



# MONTHLY MEANDERS

## BOARD BANTER

The Harmon Hundred is coming September 11th and your involvement is wanted.

Everyone in the club is familiar with the Harmon. Of all the things we do as a club this is our touchstone event. It is the event outsiders most associate with the club, and it is the principal way we make money to fund the good things we do – bicycle advocacy and club events. The Harmon brings in more revenue for the club in one year than two years of dues. A successful Harmon is the single most important thing we can accomplish each year to make our club thrive.

This will be our 42nd Harmon. Our first was back in 1970, which makes the Harmon the oldest invitational bike ride in the northern Chicagoland area. Road biking then was a different sport, without the mainstream appeal we currently enjoy. The original ride started at Wheeling High School, back when Wheeling was the last outpost before the cornfields of southern Lake County. The population of Lake County for that Harmon was 350,000 people, half of what it is today. Traffic was light and the roads were ours. No one

gave a second thought to riding three abreast down Route 83. Try that today!

The intervening years have brought many changes to our sport. Cycling has grown in popularity. Carbon frames have replaced steel. Helmets have become mandatory. And the Harmon, too, has changed. The start has migrated from Wheeling High School, on to the Wauconda Apple Orchard, and finally to its current home in Wilmot. We have hosted more than 20,000 riders who have covered over 1 million miles on every scenic road in the area.

One thing hasn't changed, and that's our commitment to providing the best experience for our riders. Since that first Harmon we've developed a reputation for great routes, great marking, great food, great support, and a friendly attitude. It is our challenge as Wheeling Wheelmen to carry this on in 2011.

This year's Harmon will be Sunday, September 11. Like last year's, the ride will start from Wilmot High School and will provide options for 25, 50, 62, 75 and 100 miles. There will be two rest stops – Eagle Lake Park

and Bassett Park. We've increased and improved our promotional efforts over last year and expect to attract 500+ riders. Everything is coming together for a great ride.

For all this to work we need 75 volunteers. By late July so far 40 have signed up. For those of you who have already committed, thank you. For those of you who have not yet signed up please see the sign up sheets that will be at all the rides, or contact Todd Berlin at [todd.berlin@rrd.com](mailto:todd.berlin@rrd.com).

There are a lot of ingredients in a successful Harmon. Some we can't control: the weather, or the competition. Some we can: give all of our riders the most outstanding service and experience. We do this by everyone participating any way you can, and delivering it all with a smile and friendly "thank you for coming".

Please help out and let's make this year's Harmon our best ever. Thank you for your support and see you on the road.

*Todd Berlin*

AUGUST 2011

### INSIDE THIS ISSUE:

TOP 20	2
BOARD MEETING	2
INVITATIONALS	2
RIDE SCHEDULE	3
WEEKLY RIDES	4
TRAIL RIDES	4
GIRLS NIGHT	5
WATERFORD RIDE	5
MINUTES	6
TOMRV RECAP	6
YAHOO GROUP	7



### Pictures

We will once again be doing a slide show at the annual

banquet and are asking for contributions this season. So be sure and take your camera out to rides and events this year and share your pics with the club. Send your pictures by October 31 to Dave Waycie at [dwaycie@wowway.com](mailto:dwaycie@wowway.com)

## Club Officials

### Elected Officers

#### President

#### OPEN

#### V.P./Ride Chair

Brian Blome 847/358-4807  
& Pat Calabrese

#### Treasurer

Johannes Smits 630/893-2835

#### Secretary

Dave Waycie 847/577-6307

#### Membership

Mitch Rosset 847/376-8152

#### Publicity Chair

Joe Beemster 847/215-2314

### Appointed Officers

#### Harmon Chairman

Todd Berlin todd.berlin@rrd.com

#### Newsletter

Ella Shields 773/594-1755

#### St. Pat's Ride

Tom & Deb Wilson 847/632-1412

### Chairmen

#### Banquet

Meg Ewen 630/540-1704

#### Harmon Data Base

Emily Qualich 847/ 821-1009

#### Mileage Statistician

Cindy Schneider 847/696-2356

#### Newsletter Mailings

Joe Beemster 847/215-2314

#### Picnic

Al & Cindy Schneider 847/696-2356

#### Refreshments

#### Open

#### Ride Line

Frank Bing 847/634-1439

#### Web Page

Jim Boyer 847/541-1325

### Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. Send or e-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month

Ella Shields

7516 W. Devon Ave.

Chicago, IL. 60631

eshieldsbike@yahoo.com

(Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Call Mitch Rosset with your new address or e mail address at 847/376-8152 or e mail him at wheeling@wheelmen.com.

## TOP 20 MILES through July 3

### Men

1	Paul	Lefevre	2504
2	Mitch	Rosset	2053
3	Kilian	Emanuel	1844
4	Joe	Beemster	1763
5	Dave	Waycie	1583
6	Len	Geis	1539
7	Tony	Vercillo	1449
8	Jim	Boyer	1435
9	Peter	Guzik	1302
10	David	Naigles	1260
11	Kevin	Moore	1191
12	Alex	Halama	1166
13	Brian	Blome	1148
14	Frank	Bing	1121
15	Rich	Drapeau	1111
16	Leo	Rhee	1079
17	Jeff	Magnani	1065
18	Dennis	Ellertson	976
19	Tom	Wilson	900
20	Jim	Flechsig	808

### Women

1	Reinhilde	Geis	1584
2	Sheri	Rosenbaum	1516
3	Pat	Calabrese	1238
4	Betsy	Burtelow	1033
5	Emily	Qualich	952
6	Marianne	Kron	931
7	Virginia	Savio	890
8	Deb	Wilson	830
9	Mary Kay	Drapeau	817
10	Cindy	Schneider	756
11	Tricia	Croft	739
12	Laura	Randazzo	700
13	Pam	Burke	693
14	Ella	Shields	628
15	Cindy	Kessler	435
16	Barb	Barr	427
17	Anna	Swietezak	416
18	Kae	Takeshita	401
19	Eva	Larson	361
20	Cindy	Trent	350

## BOARD MEETING

The next board meeting is Monday, August 15, 7:00 p.m. at the home of Johannes Smits.

All Board members are requested to attend

## Welcome New Members

Michael	O'Grady
Troy	Bako
Fred	Gnadt
Emma	Heckelsmiller
Hitoshi	Nakasawa
Yuri	Gorbachyov
Marta	Milejczyk
Marnie	Brahar



To Al & Cindy Schneider for hosting another great picnic. A great time was had by all.

## Invitational's

**Aug 5-7 Amishland & Lakes**, Howe IN [www.amishlandandlakes.com](http://www.amishlandandlakes.com)

**Aug 13, Dairyland DARE**, Dodgeville WI 50/100/150/200K, 608-553-0144 [dairylanddare.com](http://dairylanddare.com)

**Aug 21, Wright Ride**, Oak Park 18/25/50/52, 708-524-7800 x102 [www.oakparkcycleclub.org/wright\\_ride](http://www.oakparkcycleclub.org/wright_ride)

**Aug 28, Bike Psycho's Century**, Coal City H.S., 30/50/70/100/124 [bikepsychos.org](http://bikepsychos.org)

**Aug 28, Four Star Bike Tour (formerly Boulevard Lakefront Tour)** Chicago 12/35/65 312-427-3325 x 251 [btd10info@activetrans.org](mailto:btd10info@activetrans.org) [fourstarbiketour.org/](http://fourstarbiketour.org/)

**Aug 28, Cream City Classic**, Waterford, WI. 30/56/78/100 414-299-9398 [creamcitycycleclub.com/century.htm](http://creamcitycycleclub.com/century.htm)

<b>Aug Ride Schedule</b>	All Riders Should:	*wear a helmet *bring water *bring a pump	*have a bike in good condition *bring a spare tube and patch kit *arrive early...15-30 minutes	*bring an ID card *carry a cell phone *bring money for lunch/snacks		
<b>Date</b>	<b>Time</b>	<b>Ride Name</b>	<b>Starting Location</b>	<b>Directions</b>	<b>Miles</b>	<b>Host Phone #</b>
Sat 8/6	9:00	Triple L	Fellows Park, Wis.	Rt.12 N to County H east veer left into Genoa City, left on Fellows Rd. and to the park.	50 71 100	Cindy & Al Schneider (847) 696-2356
		Amishland and Lakes	Howe Military Academy	visit www.amishlandandlakes.com	25 to 100	Excursion
Sun. 8/7	9:00	Heron Creek Short Ride	Long Grove Commons	RT. 22 & Old McHenry Roads Park north of the PNC Bank	32 to 47	Virginia Savio (847) 537-0039
		Amishland and Lakes	Howe Military Academy	visit www.amishlandandlakes.com	30 52 62	Excursion
Sat. 8/13	9:00	Paris School Ride	Paris WI	I-94 W, exit WI 142 W to County D, turn left to school	37 55	Dave Waycie (847) 577-6307
Sun. 8/14	9:00	Heron Creek Short Ride	Long Grove Commons	RT. 22 & Old McHenry Roads Park north of the PNC Bank	32 to 47	David Nagles (630) 532-7068
	<b>8:00</b>	Geneva Century/ Geneva Lite	Heron Creek F.P.	0.2 miles south of Il 22 on Old Mc Henry Road, shelter B parking lot	100 50	Paul LaFevre (847) 670-3501
Sat. 8/20	9:00	Waterford Ride	Waterford Factory, WI	I-94 to Hwy 20 W, take Hwy 20 for 14 miles. Turn L on Hwy D for 1.5 miles to Hwy W. Turn R (north) on Hwy W then 1 mile and left (west) on to Bakke Ave	27 41 68	Kevin Moore (847) 577-8490
Sun. 8/21	9:00	Heron Creek Short Ride	Long Grove Commons	RT. 22 & Old McHenry Roads Park north of the PNC Bank	32 to 47	Killian Emanuel (847) 296-7874
	8:00	Paul's NE ILL Century	Euclid Elementary School	E. Euclid & N. Wheeling Rd. School is on the SE corner Mt. Prospect	100	Paul LaFevre (847) 670-3501
	9:00	Loops of Burlington	Eagle Lake Park, WI	294 North, exit Hwy 11 West, to Hwy 75, right to Church street Left to Park	56 97	Cindy & Al Schneider (847) 696-2356
Sun. 8/28	<b>8:00</b>	<b>Harmon Pre-ride</b>	Wilmot H.S. WI.	Take I-94 West into Wis. To Exit 345. West on HWY C into Wilmot. Rt. On HWY W. Left into the school entrance.	25 50 75 100	Len & Reinhilde Geis (847) 679-0279

**ALWAYS CALL THE RIDE LINE 847/520-5010 FOR ANY LAST MINUTE CHANGES**

## WEEKLY RIDES

Day	Time	Ride	Miles	Start/Directions	Ride Host
Saturday	8:00 am	Honey Do Ride	30-58	Grassy Meadow Forest Preserve The F.P. is on Central Rd. 1½ mi. west of Roselle Rd, just north of I-90	Brian Hale 847/426-3290
Monday	6:00 pm	Casual Monday Ride	10-15	Bussee North Woods Parking Lot. Located on Golf Road just east of Rte 53. Turn on Ring Road into the preserve. (across from the Atrium Complex). Turn left at the first parking lot	Virginia Savio 847/438-8066
Tuesday & Thursday	9:00 am	Deerfield Bakery Ride	25-45	Willow Stream Park - The park is on Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right	Kilian Emanuel 847/296-7874 Earle Horwitz 847/444-0445 Len & Reinilde Geis 847/679-0279
Tuesday	6:00 pm	Working Stiff's Ride	18-27	Stempel Parking Lot On the west side of Old McHenry Road, behind the Red Oaks store. West of IL53, Long Grove, IL	Jim Boyer 847/541-1325 Tom Wilson 847/632-1412
Wednesday	5:30 pm	Hill and Dale Ride	25-35	Grassy Meadow Forest Preserve See above	Brian Hale 847/426-3290
Wednesday	5:30pm	Elgin Twilight Rides <i>Flashing taillights recommended</i>	20-40	Target Store On Randall Road just south of US 20. Park in SE corner of lot.	Al & Cindy Schneider 847/696-2356
Thursday	6:00 pm	Thursday Night Ride	30	Heron Creek Forest Preserve. Located on the SW Corner of RT 22 and Old McHenry Road.	Paul LeFevre 847/670-3501
Friday through Aug 19	10:00 am	Picnic Rides (to Libertyville) Willow Stream Park	27	The park is on Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right	Frank Bing 847/634-1439

## WEDNESDAY TRAIL RIDES

Date	Time	Ride	Miles	Start/Directions	Description
8/10	9:00	North Branch	32	Blue Star Memorial Woods – East on Euclid/Lake, past 1294 and Waukegan Rd. Parking on the right just past bike path overpass in Glenview	Paved trails. Direction (N/S) and stopping to eat are optional.

**It's time for another  
Wheeling Wheelmen Girl's Night Out!  
Join us Friday, August 19**

Anytime after 6pm

On the deck at

156 W Fox Hill Dr, Buffalo Grove.

Beer, wine, margaritas, wine coolers, pop, chips & salsa and dessert will be provided.

Please bring a salad to share—(green, pasta, taco, chicken, tuna, bean, whatever)

Hosted by: Betsy Burtelow

RSVP appreciated to make sure there are enough drinks but if you realize you can make it at the last minute, come empty-handed—there is usually plenty of food.

847-541-1325—leave a message.



**NO BOYS ALLOWED**

**Wheeling Wheelmen Board Meeting  
June 13, 2011**

**Present:** Joe Beemster, Todd Berlin, Brian Blome, Pat Calabrese, Ella Shields, Johannes Smits, Dave Waycie

The meeting was called to order at 7:20 pm.

**Financial:** The club net worth is a little over the average for the past 7 years.

**Harmon:** Eagle and Bassett are confirmed, the LIB mailing is finalized, and insurance is done. Volunteer signups are just starting. We have not received final approval from Wilmot High School, but this delay is normal. Will use our normal road signs this year, but keep Route Arrows in mind for the

**WATERFORD RIDE**

Have you ever wondered how custom made bicycles are produced? Do you live for riding down tree-lined country lanes? Come out for the Waterford Ride on August 20th.

Waterford Precision Bicycles is the former Schwinn Paramount factory. It was purchased by Richard Schwinn when the remainder of the Schwinn bicycle company was sold in the 1990s. Waterford continues to make steel bicycles that are in demand by racers, tourists and other sporting riders.

Every summer Richard Schwinn opens his factory to demonstrate how his frames are made to local riders. After the tour, he drives support for a ride through the countryside around the Waterford, WI home base. Three options of 27, 41 and 68 miles are available. Arrive by 7:45 for the factory tour which runs from 8:00- 8:30. The ride follows. This year our club is riding along with our friends from the Elmhurst Bike Club.

The ride starts at the Waterford factory at 816 Bakke Ave., Waterford, WI. Take **I-94 to Hwy 20 West, take Hwy 20 for 14 miles. Turn Left on Hwy D for 1.5 miles to Hwy W. Turn right (north) on Hwy W then 1 mile and left (west) on to Bakke Ave. They're the 4th building on the right.**

**6TH ANNUAL ALEXIAN BROTHERS  
2011 TOUR OF ELK GROVE**

*Friday, August 5, Saturday, August 6, Sunday, August 7*

For information visit [tourofelkgrove.com](http://tourofelkgrove.com)

future if they offer a benefit. Todd will be setting up a meeting for the Harmon coordinators at his house. All event web sites posted, will be hitting the newspapers in July and August.

**Sunday Short Rides:** Moved to Long Grove Commons shopping center at the Northwest corner of Route 22 and Old McHenry Road. We will park at the North end of the parking lot, which appears to be basically unused.

**Buffalo Grove Bike Rodeo:** The Rodeo was re-scheduled for May 21st. In spite of the rain, over 50 children attended and each one was checked for a good helmet fit.

**Membership:** Renewals and new memberships continue to come in as normal.

*(Continued on page 7)*

## TOMRV – A Big Fish Story???



Well this was the year I agreed to go on TOMRV (Tour of the Mississippi River Valley). For years I shied away from going because I heard about how crazy hilly it was and that the weather always stinks. But after tackling the hills of Santa Rosa back in April, my new compact crank and my 10 years of vacation karma, I was ready for anything.

The ride is sponsored by the Quad Cities Bicycle Club and leaves on Saturday from Bettendorf, Iowa (106 miles) or from Preston, Iowa (69 miles) and travels to Clarke University in Dubuque, Iowa. On Sunday we return using a different route to Bettendorf (90 miles) or to Preston (46 miles). There are many views of the Mississippi River as we ride along it, over it on bridges, and through it on causeways. The route is hilly near Dubuque, with 6,000 feet of climbing on Saturday and 4,000 feet on Sunday.

Joining the ride with me this year were two other “TOMRV virgins” (Cindy Kessler and Al Gibbs) and several other Wheelmen who were TOMRV veterans (Ella, Rich & Mary Kay, Pat & Brian and Eva).

On Friday afternoon, Cindy Kessler and I drove to Preston, Iowa. Throughout dinner Friday night we were peppered with stories as to how tough the hills were and how scary the bridge crossings can be when wet. Nice images to be dancing in your head the night before a ride.

Saturday morning was cool, grey, damp and head winds, but from what I was told nicer weather than any previous year. (YES, I still got that vacation karma). Most of the roads were quiet and we quickly moved from one well stocked rest stop to the next. As the miles past I kept waiting for some crazy steep or long hills that I’d have to cross train on (euphemism for “walk up”). But it never happened. It really wasn’t that bad. All the hills were very doable. There were long climbs but just put it in an easy gear and spin baby spin. I’ve included an elevation map so you can see exactly what we rode.

Saturday night Cindy and I were able to scam a dorm room. We had been warned not to stay in the dorms since they were not air conditioned. But as you know we haven’t experienced summer temps yet so no worries of being too hot. The QCBC hosts a nice buffet dinner at the College free to all riders. We caught up with the rest of the Wheelmen and enjoyed a nice meal. Afterwards in the Atrium there was a band. We just kicked back and continued on from our dinner conversation.

Sunday morning brought us rare sunshine, light winds and warmer temps. Once again at the rest stops veteran riders warned us about these crazy long steep hills. From our experience on Saturday I just laughed off the warnings. The 46 miles flew by and once again there wasn’t a hill that wasn’t doable.

So if you’ve been hesitant to try TOMRV, I can’t guarantee you great weather, but I can guarantee that the hills are not as bad as they tout it to be. And this is coming from someone who is working on becoming fond of hills. At least after Santa

*(Continued on page 7)*

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1313 N. Rand Road • Arlington Heights, IL 60004 • 847-398-1650  
203 West Northwest Hwy. • Barrington, IL 60010 • 847-382-9200

(Continued from page 5)

**Picnic:** Parking at Heron Creek is limited. We encourage either riding to the ride or carpooling.

**Newsletter:** August - Todd.

**Ride Schedule:** Brainstormed a few ideas, including eliminating the ride line, which does not appear to be widely used, requesting signups for rides which start farther out (Union, Crystal Lake, Antioch, etc.), and looking for ways to communicate cancellations due to weather. Nothing finalized.

**St. Pat's Ride:** Need to find coordinator(s) for our annual St. Pat's Day ride next March as Tom & Deb will be stepping down. Fortunately, Tom has documented all of the details.

**Next Board Meeting:** July 18 at Ella's.

The meeting was adjourned at 8:10.

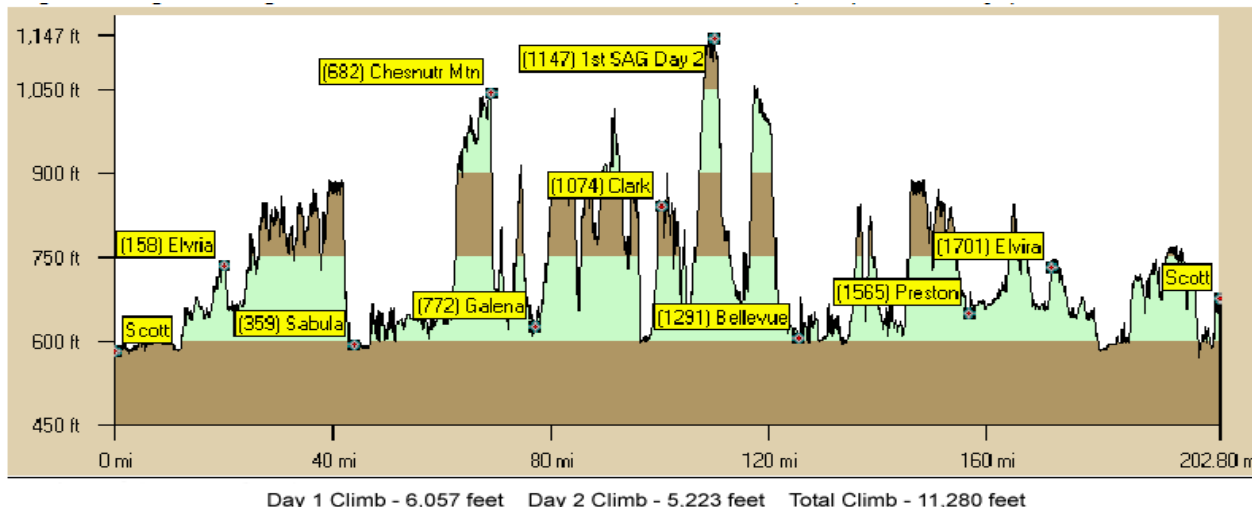
Dave Waycie  
Secretary

(Continued from page 6)

Rosa I don't shy away from them. I have to say TOMRV is one big fish story...the hills are THIS BIG!!!

For more about the ride go to <http://www.qcbc.org/tomrv/>

Table below shows the elevation of the route for both days.





P. O. Box 7304  
Buffalo Grove, Il. 60089-7304  
847-520-5010  
wheeling@wheelmen.com

**We are on the web**  
**wheelmen.com**



### SAVE THE DATES

Harmon Hundred - Sunday, Sept 11  
Annual banquet - Sunday, Nov 13

### CLUB DISCOUNTS

The following local shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

**Alberto's Cycles**  
661 Central, Highland Park  
(847) 432-0015

**AMLINGS CYCLE & FITNESS**  
8140 N Milwaukee Ave.  
Niles 847/692-4240

**B&G CYCLERY**  
131 E. Rollins Rd, Round Lake Beach, 847/740-0007

**BICYCLE CONNECTION OF SCHAUMBURG**  
1226 N Roselle Rd.  
Schaumburg 847/882-7728

**CAMPBELL ST. BIKES**  
13 W. Campbell St.  
Arlington Hts. 847/222-7887

**GEORGE GARNER CYCLERY**  
1111 Waukegan Rd.  
Northbrook  
847/272-2100

**LIBERTYVILLE CYCLERY**  
740 N. Milwaukee Ave,  
Libertyville  
847/362-6030

**MIKES BIKES**  
155 N Northwest Hwy,  
Palatine, 847/358-0948

**OAK PARK CYCLERY**  
1113 Chicago Ave.  
Oak Park 708/524-2453

**RUNNER'S HIGH & TRI**  
121 W. Campbell, Arlington Hts., 847/670-9255

**SPOKES**  
69 Danada Square E,  
Wheaton 630/690-2050  
1807 S. Washington, #112  
Naperville, 630/961-8222

**Trek Bicycle Store – Highland Park**  
1925 Skokie Hwy  
Highland Park, IL  
[trekhp.com](http://trekhp.com) 847-433-8735

**THE CYCLERY**  
575 Ela Road, Lake Zurich,  
847/438-9600

**TURIN BICYCLE**  
1027 Davis Street  
Evanston  
847/864-7660

**VILLAGE CYCLESPORT**  
45 Arlington Hts Rd  
Elk Grove Village  
847/439-3340  
1313 N. Rand Rd.  
Arlington Hts.  
847/398-1650  
203 W. Northwest Hwy  
Barrington  
847/382-9200

### We support:

- \*The League of American Bicyclists
- \*The League of Illinois Bicyclists
- \*Active Transportation Alliance
- \*Buffalo Grove Bike Rodeo
- \*Bicycle Federation of Wisconsin

### JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$35 and should be sent to:

League of American Bicyclists,  
1612 K Street, NW, Suite #401  
Washington, DC 20006  
Tel: (202)822-1333 Fax: (202)822-1334  
E-mail: [BikeLeague@aol.com](mailto:BikeLeague@aol.com)  
Web Site: [www.bikeleague.org](http://www.bikeleague.org)

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE