



# MONTHLY MEANDERS

## BOARD BANTER

### What I did on my summer vacation

by Ella Shields

After twenty five years of cycling in the United States and Europe I decided it was time to bite the bullet and do the world renowned RAGBRAI. I've always been a little leery of the ride due to the large crowds and my tentphobia but with some prodding from friend and fellow club member, Bruce Johnson, I decided to go for it.

The Register's Annual Great Bicycle Ride Across Iowa, is the world's oldest, largest and longest two-wheeled recreational tour with 10,000+ riders. Rumor had it that 32,000 riders were on the Des Moines segment. The ride started on July 21 in Council Bluffs and ended 406.6 miles later on July 27 in Fort Madison. The average riding day was about 52 miles. The longest day was 83 miles and that was also the hilliest with 4,000+ feet of climbing. There was also a century option that day with 6,000 feet of climbing...which I rode. The weather gods

were very good to us, we had one very stormy night, but no rain during the ride, and most days were sunny and in the 80's.

Most riders go with an outfitter or bicycle club since they will take care of your luggage and secure a space for sleeping; being ground



for your tent, lawns, in a field, or people's homes, they also arrange for porta potties and showers. I joined HBA, Hawkeye Bicycle Association, out of Cedar Rapids and we stayed in air conditioned churches which was an excellent way to go. They had a group of about 62 terrific people.

There are some great towns along the way—small towns, good sized towns,

large communities and diverse towns. We stayed overnight in Harlan, Perry, Des Moines, Knoxville, Oskaloosa and Fairfield. It's estimated the ride brings an average of \$3 million in spending to each town. The towns have been getting ready all year and had special events planned from live music stages, tee shirts, dance school recitals, high school bands and, of course, the food and beer vendors. Local people have stands all along the route with water, bananas, baked goods, Gatorade etc. if you need additional breaks.

The ride is a rolling party; riders in all sorts of costumes, decorated helmets, team jerseys and music blasting from their bikes. The area we rode in was very scenic but I think RAGBRAI is really about small town America and the people taking care of you. They could not have been more hospitable, fun and ready for these huge crowds.

Bottom line – would I go again? Absolutely!

September 2013

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- Charles Shepard
- Carrie Shepard
- Dan Vanderkelen
- Carol Taggart
- Steve Emeott
- Don Kirkpatrick
- Lorraine Kirkpatrick

## Club Officials

### Elected Officers

#### President

Joe Beemster 847-215-2314

#### V.P.-Ride Chair\*

Pat Calabrese 847-358-4807

#### Treasurer

Johannes Smits 630-893-2835

#### Secretary

Dave Waycie 847-577-6307

#### Membership

Mitch Rosset 847-376-8152

#### Publicity Chair

Barb Barr 224-578-0624

Powerbarb53@gmail.com

### Appointed Officers

#### Harmon Chairman

Roland Cooper 847-732-0432

rscooper3@gmail.com

#### Newsletter

Ella Shields 773-407-4712

#### St. Pat's Ride

Anna & George Swietczak 312-969-1010

#### Chairmen

##### Banquet

Meg Ewen 630-540-1704

##### Harmon Data Base

Emily Qualich 847- 821-1009

e.qualich@comcast.net

##### Mileage Statistician

Emily Qualich 847- 821-1009

##### Newsletter Mailings

Joe Beemster 847-215-2314

##### Picnic

Al & Cindy Schneider 847-696-2356

##### Refreshments

**Open**

##### \*Ride Coordinator

Sheri Rosenbaum 847-971-4573

luv2bike80@hotmail.com

##### Web Page

Jim Boyer 847-541-1325

### Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. E-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month

Ella Shields

eshieldsbike@yahoo.com

(Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Call Mitch Rosset with your new address or e mail address at 847-376-8152 or e-mail him at wheelmen.com.

## TOP 20 MILES

through August 15

174 rides by 149 members

### Men:

|    |        |            |      |
|----|--------|------------|------|
| 1  | Dennis | Ellertson  | 4608 |
| 2  | Paul   | LeFevre    | 3689 |
| 3  | Kilian | Emanuel    | 2951 |
| 4  | Mitch  | Rosset     | 2775 |
| 5  | Kevin  | Moore      | 2438 |
| 6  | Joe    | Beemster   | 2336 |
| 7  | Dave   | Waycie     | 2206 |
| 8  | David  | Naigles    | 2180 |
| 9  | Brian  | Hale       | 2167 |
| 10 | Tony   | Vercillo   | 2153 |
| 11 | Alex   | Halamaj    | 2054 |
| 12 | Daniel | Wiessner   | 1732 |
| 13 | Jim    | Flechsigg  | 1613 |
| 14 | Brian  | Blome      | 1554 |
| 15 | Tom    | Wilson     | 1537 |
| 16 | JV     | Villadolid | 1528 |
| 17 | Jim    | Boyer      | 1528 |
| 18 | Frank  | Bing       | 1520 |
| 19 | Len    | Geis       | 1491 |
| 20 | Peter  | Guzik      | 1463 |

### Women:

|    |           |            |      |
|----|-----------|------------|------|
| 1  | Sheri     | Rosenbaum  | 2828 |
| 2  | Emily     | Qualich    | 2258 |
| 3  | Pam       | Kaloustian | 1946 |
| 4  | Eva       | Larson     | 1697 |
| 5  | Pat       | Calabrese  | 1680 |
| 6  | Reinhilde | Geis       | 1536 |
| 7  | Betsy     | Burtelow   | 1436 |
| 8  | Cindy     | Trent      | 1238 |
| 9  | Anna      | Swietczak  | 1198 |
| 10 | Marianne  | Kron       | 1159 |
| 11 | Deb       | Wilson     | 1109 |
| 12 | Barb      | Barr       | 951  |
| 13 | Terri     | Brei       | 939  |
| 14 | Laura     | Randazzo   | 849  |
| 15 | Pam       | Burke      | 841  |
| 16 | Ella      | Shields    | 836  |
| 17 | Ellen     | Heineman   | 765  |
| 18 | Paula     | Matzek     | 702  |
| 19 | Lisa      | Tracey     | 622  |
| 20 | Virginia  | Savio      | 571  |

## BOARD MEETING

The next board meeting TBA



## SEPTEMBER CLUB MEETING

The meeting will be on Thursday, September 12, 7:00 p.m. at McArthur Middle School, 700 Schoenbeck

Road, Prospect Heights, meet in the cafeteria.

We will have the Harmon Appreciation pizza party for all the volunteers, recap the Harmon, and take nominations for Board positions for next year.

Please join us for the last club meeting of the year.



To Betsy Burtelow for hosting a fantastic Girls Night Out event at her home. A dozen gals enjoyed a very fun filled evening.



## BANQUET PICTURES

We will once again be doing a slide show at the annual club banquet (November 10) and are asking for contributions this season. So be sure and take your camera out to rides and events this year and share your pictures with the club.

Send your pics by October 31 to Dave Waycie at dwaycie@wowway.com.

| <b>Date</b>         | <b>Time</b>        | <b>Ride Name</b>   | <b>Starting Location/ Directions</b>   | <b>Miles</b>  | <b>Ride Host</b>              |  |
|---------------------|--------------------|--|--|---|-------------------------------|--|
| Sept. Ride Schedule | All Riders Should: | *wear a helmet<br>*bring water<br>*bring a pump  | *have a bike in good condition<br>*bring a spare tube and patch kit<br>*arrive early...15-30 minutes   | *bring an ID card<br>*carry a cell phone<br>*bring money for lunch-snacks |                               |  |
| Sun. 9/1            | 9:00am             | Sunday Short Ride  | <b>Long Grove Commons</b><br>RT. 22 & Old McHenry Roads<br>Park north of the PNC Bank  | 30-58   | Cindy Kessler<br>847-421-4084 |  |
| Mon. 9/2            | 9:00am             | Lakewood Loops<br>(Labor Day)  | <b>Lakewood F.P.</b><br>West on IL 176, south on Fairfield to parking on the left (east side) of Fairfield)  | 28/54/69  | Eva Larson<br>847-602-3025    |  |
| Fri. 9/6            | 10:00am            | Friday Lunch Ride to Libertyville  | <b>Willow Stream Park</b><br>On Old Checker Rd just west of Buffalo Grove Rd north of Lake-Cook in Buffalo Grove                                       | 33  | Emily Qualich<br>630-569-6910 |  |
| Sat. 9/7            | 8:00am             | Honey Do   | <b>Grassy Meadow Forest Preserve</b><br>The F.P. is on Central Rd., 1 1/2 miles west of Roselle Rd, just north of I-90.                                | 30-58   | Terri Brei<br>630-606-4341    |  |
|                     | 9:00am             | Wauconda / Twin Lakes  | <b>Lakewood F.P.</b><br>See above  | 61/78   | Dave Waycie<br>847-845-9663   |  |
| <b>Sun. 9/8</b>     |                    | <b>Harmon Hundred Club Invitational</b>  | <b>Wilmot High School</b>  | <b>EVERYONE WORKS</b>   |                               |  |
| Fri. 9/13           | 10:00am            | Friday Lunch Ride to Libertyville  | <b>Willow Stream Park</b><br>See above   | 33  | Emily Qualich<br>630-569-6910 |  |
| Sat. 9/14           | 8:00am             | Honey Do   | <b>Grassy Meadow Forest Preserve</b><br>See above  | 30-58   | Brian Hale<br>847-804-1562    |  |
|                     | 9:00am             | Antioch Twisted  | <b>Antioch Middle School</b><br>I-94 north, exit Rt 173 west, 1/4 mile past Rt 59. turn right on Tiffany. Left on Highview at sign for school parking. | 63/84/100   | Dan Wiessner<br>847-736-3484  |  |
| Sun. 9/15           | 8:30am             | Long Grove to Wilmot<br><b>Fest at Veteran's park rest stop so bring \$\$\$</b>              | <b>Long Grove Commons</b><br>RT. 22 & Old McHenry Roads<br>Park north of the PNC Bank  | 85  | Dave Waycie<br>847-845-9663   |  |
|                     | 9:00am             | Sunday Short Ride - This and That<br><b>Fest at Veteran's park rest stop so bring \$\$\$</b> | <b>Long Grove Commons</b><br>See above   | 50  | Frank Bing<br>847-814-9925    |  |

Continued on page 4

Be sure to be on the Yahoo group and-or Facebook for last minute changes

## SEPTEMBER RIDE SCHEDULE (continued)

| Date           | Time     | Ride Name   | Starting Location- Directions   | Miles       | Ride Host                                  |
|----------------|----------|---|---|-------------|--|
| Fri.<br>9/20   | 10:00 am | Friday Lunch Ride<br>to Libertyville                      | <b>Willow Stream Park</b><br>On Old Checker Rd just west of Buffalo Grove<br>Rd north of Lake-Cook in Buffalo Grove                 | 33          | Emily Qualich<br>630-569-6910              |
| Sat.<br>9/21   | 8:00 am  | Honey Do  | <b>Grassy Meadow Forest Preserve</b><br>The F.P. is on Central Rd., 1 1/2 miles west<br>of Roselle Rd, just north of I-90.          | 30-58       | Len & Reinhilde<br>Geis<br>312-209-0279    |
|                | 9:00 am  | Vern's PITA Ride  | <b>Cuba Marsh</b><br>West on US12 to Ela Rd, south to Cuba Rd.<br>West to parking lot on left.                                      | 39/61       | Earle Horwitz<br>847-571-0021              |
| 9/21 &<br>9/22 | 8:00 am  | Pre-Fall Foliage Ride<br>Overnight Excursion              | <b>Mt. Horeb, WI.</b><br>Lodging is available at the Karakahl Country Inn,<br>Call 608-437-5545 tor reserve you room                | 40/80       | Paul Lefevre<br>847-670-3501               |
| Sun.<br>9/22   | 9:00 am  | Triple Deerpass   | <b>Evergreen School</b><br>1-90 west to US20 to Coral. Turn right to<br>Northrop. Turn left to Washington.<br>Turn right to school. | 66          | Anna & George<br>Swietczak<br>847-969-1010 |
|                | 9:00 am  | Sunday Short Ride   | <b>Long Grove Commons</b><br>RT. 22 & Old McHenry Roads<br>Park north of the PNC Bank   | 30-58       | John Korb<br>312-576-0489                  |
| Fri.<br>9/27   | 10:00 am | Friday Lunch Ride<br>to Libertyville                      | <b>Willow Stream Park</b><br>See above  | 33          | Emily Qualich<br>630-569-6910              |
| Sat.<br>9/28   | 8:00 am  | Honey Do<br><b>Plus special<br/>Extended<br/>Honey Do</b> | <b>Grassy Meadow Forest Preserve</b><br>See above   | 30-58<br>77 | Mitch Rosset<br>847-814-3107               |
| Sun.<br>9/29   | 9:00 am  | Sunday Short Ride   | <b>Long Grove Commons</b><br>See above  | 30-58       | Joe Beemster<br>847-867-6724               |



HARMON 100  
Sunday, September 8  
Wilmot High School  
Wilmot, WI  
EVERYONE WORKS

Contact Sheri Rosenbaum @  
[luv2bike80@hotmail.com](mailto:luv2bike80@hotmail.com) to volunteer

## INVITATIONAL'S

**Sept 14, Ride Like An Egyptian**, DeKalb, IL  
25/50/75/100 miles, 815-895-4279 [egyptianride@aol.com](mailto:egyptianride@aol.com)

**Sept. 15, 5th Annual Bike Michiana for Hospice**, South  
Bend, IN. 25/40/62/100/124 miles [bikemichianaforhospice.org](http://bikemichianaforhospice.org)

**Sept 15, Pedal the Kettle**, Waukesha, WI.  
35/64/103 miles [springcityspinners.org](http://springcityspinners.org)

**Sept 22, North Shore Century**, Evanston, IL  
25/50/62/70/100 miles [evanstonbikeclub.org](http://evanstonbikeclub.org)

**Sept. 29 Prairie Pedal**, Decatur, IL. 20/40/62 miles  
217-423-7708, [mccd@maconcountyconservation.org](mailto:mccd@maconcountyconservation.org) [maconcountyconservationfoundation.org-prairie-pedal-](http://maconcountyconservationfoundation.org-prairie-pedal-)

**Sept 29, Apple Cider Century**, Three Oaks, MI.  
25/50/62/75/100 miles [applecidercentury.com](http://applecidercentury.com)

## WEEKLY RIDES

| Day                                    | Time     | Ride                         | Miles | Start-Directions   | Ride Host  |
|--|----------|------------------------------|-------|--|--|
| Tuesday & Thursday                     | 9:00 am  | Deerfield Bakery Ride        | 25-40 | <b>Willow Stream Park</b><br>On Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right                                      | Kilian Emanuel<br>847-296-7874                                   |
| Tuesday<br><b>Last ride<br/>9/17</b>   | 6:00 pm  | Working Stiff's Ride         | 18-27 | <b>Stempel Parking Lot</b><br>On the west side of Old McHenry Road, behind the Read Oaks Store. West of IL 53, Long Grove, IL  | Jim Boyer<br>847-541-1325<br>Tom Wilson<br>847-632-1412          |
| Trail Rides<br>Wednesday               | 10:00 am | North Branch-Botanic Gardens | 16-32 | <b>Blue Star Memorial Woods</b><br>East Lake Ave., Glenview. East of Waukegan Rd, between Wagner and Harms near overhead trail bridge. Parking lot on the south side of E. Lake Ave. | Dennis Ellertson<br>847-255-9323                                 |
| Wednesday<br><b>Last ride<br/>9/18</b> | 5:30 pm  | Hill and Dale Ride           | 25-35 | <b>Grassy Meadow Forest Preserve</b> The F.P. is on Central Rd. 1½ mi. west of Roselle Rd, just north of I-90  | Anna Swietczak<br>312- 969-1010<br>Joe Beemster<br>847- 215-2314 |
| Thursday<br><b>Last ride<br/>9/5</b>   | 6:00 pm  | Thursday Night Ride          | 30    | <b>Heron Creek Forest Preserve</b><br>Located on the SW Corner of RT 22 and Old McHenry Road, park at shelter B.   | Paul Lefevre<br>847-670-3501                                     |

### PROCEDURE PROCESS: IN QUESTIONABLE WEATHER SITUATIONS

If the ride host considers the weather forecast to be severe enough to cancel the ride, he-she should post a message on the Wheeling Wheelmen Yahoo Group ([wheelingwheelmen@yahoogroups.com](mailto:wheelingwheelmen@yahoogroups.com)). These conditions can include very high chance of rain or snow, severe winds, or other unsafe conditions.

- If the ride host decides to cancel the ride, he-she should post a mes-

sage to the Yahoo group no later than 2 hours before the scheduled ride start time.

- Of course, the host may post the message earlier, like the night before, if there is really no question that the ride will be cancelled. Or, if the host wants to decide in the morning, he or she can post a notice to watch for an update in the morning. Generally, more communication is better than less.
- Riders are encouraged to use the

Yahoo group, but if a rider cannot access the Yahoo group, the host can be contacted at the phone number listed on the ride schedule.

Every member should consider subscribing to the Yahoo group especially if they are planning on doing rides starting in the outlying areas. Instructions for subscribing to our Yahoo Group are listed on page 7. We also encourage people to join the Wheeling Wheelmen Facebook page and ride information is posted there, too.



## BICYCLE PATH

Some of you may recall during our member meeting in April, about the Village of Wheeling working with various agencies to put a bike/pedestrian paved path on Dundee Road between the Toll Road (294) and Milwaukee Avenue. There are many folks who make this trip daily to get to and from their jobs in Wheeling and have to ride on a rough dirt trail. Work is now underway and hopefully it will be completed this fall.

We had approached the Village on recognizing Phyllis Harmon by naming a path or trail in her honor. I appeared before the Village Board and they have approved designating this path as the Phyllis Harmon trail and displaying a plaque in her honor. I spoke to Phyllis and she was very pleased. Adjacent is the wording for the plaque which will be prominently posted. An event will be scheduled to commemorate this trail. We will let you know when it will take place.

Joe Beemster

## PHYLLIS HARMON BICYCLE & PEDESTRIAN PATH

DEDICATED IN RECOGNITION OF HER  
TIRELESS WORK TO PROMOTE ACCESS  
TO CYCLING FOR ALL.

FALL 2013

## *LIB Extra - from the League of Illinois Bicyclists*

### **BikeSafetyQuiz.com is Live!**

More than 3,000 people have already taken the quiz at [bikesafetyquiz.com](http://bikesafetyquiz.com), a resource for bicyclists and motorists on how to properly share the road with each other. The tool is meant to help close an education gap – and reduce resentment – for both road user types.

The free, first-of-its-kind website teaches users key safety techniques and relevant Illinois state laws in an interactive quiz-based format for various audiences: “[Adult Bicyclists](#),” “[Motorists](#)” and “[Child Bicyclists](#).”

In each, the user progresses through a total of 25-33 multiple-choice questions, divided into bronze, silver and gold levels. The learning comes from explanations in the question response feedback, with users getting up to three chances to answer each question correctly. “When motorists and bicyclists know how to share the road and follow the rules, it makes the trip safer and less stressful for both,” LIB executive director Ed Barsotti said. “Our online quizzes are a quick, easy, and fun way for all of us to learn a bit more.”

The League is inviting all Illinois residents, who drive or bike, to “test their bike safety IQ” with the [\[quiz.com\]\(http://quiz.com\) quizzes. Besides checking and honing their knowledge, people who complete a quiz are eligible for raffle prize money and other incentives. Elementary schools and driver education programs with high participation rates are also eligible. The annual prizes are funded by Illinois’ Share the Road specialty license plates for cars, vans, and light trucks. LIB is partnering with the DuPage County Health Department \(DPCHD\) on a “Bicycle Safety Challenge” for the county’s elementary schools. We will be raffling \\$2,500 early this fall to schools with high fifth-grade participation.](http://bikesafety-</a></p>
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### **Illinois Bike-on-Amtrak Guide Available!**

LIB has a new Bike on Amtrak Guide! Have you wanted to give bike touring a try? Using our state’s “walk-on” bikes-on-Amtrak program allows bicyclists to do close-to-home day, weekend, or even longer trips in Illinois.

We developed the guide to encourage and assist Amtrak-based bicycle tourists by providing information for participating communities, including links to maps with good rural routes near the town.

The guide currently includes pages on Bloomington-Normal, Carlinville, Champaign-Urbana, Dwight, Pontiac and Quincy with plans for more communities to be included! For more information, visit LIB’s [Bike-on-Amtrak Guide page](http://www.bikelib.org) at [www.bikelib.org](http://www.bikelib.org)!

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Ask for your  
*Wheeling  
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The **Wheeling Wheelmen Bicycle Club** has an active Yahoo Group available on the Internet. The group works like a bulletin board and allows us to exchange email with other club members without having to know everyone's individual email address. You must subscribe to the group before you can send a message. Follow the instructions required by Yahoo to complete your registration.

**NOTE:** Due to spam and email address hijacking concerns, subscription to the Yahoo Group is limited to current members of the Wheeling Wheelmen Bicycle Club only. If you have questions about club membership, rides or events, please send an email to: [wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

To Subscribe send an email message to:  
**[wheelingwheelmen-subscribe@yahoogroups.com](mailto:wheelingwheelmen-subscribe@yahoogroups.com)**

To Unsubscribe send an email message to:  
**[wheelingwheelmen-unsubscribe@yahoogroups.com](mailto:wheelingwheelmen-unsubscribe@yahoogroups.com)**

To post a message send your message in an email to:  
**[wheelingwheelmen@yahoogroups.com](mailto:wheelingwheelmen@yahoogroups.com)**

The group name is: **wheelingwheelmen** and is available at: [pgroups.yahoo.com/group-wheelingwheelmen](http://pgroups.yahoo.com/group-wheelingwheelmen)

**Wheeling Wheelmen Membership Application**

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Children's Names: \_\_\_\_\_ Age: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_ Age: \_\_\_\_\_  
 Phone #: \_\_\_\_\_ E-mail: \_\_\_\_\_  
 New Member?  Renewal?  Family dues:  \$25 Individual dues:  \$20

**Membership Pledge:** I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

\_\_\_\_\_  
 Applicant's Signature (parent's signature if a minor) Spouse's Signature Date

Mail this application with payment to Wheeling Wheelmen, P.O. Box 7304, Buffalo Grove, IL 60089-7304



**Wheeling  
Wheelmen**

P. O. Box 7304  
Buffalo Grove, Il.  
60089-7304  
wheeling@wheelmen.com



**We are on the web**  
**wheelmen.com**

Join us on



**SAVE THE DATES**

Harmon Hundred - Sunday, Sept. 8  
Banquet - Sunday, Nov 10  
Holiday Party - Sunday, Dec 8

**CLUB DISCOUNTS**

The following local shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

**ALBERTO'S CYCLES**  
661 Central,  
Highland Park  
847- 432-0015

**AMLINGS CYCLE & FITNESS**  
8140 N Milwaukee Ave.  
Niles  
847-692-4240

**B&G CYCLERY**  
131 E. Rollins Rd,  
Round Lake Beach,  
847-740-0007

**BICYCLE CONNECTION OF SCHAUMBURG**  
1226 N Roselle Rd.  
Schaumburg  
847-882-7728

**GEORGE GARNER CYCLERY**  
1111 Waukegan Rd.  
Northbrook, 847-272-2100

**LIBERTYVILLE CYCLERY**  
740 N. Milwaukee Ave,  
Libertyville, 847-362-6030

**MIKES BIKES**  
155 N Northwest Hwy,  
Palatine, 847-358-0948

**RUNNER'S HIGH & TRI**  
121 W. Campbell,  
Arlington Hts.,  
847-670-9255

**SPOKES**  
69 Danada Square E,  
Wheaton 630-690-2050  
1807 S. Washington, #112  
Naperville, 630-961-8222

**TREK BICYCLE STORE – HIGHLAND PARK**  
1925 Skokie Hwy  
Highland Park [trekhp.com](http://trekhp.com)  
847-433-8735

**THE CYCLERY**  
575 Ela Road, Lake Zurich  
847-438-9600

**VILLAGE CYCLESPORT**  
45 Arlington Hts Rd  
Elk Grove Village  
847-439-3340  
1326 N. Rand Rd.  
Arlington Hts.  
847-398-1650  
203 W. Northwest Hwy  
Barrington  
847-382-9200

**WHEEL & SPROCKET**  
1027 Davis Street  
Evanston  
847-864-7660  
[wheelandsprocket.com](http://wheelandsprocket.com)

**We support:**

- \*The League of American Bicyclists
- \*The League of Illinois Bicyclists
- \*Active Transportation Alliance
- \*Buffalo Grove Bike Rodeo
- \*Bicycle Federation of Wisconsin

**JOIN THE LEAGUE!**

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$35 and should be sent to:

League of American Bicyclists,  
1612 K Street, NW, Suite #401  
Washington, DC 20006  
Tel: 202-822-1333 Fax: 202/822-1334  
E-mail: [BikeLeague@aol.com](mailto:BikeLeague@aol.com)  
Web Site: [www.bikeleague.org](http://www.bikeleague.org)

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE