local cyclists make it happen! See our bike plan guide at www.bikelib.org.

You can help – just leave a message for your mayor, mentioning the mailing and your support of improving bike conditions in town. Call us to get more involved.

New! – Illinois Bicyclist Guide

LIB has released an informational pamphlet for those becoming more interested in bicycling. The *Illinois Bicyclist Guide* helps in finding bike maps, clubs, organized rides, and useful tips on riding confidently. Samples of the guide have been sent to clubs, shops, LIB members and more – see it at www.bikelib.org.

Bike club members: LIB's efforts to improve bicycling are supported by over 1000 members – many belonging to clubs that donate. Become an individual member at www.bikelib.org/join

Bring the benefits of bicycle commuting to your workplace

Old pros and novice bicycle commuters alike are gearing up for the 2008 Bicycle Commuter Challenge.

The Challenge dares teams from companies and organizations around Chicagoland to compete to take the most bicycle trips to work during Bike to Work Week, June 7-13. Employees can bike all or part of their commute.

The company with the highest percentage of employees biking to work wins fabulous prizes and public esteem, but those aren't the only benefits.

“Bicycle commuting transforms the atmosphere at work – it boosts the health and energy of employees, encourages team spirit, lowers costs, and builds the organization's reputation for being green,” said Rob Sadowsky, executive director of the Chicagoland Bicycle Federation, which hosts the Bicycle Commuter Challenge.

Plus, there are Bicycle Commuter Stations around Chicago and the suburbs that will lavish bicycle commuters with refreshments and a quick tune-up. See www.biketraffic.org/commuterchallenge for specific locations and dates.

Consider becoming a team leader to motivate co-workers to bike. Team Leaders recruit team members, log their bicycle miles and offer tips for a fun and comfortable bike commute.

Over 100 organizations have already signed up. Get in on the competition by visiting www.biketraffic.org/commuterchallenge or by contacting Melissa Haeffner, Commuter Challenge Coordinator, at Melissa@biketraffic.org or (312) 427-3325, ext. 260.

INVITATIONAL'S

June 1, Udder Century, Union, 31/50/62/75/100 \$20 by 5/21/\$27 after udder@earthlink.net

June 1, Ride for the Arts, Milwaukee, 5/15/25/50/75 Chad Piechocki, 414-276-7433, cpiechocki@upaf.org

June 8, BCLC Ramble, Wilmot, 12/30/50/70/100 \$18 by 6/1, \$22 after ramble@bikebclc.com Terry Ferguson 847-566-8523

June 14, Pie Ride, Janesville, 20/50/100 km, 608-752-5445, development@ywcarockco.com, www.janesvillemorningrotary.com

June 15, Swedish Days Ride, Burlington, IL., 25/45/62/75/100/124 \$18 early \$25 day of, Stephanie Giggins fvbsclub@hotmail.com

June 21-22 Interplanetary Bicycle Ride, Peoria 12-100, Sheldon Schaffer, sschafer@lakeview-museum.org 309-686-7000 x145

June 29, BAMC Menominee River Century, Marinette, 15/40/80/100 km, Road Single-Day Ride, 715-735-6621, jhofer@bamc.org, www.mrcride.com

The **Wheeling Wheelmen Bicycle Club** now has an active Yahoo Group available on the Internet. The group works like a bulletin board and allows us to exchange email with other club members without having to know everyone's individual email address. You must subscribe to the group before you can send a message. Follow the instructions required by Yahoo to complete your registration.

NOTE: Due to spam and email address hijacking concerns, subscription to the Yahoo Group is limited to current members of the Wheeling Wheelmen Bicycle Club only. If you have questions about club membership, rides or events, please send an email to: wheeling@wheelmen.com

To Subscribe send an email message to:
wheelingwheelmen-subscribe@yahoo.com

To Unsubscribe send an email message to:
wheelingwheelmen-unsubscribe@yahoo.com

To post a message send your message in an email to:
wheelingwheelmen@yahoo.com

The group name is: **wheelingwheelmen** and is available at:
<http://groups.yahoo.com/group/wheelingwheelmen>

Wheeling Wheelmen Membership Application

Name: _____ Spouse's Name: _____
 Address: _____ Children's Names: _____ Age: _____
 City, State, Zip: _____ Age: _____
 Phone #: _____ E-mail: _____

New Member? _____ Renewal? _____ L.A.B. Member? _____ Family dues: \$25 Individual dues: \$20

Membership Pledge: I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

 Applicant's Signature (parent's signature if a minor) Spouse's Signature

Mail this application with payment to Wheeling Wheelmen, P.O. Box 7304, Buffalo Grove, IL 60089-7304



P. O. Box 7304
Buffalo Grove, Il. 60089-7304

Phone: 847-520-5010
Email: wheeling@wheelmen.com

We are on the web
wheelmen.com

Next Club Meeting
August 7



CLUB DISCOUNTS

The following local shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

ALBERTO'S CYCLES
1770 First St., Highland Park 847/446-2042

AMLINGS CYCLE & FITNESS
8140 N Milwaukee Ave., Niles 847/692-4240

B&G CYCLERY
131 E. Rollins Rd, Round Lake Beach, 847/740-0007

BICYCLE CONNECTION OF SCHAUMBURG
1226 N Roselle Rd. Schaumburg, 847/882-7728

BOB'S BIKE SHOP
141 S. Vine St., Park Ridge

874/825-4438
CAMPBELL ST. BIKES
13 W. Campbell St. Arlington Hts. 847/222-7887

GEORGE GARNER CYCLERY
111 Waukegan Rd., Northbrook, 847/272-2100

LIBERTYVILLE CYCLERY
800 N. Milwaukee Ave, Libertyville 847/362-6030

MIKES BIKES
155 N Northwest Hwy, Palatine, 847/358-0948

MIKES BIKES GURNEE
4129 Old Grand Avenue Gurnee, 847/662-8482

OAK PARK CYCLERY
1113 Chicago Ave. Oak Park, 708/524-2453

RUNNER'S HIGH & TRI
121 W. Campbell, Arlington Hts., 847/670-9255

SPOKES
69 Danada Square, Wheaton 630/690-2050
1807 S. Washington, Naperville, 630/961-8222

THE CYCLERY
575 Ela Road, Lake Zurich, 847/438-9600

TURIN BICYCLE
1027 Davis Street, Evanston 847/864-7660

VILLAGE CYCLESPORT
63 Park & Shop Elk Grove Village 847/439-3340
1313 N. Rand Rd, Arlington Hts. 847/398-1650

We support:

- *The League of American Bicyclists
- *The League of Illinois Bicyclists
- *The Chicagoland Bicycle Federation
- *Buffalo Grove Bike Rodeo
- *Bicycle Federation of Wisconsin
- *Thunderhead Alliance
- *Trips for Kids-Fox Valley Chapter

JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$35 and should be sent to:

League of American Bicyclists,
1612 K Street, NW, Suite #401
Washington, DC 20006
Tel: (202)822-1333 Fax: (202)822-1334
E-mail: BikeLeague@aol.com
Web Site: www.bikeleague.org

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800) 288-BIKE