



# March

Wednesday, Mar. 4 7:30 p.m.

WHEELING HIGH SCHOOL Elmhurst Rd. & Hintz

Room 217 2nd Floor N

PROGRAM: JERRY GOLDMAN

Jerry will tell us about his Pedal Across Wisconsin Tours: Whitewater Weekend, Rock River Adventure, Door County Weekend, New Glarus Fall Fantasy, and the week long Heart of Wisconsin.

# THE PREZ SEZ

If the attendance and enthusiasm at our February meeting was any indication of what kind of a cycling year we'll have, it'll be super! While talking with old members, new members and guests, I could feel their excitement over the upcoming cycling season.

Over 50 people attended the meeting in which the "Social Cyclist", Carter Le Beau of the Quad City Bicycle Club, spoke to us. He was interesting and informative. We were also honored by the presence of two Illinois bicycle club presidents: Ron Matuska of the Illinois Valley Wheelmen in Peoria and Chris Hayden of the Arlington Heights Bicycle Club.

At our social get together after the meeting we had an opportunity to visit with Ron Matuska. His trip by bicycle in Baja was the highlight of our conversation.

After looking at our 1987 ride schedule, we know Jim Grant has done another fine job in setting a wide variety of rides for everybody. Bring on the warm weather!



WHEELING WHEELMEN P. O. Box 581.D,

Wheeling, Illinois 60090



# CARTER LE BEAU.

by Jenny Grant

While Phyllis Harmon was leading the New Zealand tour, Carter Le Beau, the "social cyclist", visited us at our February meeting to present his program "A Potpourri On The Joys of Cycling." He first presented an overview of his bicycling philosophies and then showed slides of previous TOGIRs (The Other Great Iowa Ride). The crowded room of eager listeners enjoyed his enthusiasm. Carter expressed his regret that Phyllis wasn't present. He has known her for a number of years.

Carter feels that a reason for people staying with bicycling is the social aspect, in short, having fun with others. Exercise is a side benefit of having a good time and meeting other people. Social riders stop at every cafe and general store along the route. The biking day begins at 6 a.m. and en 1 at 8 p.m., allowing plenty of time to cover a good distance while still having time to socialize.

Being a social rider, Carter does not like to camp when bicycling cross country. The Mom and Pop motels in the small towns are more attractive than the campgrounds a few miles outside of town. The campgrounds remove the traveller from the local character of the area as one meets transient people instead of the locals.

As a member of the Quad Cities Bicycle Club, Carter talked a bit about the activities of QCBC. The club doesn't look at bicycling as a seasonal activity. Rides take place every Wednesday, Saturday and Sunday throughout the entire year. Winter bicycling is no different than skiing or other winter sports if one is dressed for the weather. We were surprised to learn that QCBC does not have ride leaders because ride leaders take manpower, and the club does not want a handful doing all the work. Being a ride leader tends to take away some of the enjoyment of the ride for the leader.

Everybody was fascinated by Carter's tales of tailwind rides. A group of cyclists embark on a weeklong trip from Iowa and literally ride with the wind at their backs. They do not have a destination. The group may end up 300 - 900 miles away, depending upon the shifting and speed of the wind. This means Michigan is as likely as Wisconsin, Illinois, or even Kentucky can be reached before the allotted time runs out. The adventurers then rent cars and return home.

We all enjoyed the slides of past TOGIRs and even spotted Don Derebey in one. The 460-mile week-long loop trip stays each night at a different college campus. Carter Le Beau also organizes LION (Loop Iowa's Outstanding Northeast) and TIGER (Tour Iowa's Great Eastern Region), both weekend rides.

Carter's presentation stimulated many of us to review our own philosophies about bicycling with other club members.

# Bicycle Safety Poster Contest

For the second year Secretary of State Jim Edgar is promoting a poster contest for children in third through eighth grades. Poster size and contest rules are on forms that can be picked up at your local libraries. Bicycle safety posters must be turned in early in April. Judging, based on originality, artistic quality and creativity, will be on April 16. A number of prizes will be awarded. Any questions - call Elliott Kanner at North Suburban Library, 459-1300

### Membership Renewal

Please, please do <u>not</u> send in moneý without *signing* and *enclosing* the release form sent to you earlier. If you need another, call Pat Marshall at 564-0346.

OH NO' ELIDA RECH MOVED TO FLORIDA' She'd love Wheeling Wheelmen letters: 2263 Jackson St., Ft. Meyers, FL 33901. Phone 813-332-0276.

Duncidont.	A1 D-++	242 722
President:	Al Petty	948-7288
Vice-Pres:	Jim Grant	506-1269
Treasurer:	Betty Vargas	259-3210
Membership	Pat Marshall	564-0346
Safety:	Rich Wemstrom	634-1168
Secretary:	Phyllis Harmon	537-1268
Editor:	Phyllis Harmon	537-1268

# Schedule



NOTE: Any unscheduled Saturday in March, weather permitting, 10 a.m., bike from Chamber Park, Wolf Road north of Dundee Road, Wheeling.

#### Mar. 15 ST. PATRICK'S DAY RIDE

Sun. 11 a.m., 25 miles from Wheeling High School, Rt. 83 and Hintz, west parking lot. This is our first invitational for the year. \$1.00 includes marked route and refreshments. St. Patrick's Day patch \$2.00. Need cookies from our excellent cookie bakers! Jim Grant - 506-1269.

#### Mar. 22 SHOE FACTORY EXPRESS Palatine

Sat. 11 a.m. 35 miles from Harper
College, parking lot on Euclid
just east of Roselle Rd.,
Rich Wemstrom - 506-1269

#### Mar.28 LAKE COUNTY RIDE, Long Grove

Sat. 10 a.m. - 35 miles from Kil-B deer School. Joint ride with Arlington Bike Club. Kurt Schoenhoff - 540-0861

#### Apr. 4 APPLE PIE RIDE, Buffalo Grove

Sat. 11 a.m. - 35 miles from Buffalo B Grove H.S., Arlington Heights and Dundee Roads. Lunch at Wauconda Apple Orchard. Elliott Kanner - 541-9176

RIDE RATING: This year rides are being rated "A", "B" or "AB" This means "A" rides will average 14-16 mph; "B" rides will average 10-13 mph, and "AB" rides means two groups riding - one at 14-16 mph and the other at 10-13 mph.

You all have your 1987 Ride Schedule but be sure to use the schedule each month in our newsletter, for that will include any update, changes or cancellations.

## **BICYCLE USA 1987 RALLIES**

1987 BICYCLE USA National Rally July 1-5, 1987

M†chigan State University

'87 National Rally P.O.Box 25114 Lansing, MI 48909 GEAR '87 Long Island July 17-20, 1987

State University
of New York
at Stony Brook
GEAR '87
P.O.Box 7159
Hicksville NY

NATIONAL RALLY \$150 incl. room and 10 meals, program book, patch, rides, ice cream social, Western Bar-B-Q, movies, dancing, parade, river boat ride and entertainment. Post Rally tour to Mackinac Bridge available.

GEAR'87 Long Island \$117 incl. three nights, 8 meals, rides, exhibits, workshops, music, dancing, etc. Applications from Phyllis Harmon.

#### INVITATIONALS

1987 BIKECENTENNIAL TOURS. Write to P.O. Box 8308, Missoula, MT 59807 for list of 31 bicycle trips from 5 to 90 days in length.

May 23-25 TOKRV - Tour of the Kicka-poo River Valley. 3-day tour sponsored by Ahicago Council AYH. \$50 incl. 3 overnight campsites, 8 meals, baggage service. From Spring Valley AYH near Dodgeville, Wis. Carl Sand, P.O. Box 267, Fox Lake, IL 60020. Phone 312-587-8629.

June 28 Snow White 60. For Women only 30, 60 and 100 miles. Men are encouraged to assist with ride. Arlington Heights Bicycle Assoc. M-E Spirek, 398-1650

July 5-19 GRABAAWR Great Annual Bicycle Adventure Along the Wisconsin River. From headwaters of the Wisconsin River on the Michigan border to the junction of the Wisconsin and Mississippi Rivers. \$60 - 450 miles in 6 days. Land O'Lakes to Rhinelander, Wausau, Port Edwards, Mauston, Spring Green to Prairie du Chien. Application: GRABAAWR, Common Cause, 16 N. Carroll St., (610) Madison WI 53701. Ride all or any sections.

#### POWWOW BICYCLE TOURS

June 28-Jul.3. 6-day, 375 mile tour. in area around Lake Winnebago. July 25-26 2-day 150 mile challenging ride over hilly terrain between Verona and Plattleville, Wis.

Info: POWWOW Bicycle Tours, 3533 W. Lapham St., Milwaukee, WI 53215.

Aug. 2-9 BAMMI Bicycle Across The Magnificent Miles of Illinois. Week long bicycle trip sponsored by the Chicago Lung Assoc. Mary Jo Pryble 243-2000.

Aug. 2-8 TRANE The Ride Around New England. 6-day trip through all six New England States. \$190 incl. motels and college campus, transportation of luggage. Worcester, Mass. to Brattleboro, VT, Concord, NH, York Beach, Maine, 1 rest day, Framingham Mass. to Worcester, Mass. via Rhode Island and Conn. Marc Goldstein, 2657 Albany Ave. West Hartford, CT 06117, 203-233-7348.

SIX TOBRAW TOURS The Other Bike Ride Across Wisconsin.

June 20-21 South Kettle Moraine \$35. June 27-28 North Kettle Moraine \$35. July 11-12 Military Ridge to

Hidden Valley \$35.
July 13-18 Wisc. River Valley \$75.
July 26-Aug.1 Door County \$100.
Oct.3-4 Kickapoo River Valley \$35.

Wisc.River includes 5 breakfasts, Door County 6 breakfasts, 2 evening meals.

Brochure from: TOBRAW, 3632 W. Maple St., Milwaukee, WI 53215 or phone 414-383-3561

Overnights at schools. Luggage transported. I suitcase; I sleeping bag or tent.



CROSS COUNTRY SKIING - Pat Marshall showed up to lead skiing at -7° weather at Deer Grove but no one else came. So she skied for three hours by herself and then enjoyed hot spiced tea she had made for all.

CROSS COUNTRY SKIING - Feb. 1 Dick Ryan led 4 skiers over the beautiful glaciated terrain of South Kettle Moraine area in Wisconsin. This day was sunny and almost too warm.

No snow Feb. 7 so cross country skiing at Daniel Wright Woods was cancelled, but it was so windless and warm (50°!!) that Jim Grant led 20 bikers on a 26.6 mile bike ride to check out the new St. Patrick's Day route from Wheeling High School. Can't beat the variety of Chicago winters!

No snow, so no skiing at Daniel Wright Woods, but fifteen riders enjoyed a taste of spring instead. Jim Grant led the 26.6-mile bike ride to check out the new St. Pat's route from Wheeling High School. I eventually removed my hat, mittens and one jersey as I discovered that the balmy, southerly wind did not even chill me. The day was a bicyclist's winter dream in escaping the confinement of indoor activities. The only reminders that winter was still hiding in the shadows were the snow piles and frozen ponds.

Jenny Grant

21 miles on Feb. 21. It was a beautifully warm, sunny day, so Pat Marshall and Elliott Kanner showed up at the Wheeling Community Center for a ride out Riverwoods Road to Old School and back.

#### New Zealand Adventure

Five Wheeling Wheelmen and five new friends recently returned from New Zealand, having bicycled on the tour organized by Phyllis Harmon. The tour was all you could ask for due to the spectacular scenery and the superb planning by Phyllis. This planning included the provision of daily cue sheets that were remarkably accurate.

Our thanks to Phyllis for all the effort on her part that made the trip run so smoothly.

Howard Paul

## Greetings From Dana

Dana Elsesser sends greetings to all her Wheeling Wheelmen friends. Although she lives in St. Louis now, she hopes to come up for a ride with us this summer.