



Monthly Meanders

Newsletter of the Wheeling Wheelmen Bicycle Club

June 2000

PREZ SEZ:

As the summer biking season gets into full swing, I'd like to comment on how it's going so far. I think that the Welcome Rides program initiated by our Ride Chairman Art is going very well. While the turnout is not huge by any means, those that do show up appreciate the fact that the pace is kept at a level comfortable to them, the mileage is kept in the 15 – 20 mile range, the routes chosen are relatively flat, and enough regular members show up so that there is a ride leader as well as a sweep. The small groups allow us to spend time getting to know these new riders, demonstrate safe group riding techniques, and encourage them to come out for club rides. I think that this program has a very good chance of succeeding if we can get enough volunteers to lead the rides after we have cycled through all of the Board Members. I think it is too much to ask new members who are just getting their feet wet with regards to group riding to lead a ride. Also, Art has mentioned several times to me, and I agree, it would be nice if we had some more female volunteers (Ela being the first and only

woman to participate so far) Up to this point all of the new riders have been woman, and I think the addition of more female rider volunteers would be a very positive addition to the program.

Our regular rides have for the most part had excellent turnouts, and I attribute this to three things: #1, Good weather brings out the riders; #2, the ride started relatively close in; #3, the mileage was in the 40 – 50 mile range. I don't think that the 80 – 100 mile rides, starting farther out are ever going to attract lots of riders. I, personally, not only have no problem with longer rides starting farther out, but feel that these rides are not only fun, but good training, and are a part of what our club is all about. My point is that these longer rides, while an essential part of our club ride schedule, should not be to the exclusion of the 40 – 50 mile rides closer in.

And for this to succeed I can only repeat the old refrain – “all we need is ride leaders to lead these rides”.

Until next month-

Al Berman

THE RIDE CHAIR

It is indeed gratifying to your old ride chair to see the ride program come into full bloom with the arrival of warm weather. The core weekend rides are drawing good crowds of 30 to 40 riders on the good days. It is great to see the new and renewed cyclists joining us on these early rides. As the more challenging rides are scheduled, shorter more convenient alternate rides will be available for folks who need to build up their condition or just don't have the time to take on the longer rides. The June schedule includes Frank Illy's "Training Rides" every Saturday as alternate rides. Also check the ride line during May for some of these alternate rides. I would like to hear from others who would host alternate rides on Sundays. There are a lot of folks who want to go for a ride but can't dedicate the whole day to it.

But the real joy of biking is to be realized on the great day-long 60 to 100 mile summer rides on the opened roads of Illinois and Wisconsin that make up the ride schedule. You don't have to be an ironman, or should I say an
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Club Officials

Elected Officers

President
 Al Berman (847)541-9248
V.P./Ride Chair
 Art Cunningham (847)963-8746
Treasurer
 Bob Savio (847)438-8066
Secretary
 Verne Aebli (847)934-3809
Membership
 Pam Burke (630)872-9238
Safety
 John VonLackum (847)670-9796

Appointed Officers

Newsletter
 Bill Bergeron (847)382-4704
 E-mail: Bergeron000@hotmail.com

Chairmen

Mileage Statistician
 Art Cunningham (847)963-8746

P.O. Box
 Phyllis Harmon (847)537-1268

Web Page
 Bill Bergeron (847)382-4704

LAB
 Phyllis Harmon (847)537-1268

Banquet
 Pam Zaverdas (847)359-5970

Government Relations
 Al Berman (847)541-9248

Club Meeting Refreshments
 Betsy Burtelow & Kris Woodcock

Newsletter Contributions

E-mail your ride notes, stories or articles for the newsletter to me by the 10th of each month to and be immortalized in the next issue of Monthly Meanders !

E-mail your submissions to:
 Bergeron000@hotmail.com

(Please include your name and phone number in case I have a question)

Moving?



Don't miss an issue of Monthly Meanders!! Call Pam Burke with all name, address and phone number changes at (630)872-9238.

Club Discounts!

The following local bike shops offer a **10% discount** on parts and accessories to all Wheeling Wheelmen with a valid membership card show at time of purchase.

AMLINGS CYCLE & FITNESS

8140 N Milwaukee Ave., Niles
 (847)692-4240

ARLINGTON BICYCLE COMPANY

45 S Dunton, Arlington Hts.
 (847)253-7700

BICYCLE CONNECTION OF SCHAUMBURG

1226 N Roselle Rd., Schaumburg
 (847)882-7728

BIKES PLUS

1313 N Rand Rd, Arlington Hts
 (847)398-1650

BUFFALO GROVE CYCLING AND FITNESS

960 S Buffalo Grove Rd., Buffalo Grv
 (847)541-4661

FS CYCLES

20556 N. Milwaukee Ave., Deerfield
 (847)537-2453

MIKES BIKES

155 N Northwest Hwy, Palatine
 (847)358-0948

SPOKES

223 Rice Square at Danada, Wheaton
 (630)690-2050
 1807 S. Washington, Naperville
 (630)961-8222

VILLAGE CYCLESPORT

63 Park & Shop, Elk Grove Village
 (847)439-3340
 215 W Golf Rd., Schaumburg
 (847)781-9960

Please welcome the following shops to the Wheeling Wheelmen preferred vendor list.

George Garner Cyclery

1111 Waukegan Rd
 Northbrook, IL 60062

The Cyclery

575 Ela Rd
 Lake Zurich, IL 60047

Libertyville Cyclery

800 N. Milwaukee Ave
 Libertyville, IL 60048

SPOKES

223 Rice Sq. at Donada
 Wheaton, IL 60187
 630-690-2050

Let's support our neighborhood bike shops!

HOLY HILL—
 Sat., August 19 & Sun., August 20

We are planning our annual weekend getaway to Ritchfield, Wisconsin. It will be two *challenging* days with beautiful scenery and lots of "formidable" hills. Saturday is Ella's Escapade, which is a 70-mile ride, and Sunday is Bill & Mike's Excellent Adventure a 75-mile ride. Unfortunately Mike & Ella can't make it this year, so Bob & Art will host the ride. If you can't make it for the whole weekend come on up for just the day.

Both rides will start at 9:00 a.m. leaving from Glacial Hills County Park. Directions: I-94 to 894 bypass, becomes US 45, exit WI 167 W to Fries Lake Road (in Washington Co.) left to park.

We will be staying Saturday night at the Super 8 in Germantown, WI. 262/255-0880. We will have a group dinner Saturday night, at our favorite Italian restaurant, if anyone is interested. Please let us know Saturday morning if you will be joining us for dinner.

Hope you can join us! If there are any questions, call :

Bob Savio 438-8066
 Art Cunningham 963-8746

Welcome New Members!



Scott Anderson & Sarah Egan
 DesPlaines

Kilian Emanuel
 Mt. Prospect

Lynda Karz
 Arlington Heights

Donald Ami
 Schaumburg

Chuck & Patricia Litgen
 Mt. Prospect

Ken Siok
 Arlington Heights

Velda Knorr
 Buffalo Grove

Monthly Meanders of the Wheeling Wheelmen

**Ride Schedule
Date**

All
Riders
Should:

*wear a helmet
*bring water
*bring snacks

*have a bike in good condition
*bring a spare tube and patch kit
*bring a bike pump

*bring an ID card
*bring \$\$ for food and phone
*arrive early...15-30 minutes

Sat. 6-3	9:00	Paris School	Paris, WI	I-94 W, exit WI 142 W to County D, turn left to school	40 / 55	Ron & Judy Hattendorf
Sat. 6-3	8:00	Training Ride	Paul Douglas Forest Pre-	On Central Rd. 1 ½ mi west of Roselle Rd just north of I-90	28/32	Frank & Pat Illy 923-5910
Sun. 6-4	9:00	Ride to McHenry	Barrington H. S.	Main Street (Lake Cook) West of RT. 59	65	Frank Illy 923-5910
Wed. 6-7	9:00	Fox Valley/ McHenry Prairie Tr.	Dundee Depot	N. River St. 2 blocks north of Rt. 72 at Barrington Ave.	46	Art Cunningham 963-8746
Sat. 6-10	8:00	Antioch- Twin Lakes	Antioch Middle School	I-94 to IL. 173 west just past IL. 59, turn right on Tiffany left at	60/80	To be announced
Sat. 6-10	8:00	Training Ride	Paul Douglas Forest Pre-	On Central Rd. 1 ½ mi west of Roselle Rd just north of I-90	28/32	Frank & Pat Illy 923-5910
Sun. 6-11	8:00	Wauconda- Twin Lakes	Wauconda Orchards	Gossell Road, ½ mile off Fairfield, north of RT. 176	55/72	Art Cunningham 963-8746
Wed. 6-14	8:00	Prairie Path- Aurora Loops	Blackwell Forest	I-88 west to Warrenville Rd., 1.5 mi. to left on Butterfield Rd., ½ mi. to	40/62	Art Cunningham
Sat. 6-17	8:00	Rock Cut State Park	Evergreen School, Un-	I-90 West to US 20 to Coral. Turn right to Northrop. Turn left to	90	Jim Edmiston 815-899-1503
Sat. 6-17	8:00	Training Ride	Paul Douglas Forest Preserve	On Central Rd. 1 ½ mi west of Roselle Rd just north of I-90	28/32	Frank & Pat Illy 923-5910
Sun. 6-18	8:00	Tour of McHenry	Evergreen School,	I-90 West to US 20 to Coral. Turn right to Northrop. Turn left to Washington. Turn right to school.	64	Ella Shields 773-594-1755
Wed. 6-21	9:00	Lake Co. Des Plaines Riv.	Half Day Forest Preserve	On Milwaukee Ave. (Rt. 45) 1 mi. north of Rt. 22	38	Art Cunningham
Sat. 6-24	8:00	LaGrange/ Sullivan	General Store,	US 12 West past Elkhorn to County H	75/100	Al & Cindy Schneider
Sat. 6-24	8:00	Training Ride	Paul Dauglas Forest Pre-	On Central Rd. 1 ½ mi west of Roselle Rd just north of I-90	28/32	Frank & Pat Illy 923-5910
Sun. 6-25	8:00	Rural Wisconsin	Eagle Wis.	294 North, exit Hwy 11 West, to Hwy 75 right to Church	60/90	Al & Cindy Schneider

Please call the Ride Hotline (847)520-5010 for any last minute changes!

(continued from page 1)
 iron-person, to join Al and Cindy Schneider on one of their century or near century rides in the area. Most everyone can work up to it after a short period of frequent training rides of gradually increasing distances. Even an old geezer like me manages. There are some really great, unforgettable routes. So, *bike safely, bike often and experience the joys of the open road.*

The weekday schedule is also going strong. The Tuesday-Thursday Bakery rides, which are joint rides with the Arlington Heights club, are drawing 20 to 30 folks on a good day. Buffalo Grove's best have taken to blocking Buffalo Grove Rd. with their squad cars during the mass exit from the parking lot the crowd is getting so large. This is known as the geezer ride, but it is surprising how many folks have work schedules or can arrange work schedules to take in one or two weekday rides. And although there is a 25-mile, leisure route, you had better be in good condition to stick with the 40 milers who manage to average 16 to 17 mph.

Wednesday is a busy day with evening rides starting in the Elgin area and north Schaumburg area. Most every Wednesday morning there will be one of the series of "Tours of Chicagoland Bicycle Trails & Paths". These rides of 30 to 70 miles will feature a different touring trail/path every week through the year. After 5 rides at this writing, I can report that they are a success with a groups of up to 10 enjoying a leisurely ride (at least for those in fair to good condition). These rides may require some drive to the starting point. You have to go to the path; we cannot bring the path to you. There are also some Adventure Rides coming up in July, August

and September. Adventure rides are multi-day rides scheduled at more remote locations designed for overnight stays to cut down on travel time.

On July 15-16 there are the Cederburg, WI rides and on August, 19-20 there are "Ella's Escapade" and "Bill & Mike's Adventure" collectively the Holy Hill rides. Both these locations are north of Milwaukee a 2 to 2 1/2 hour drive away.

Unfortunately most motels in the area are already filled. On September 16-17 the "Wheeled Wanderlust" and "Ogle Odyssey" rides in the Rockford area originally scheduled for May will be held.

There's a lot going on this year and probably more to come. Hope to see you on a ride and hopefully on many rides.

Art Cunningham

Commendations:

Pedaling ducks of the month:

Greg Iverson & Ron Teeple on the April 23 "Back Roads of Barrington". "These are only passing showers," says Greg as he leads Ron into a morning deluge.
New ride inducing a record of short-cuts:

Art Cunningham's "Island Lake Loop" where a majority of riders even cut out the Island Lake Loop. They really know how to hurt a guy don't they.

Interested purchasing one of those cool Wheeling Wheelmen Jerseys?

Send an E-mail indicating your interest to: Wheeling@wheelmen.com

IF we accumulate 25 pre-orders, a new "batch" can be ordered. New Jerseys will be approximately \$65 each.

The current jersey is on display at: www.wheelmen.com/jersey

MEANDER STATS

89 Club riders recorded through May 7th
 44 riders with 100+ miles.

ELLA SHIELDS	332
PAM BURKE	209
VIRGINIA SAVIO	169
CINDY SCHNEIDER	157
BETSIE BURTILOW	150
CAROLE COHEN	150
KRIS WOODCOCK	150
JUDY HATTENDORF	148
FRAN GREEN	140
GERI MCPHERON	132

ART CUNNINGHAM	778
BOB SAVIO	659
BOB PLETCH	567
DENNIS BERG	395
JOE IRONS	388
KURT SCHOENHOFF	319
DAVID LACHMAN	299
BOB WALKOWITZ	293
LEN GEIS	275
DOUG HOOK	274

SPRING GREEN WEEK-END

After a lapse of several years, Fran & Al are returning to Spring Green over the Labor Day week-end. For those of you that did the trip before, I'm sure you have fond memories of the beautiful scenery, endless hills, and good food. Unfortunately our old Lodging is no longer available, but there are plenty of other motels and bed and breakfasts to investigate. While we are still in the planning stage as far as accommodations are concerned, we'd like to hear from you if you are interested in joining us, so we can decide what lodging would be best for the number of people going.

Please call us at :
(847) 541-9248 if you want to sign up for this trip or would like additional information.

Al Berman

WEDNESDAY TOUR OF CHICAGOLAND BICYCLE TRAILS & PATHS

JUNE SCHEDULE

June 7: Fox Valley / McHenry Prairie Trail – 46 mi.

(rescheduled from rainout)

Start: 9:00 AM West Dundee Depot (tourist bureau & chamber of commerce)

To get to the Depot take either Higgins (Rt. 72) or Dundee to East Dundee. Heading west on Higgins, turn right on N. River St. to the depot. Heading west on Dundee, bear right on Barrington Ave. 0.4 mi. past the Rt. 25 intersection 0.5 mi. to the depot at N. River St.

Description: We go north to Crystal Lake. Where the trail ends at Crystal Lake, follow the signs east on Crystal Lake Ave. and north on East St. to Veterans Park. A hilly trail through Veterans Park joins the new section of the Prairie Path at Hillside Rd. which goes to Ringwood. These trails are paved and suitable for both road and trail bikes.

June 14: Prairie Path Aurora Branch Loops – 40/62 mi.

Start: 8:00 AM - Roy C. Blackwell Forest Preserve, Warrenville
To reach the Forest Preserve from the East-West Tollway (I-88), go 1.5 mi. north on Winfield Rd., turn left on Butterfield Rd. ½ mile to the F. P. entrance. From the north the Forest Preserve is more conveniently reached from Rt. 59 left on Butterfield Rd. 1 ½ mi. to the F. P. entrance. Park in the first parking lot to the right near the entrance.

Description: After biking the Blackwell Forest Preserve trails, we take a connecting trail to the Aurora Branch of the Prairie Path and go west to it's end in Aurora. We then return to the Batavia Branch of the PP, take it to Kirk Rd. and follow a paved trail along Kirk & Fabian Rds. to the Fox River Trail and go south to Batavia for lunch. Continuing south along the east bank of the Fox River, we return to the Aurora Branch of the PP via the Batavia Branch to the Blackwell F. P. connecting trail where those wishing to terminate their ride may return to their cars. Those electing to continue take the Aurora Br. East to its end in Wheaton and tour the loops of the Herrick Lake / Danada Forest Preserves. Most of these trails are packed, crushed limestone – wide tires preferred.

June 21: Lake County Des Plaines Trail – South Segment – 38 mi.

Start: 9:00 AM - Half Day Forest Preserve The Half Day Forest Preserve is on Milwaukee Ave. 1 mi. north of Rt. 22. Park in the first parking lot on the right.

Description: We bike through forested trails along the Des Plaines River from south of Lincolnshire to north of Libertyville. Loops in Capt. Dan Wright and Old School Forest Preserves and a salient trail to Mundelein are included. Trails are packed, crushed limestone – wide tires preferred.

REGULARLY SCHEDULED RIDES

TUESDAY / THURSDAY DEERFIELD BAKERY RIDES

Rides with 25 / 45 mile routes leave the Deerfield Bakery promptly at 9:00 PM beginning May 1. These rides are normally show and go with cue sheets provided if requested. The Deerfield

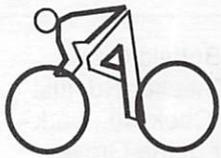
Bakery is on Buffalo Grove Road & Old Checker Rd. just north of Lake Cook Rd.; parking at the rear of the Grove Memorial Chapel. Phone Bob Savio at 438-8066 or Art Cunningham at 963-8746 for more information.

THE HILL AND DALE WEDNESDAY EVENING RIDES

Rides of 25 to 35 miles are scheduled to leave the Paul Douglas Forest Preserve at 5:30 P. M. Wednesday evenings. Cue sheets are provided. To reach the Paul Douglas Forest Preserve, go west on Central Rd. off Roselle Rd. just north of I-90. Go approximately 1 ½ mile and turn right into the parking lot. Phone Frank or Pat Illy at 932-5910 for further details. A blinker taillight is highly recommended.

ELGIN WEDNESDAY TWILIGHT RIDES

Rides of 20 to 40 miles as light conditions allow are scheduled to leave the Target Store parking lot near Elgin promptly at 6:00 PM. These rides are normally show and go with a goal of maintaining 14.5 – 15 mph with cue sheet options. Every attempt is made to return before darkness but blinking taillights are highly recommended. The Target store is on Randal Road just south of US 20. Phone Al & Cindy Schneider at 696-2356 for further information.



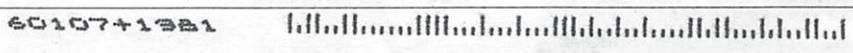
Wheeling Wheelmen
 P.O. Box 581-D
 Wheeling, IL 60090



NEXT CLUB MEETING:
 Thursday,
 August 3, 2000
 Wheeling High School
 Dundee & Hintz

849
 Pam Burke
 265 Green Knoll Lane
 Streamwood IL 60107

Everything is back on track.
 We'll be in Room 191 or
 whatever room
 the maintenance guy lets
 us in.
 - Al Berman, President—



JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists
 1612 K Street, NW, Suite #401
 Washington, DC 20006

Tel: (202)822-1333
 Fax: (202)822-1334

E-mail: BikeLeague@aol.com
 Web Site: www.bikeleague.org

In Addition to government relations, LAB also organizes many great cycling rides and rallies around the country. For information on these events call **(800)288-BIKE**

The Wheeling Wheelmen Proudly support:

***The League of American Bicyclists**

***The Chicagoland Bicycle Federation**

"When I see an adult on a bicycle, I do not despair for the future of the human race."

- H.G. Wells -

Check out our Website!



Web-page:
<http://www.wheelmen.com>

E-mail:
wheeling@wheelmen.com

Club Hotline
 (847)520-5010



Ride and Club Information