Long Grove to Lake Bluff

| Dist | Type | Note | Next |
| :---: | :---: | :--- | :---: |
| 0.0 | $\boldsymbol{\bullet}$ | Start of route | 0.0 |
| 0.0 | $\boldsymbol{\rightarrow}$ | R onto Archer Road | 0.0 |
| 0.1 | $\boldsymbol{\rightarrow}$ | R onto Robert Parker Coffin Road | 0.3 |
| 0.4 | $\mathbf{\uparrow}$ | Cross street and continue behind shopping <br> center. | 0.4 |
| 0.7 | $\boldsymbol{\rightarrow}$ | R onto Aptakisic Road | 0.8 |
| 1.6 | $\leftarrow$ | L onto Brandywyn Lane | 1.2 |
| 2.7 | $\leftarrow$ | L onto Prairie Road | 1.0 |
| 3.7 | $\boldsymbol{M}$ | Sharp R onto West Buffalo Grove Road | 0.2 |
| 3.9 | $\boldsymbol{\rightarrow}$ | R onto Port Clinton Road | 0.9 |
| 4.8 | $\mathbf{\uparrow}$ | Continue onto Jamestown Lane | 0.6 |
| 5.4 | $\leftarrow$ | L onto sidewalk and then back onto road | 0.1 |

5.4 miles. +84/-163 feet

| Dist | Type | Note | Next |
| :---: | :--- | :--- | :--- |
| 9.0 | $\rightarrow$ | R, rest stop at North Park | 0.3 |
| 9.3 | $\rightarrow$ | R onto North Riverwoods Road | 0.1 |
| 9.4 | $\mathbf{\uparrow}$ | At roundabout, take exit 2 onto Riverwoods <br> Road | 2.0 |
| 11.4 | $\rightarrow$ | R onto N Bradley Rd | 1.0 |
| 12.4 | $\leftarrow$ | L onto Old School Road | 1.0 |
| 13.4 | $\rightarrow$ | R onto North Saint Marys Road | 2.0 |
| 15.4 | $\rightarrow$ | R onto Atkinson Road | 2.4 |
| 17.8 | $\rightarrow$ | R onto Birch Avenue | 0.3 |
| 18.1 | $\rightarrow$ | R onto Foster Avenue | 0.2 |
| 18.3 | $\leftarrow$ | L onto sidewalk. Do not cross Waukegan <br> Rd | 0.1 |


| Dist | Type | Note | Next |
| :---: | :---: | :--- | :--- | :---: |
| 20.7 |  | Rest stop at train station. | 0.2 |
| 20.9 | $\rightarrow$ | R <br> Rurn right getting off bike path. Onto grass and cross <br> street. | 0.0 |
| 20.9 | $\mathbf{\uparrow}$ | Cross street onto East Woodland Road. | 0.1 |
| 21.0 | $\leftarrow$ | L onto Oak Avenue | 0.1 |
| 21.1 | $\rightarrow$ | R onto East Blodgett Avenue | 0.5 |
| 21.6 | $\rightarrow$ | R onto Birch Road | 0.1 |
| 21.7 | $\leftarrow$ | L onto East Washington Avenue/Maple <br> Avenue | 0.2 |
| 21.8 | $\leftarrow$ | L onto East Scranton Avenue | 0.0 |
| 21.9 | $\leftarrow$ | L onto Mountain Road | 0.2 |
| 22.1 | $\mathbf{T}$ | Continue onto Sunrise Avenue | 0.1 |

## 1.4 miles. $+19 /-41$ feet

| Dist | Type | Note | Next |
| :---: | :---: | :--- | :--- | :---: |
| 27.5 | $\leftarrow$ | L onto West Deerpath | 0.4 |
| 27.9 | $\leftarrow$ | L onto Chiltern Drive | 0.2 |
| 28.1 | $\leftarrow$ | L onto Chiltern Drive | 0.0 |
| 28.2 | $\mathbf{L}$ | Slight L onto Melody Road then immediate <br> sharp R | 0.0 |
| 28.2 | $\boldsymbol{M}$ | Sharp R onto North Ridge Road | 0.3 |
| 28.5 | $\leftarrow$ | L onto Townline Road, IL 60 | 0.0 |
| 28.5 | $\rightarrow$ | R onto South Ridge Road | 1.4 |
| 29.9 | $\boldsymbol{M}$ | Sharp R onto West Everett Road | 0.7 |
| 30.6 | $\rightarrow$ | Keep R onto West Everett Road | 0.5 |
| 31.0 | $\leftarrow$ | L onto Telegraph Road | 2.1 |
| 33.1 | $\rightarrow$ | R onto Wilmot Road | 0.3 |

7.4 miles. +102/-83 feet

| Dist | Type | Note | Next |
| :---: | :---: | :--- | :---: |
| 22.2 | $\boldsymbol{\uparrow}$ | Great place to rest and see the lake. | 0.1 |
| 22.2 | $\leftarrow$ | L onto Sunrise Avenue | 0.1 |
| 22.3 | $\rightarrow$ | R onto Ravine Avenue | 0.3 |
| 22.6 | $\leftarrow$ | L onto Moffett Road | 0.3 |
| 22.9 | $\leftarrow$ | L onto Moffett Road | 0.3 |
| 23.2 | $\boldsymbol{\uparrow}$ | Continue onto North Sheridan Road | 1.2 |
| 24.5 | $\boldsymbol{\rightarrow}$ | R onto East Deerpath | 0.2 |
| 24.6 | $\mathbf{4}$ | Sharp L onto Washington Road | 0.8 |
| 25.4 | $\boldsymbol{A}$ | R onto Ryan Place | 0.3 |
| 25.7 | $\leftarrow$ | L onto South Western Avenue | 0.1 |
| 25.7 | $\rightarrow$ | R onto East Onwentsia Road | 1.7 |

3.7 miles. +127/-76 feet

| Dist | Type | Note | Next |
| :---: | :---: | :--- | :---: |
| 33.4 | $\boldsymbol{\rightarrow}$ | R onto Duffy Lane | 0.9 |
| 34.3 | $\leftarrow$ | L onto Sanders Road | 1.5 |
| 35.8 | $\boldsymbol{M}$ | Sharp R onto Riverwoods Road | 0.8 |
| 36.6 | $\mathbf{A}$ | Sharp L onto Portwine Road | 0.7 |
| 37.3 | $\boldsymbol{\rightarrow}$ | R onto Orange Brace Road | 0.6 |
| 37.9 | $\boldsymbol{\nearrow}$ | Slight R onto Thornmeadow Road | 0.3 |
| 38.2 | $\mathbf{A}$ | Sharp L onto Deerfield Road | 0.3 |
| 38.4 | $\boldsymbol{\rightarrow}$ | Next R | 0.0 |
| 38.5 | $\boldsymbol{\rightarrow}$ | R onto Chicory Lane | 0.0 |
| 38.5 | $\mathbf{~}$ | Slight R onto Chicory Lane/Busch Parkway. | 0.5 |
| 39.0 | $\mathbf{\uparrow}$ | Walk around the gate then continue straight <br> across Milwaukee Road.. | 0.1 |

5.9 miles. +74/-118 feet

| Dist | Type | Note | Next |
| :---: | :---: | :--- | :---: |
| 39.1 | $\boldsymbol{\uparrow}$ | Continue straight on Bush parkway. | 0.9 |
| 40.0 | $\boldsymbol{\rightarrow}$ | R onto Deerfield Parkway | 0.1 |
| 40.1 | $\leftarrow$ | L onto Commerce Court | 0.1 |
| 40.3 | $\leftarrow$ | L onto trail | 0.2 |
| 40.4 | $\boldsymbol{~}$ | Slight R | 0.2 |
| 40.6 | $\boldsymbol{~}$ | Slight R onto Rapneel Road. | 0.3 |
| 40.9 | $\boldsymbol{\wedge}$ | Sharp R onto West Pauline Avenue | 1.0 |
| 42.0 | $\mathbf{\uparrow}$ | Continue onto Townplace Pkwy | 0.1 |
| 42.0 | $\mathbf{~}$ | Continue behind buildings towards <br> Deerfields. | 0.2 |
| 42.2 | $\boldsymbol{\rightarrow}$ | R onto Old Checker Rd | 0.1 |
| 42.3 | $\mathbf{\uparrow}$ | Continue on Checker Road. | 0.9 |

3.2 miles. $+80 /-36$ feet

| Dist | Type | Note | Next |
| :---: | :---: | :--- | :---: |
| 45.5 | $\boldsymbol{\rightarrow}$ | R onto Archer Road | 0.0 |
| 45.5 | $\boldsymbol{\rho}$ | End of route | 0.0 |


| Dist | Type | Note | Next |
| :---: | :---: | :--- | :---: |
| 43.1 | $\rightarrow$ | R onto Checker Drive | 0.2 |
| 43.4 | $\leftarrow$ | L onto Carry Lane | 0.1 |
| 43.4 | $\rightarrow$ | R onto Twisted Oak Lane | 0.1 |
| 43.5 | $\leftarrow$ | L onto Dorncliff Lane | 0.2 |
| 43.7 | $\rightarrow$ | R onto Indian Spring Lane | 0.7 |
| 44.4 | $\mathbf{4}$ | Sharp L onto Belmar Lane | 0.2 |
| 44.6 | $\rightarrow$ | R onto Alden Lane | 0.1 |
| 44.7 | $\rightarrow$ | R onto Arlington Heights Rd | 0.1 |
| 44.8 | $\leftarrow$ | L onto Fremont Way | 0.2 |
| 44.9 | $\rightarrow$ | R onto Fremont Way | 0.2 |
| 45.1 | $\rightarrow$ | R onto Fremont Way | 0.4 |

2.8 miles. $+72 /-38$ feet

