Chill Out 37

Dist	Туре	Note	Next
0.0	•	Start of route	0.0
0.0		L onto Old McHenry Rd	0.3
0.3		Continue straight onto Fremont Way	0.1
0.4		L to stay on Fremont Way	0.2
0.6		L to stay on Fremont Way	0.2
0.8		R on to Arlington Heights Road	0.1
0.8		L onto Alden Lane	0.0
0.9		R onto Aspen Drive	0.2
1.1		L onto Ivy Hall Lane	0.3
1.3		L onto Indian Spring Lane	0.1
1.4		R onto Dunham Lane	0.2

1.4 miles. +19/-49 feet

Dist	Туре	Note	Next
16.4		R onto Brierwoods Lane	0.5
16.9		L onto Bruce Circle	0.6
17.5		Straight onto Acorn Drive	0.4
18.0		L onto Old McHenry Road	1.8
19.8		R onto Old McHenry Road	1.7
21.4		Sharp L onto Fairfield Road	0.7
22.1		R onto Schwerman Road	0.7
22.8		L onto Owens Rd	0.1
22.9		Caution. Trail is ahead. First 100 feet are very poor condition.	0.1
23.0		Watch out for center post.	0.1

Dist	Туре	Note	Next
1.6		R onto Checker Drive	4.0
5.6		L onto Route 53	0.3
5.9		R onto Long Grove Road	3.0
8.8		R onto Deerpath	1.1
9.9		R onto Cuba Rd	1.2
11.1		L onto Warwick Ln	0.6
11.7		L onto Pheasant Ridge Drive	0.7
12.3		R onto Buffalo Creek Drive	0.1
12.5		R onto Old Mill Grove Road	2.5
15.0		R onto Echo Lake Road	0.4
15.3		Sharp L onto Miller Road	1.1

13.9 miles. +498/-333 feet

Dist	Туре	Note	Next
23.1		Almost straight onto Millennium Trail. Go slow.	0.4
23.5		R to stay on trail. About half mile more.	2.6
26.1		R onto Chevy Chase Rd	1.5
27.6		Continue onto Lakeview Pkwy	0.5
28.1		L to stay on W Lakeview Pkwy	0.2
28.3		Continue onto Middleton Pkwy	0.9
29.1		L onto Gilmer Road	1.7
30.9		R onto Darlington Drive	1.2
32.1		L onto Old McHenry Road	3.4
35.5		End of route	0.0