



# Monthly Meanders

Newsletter of the Wheeling Wheelmen Bicycle Club

June 2001

## THE RIDE CHAIR

**W**e are through windy April in our ride schedule. I read that this April was one of the windiest on record in the Chicago area. We are lucky that most of the rides were on shorter relatively protected routes in Lake County rather than out on the opened roads of McHenry or Kane County. Of course there was that April 8<sup>th</sup> McHenry County Show and Go ride. After fighting a stiff west wind to get to Union only a few found the extra stamina to do that extra loop to Harmony Rd. to get 49 miles. But that stretch back to Union was a blast! 90 club members experienced the joy of the opened road on at least one ride through the end of April. On Saturday the 8<sup>th</sup> the temperature finely got into the 70's and ride host Brian Hale passed out all 40 cue sheets to riders who couldn't wait to take advantage of the first really pleasant riding day of the season. That record was surpassed two weeks later with the Barrington Loop Ride on an even more spectacular Sunday when 46 signatures were on the signup sheet.

The first weekend of May just past was the first test of the short and long schedule. On a Saturday that started out with light showers 10 riders joined host Frank Illy on his "short" Honey Do Ride. The "long" Ice Cream Social out of McHenry College attracted 14 riders on a ride that host Rich Arnopolin cued in reverse saving the granny gear hill on Valley Hill Rd. for last. 24 total

turnout on a rainy day. Not bad! Sunday looked threatening though it turned out better than Saturday but still far from your ideal day. The "short" Apple Cider Ride hosted by Virginia Savio got a crowd of 31. Host Al and Cindy Schneider initiated a new ride, The Nifty Fifty, from the Elgin Target Store for the "long ride" with 10 riders. Combined 41 riders for the day matching our two 40 plus days in April. The turnout for the weekend bodes well for attracting enough riders to support the two-ride schedule.

I am really looking forward to the rest of the May rides capped by Mike and Ella's Memorial Day Weekend rides out of Germantown, WI. In the June schedule there is really a taste of the opened road with three centuries and two near centuries on tap. The schedule is capped with the excursion rides out of Middleton, WI. But there is a smiling, friendly host for a short, local ride every weekend day of the month as well. No excuse for staying home. So ride carefully, ride often and experience the joy of biking.

Art Cunningham

## Bike and Ride Program

Bicyclists Welcome on CTA Trains and Buses!

In 1999, the Chicago Transit Authority (CTA) introduced a "Bike and Ride Program" allowing customers to bring bicycles on CTA trains on weekends and select holidays. The CTA will be expanding this program on May 18. Cyclists will be allowed to ride every day except during rush hour periods—4:00 am to 10 am and 2:00 pm to 8:00 pm.

The CTA will further expand its "Bike and Ride Program" with a pilot program allowing bicycles on two CTA bus routes. Beginning in June 2001, bicycle racks will be installed on the front of buses serving the #63 (63rd St) and the #72 (North Ave) routes. The racks can hold two bicycles and they can be placed on the racks during normal hours of operation for each route. Come out and join us at the following locations, where Bicycling Ambassadors will demonstrate how to use the racks:

**Sunday June 10** 1:00 pm—3:00 pm  
Chicago Historical Society

**Wednesday June 13** 3:30 pm—7:00 pm  
North Avenue Beach

**Saturday June 16** 11:00 am—2:00 pm  
63rd Street Beach

For more information on taking bicycles on trains or buses, call 1-888-YOUR-CTA or go to [www.transitchicago.com](http://www.transitchicago.com). Feedback on the CTA's "Bike and Ride Program" is encouraged.





## Club Officials

### Elected Officers

#### President

Baby New Year (800)-Prezent

#### V.P./Ride Chair

Art Cunningham (847)963-8746

#### Treasurer

Al Berman (847)4541-9248

#### Secretary

Kris Woodcock (847)520-6932

#### Membership

Betsy Burtelow & (847)541-1325

Jim Boyer

#### Safety

Barry Cohen (847)459-7640

### Appointed Officers

#### Newsletter

Emily Qualich (847)821-1009

E-mail: E\_fuentes@msn.com

#### Harmon

Rich & Mary Kay Drapeau (847)808-1476

### Chairmen

#### Banquet

Pam Zaverdas (847)359-5970

#### Harmon Data Base

Jennie Pfeifer (847)342-8823

#### LAB

Phyllis Harmon (847)537-1268

#### Mileage Statistician

Art Cunningham (847)963-8746

#### Newsletter Mailings

Jennie Pfeifer (847)342-8823

#### Picnic

Al & Cindy Schneider (847)696-2356

#### Refreshments

Frank & Pat Illy (847)923-5910

#### St. Pat's Ride

Jim Edmiston (815)899-1503

#### Web Page

Bill Bergeron (847)382-4704

### Newsletter Policy

The deadline for articles is the 10th of the preceding month. You can mail or e-mail articles to:

Emily Qualich,  
2260 Apple Hill Ct. So  
Buffalo Grove, IL. 60089

or

Email: e\_fuentes@msn.com

(Please include your name and phone Number in case I have a question)

## NEXT Club Meeting August 2, 2001

### Moving?



Don't miss an issue of Monthly Meanders!! Call Betsy or Jim with all name, address and phone number changes at (847)541-1325.

## Board Meeting

The next board meeting will be held on Jun 14 7:00 p.m. at the home of Rich & Mary Kay Drapeau's. All board members are requested to attend.

### MEANDER STATS—2001

#### Men:

1. Art Cunningham	775
2. Verne Aebli	592
3. Joe Irons	576
4. Bob Pletch	500
5. Bob Savio	480
6. Bob Walkowicz	439
7. Earl Horwitz	312
8. Bob Dominski	301
9. Ralph Salle	296
10. Dave Waycie	263

#### Women:

1. Virginia Savio	342
2. Ella Shields	249
3. Marianne Kron	195
4. Kris Woodcock	179
5. Cindy Trent	144
6. Betsie Burtelow	144
7. Cindy Schneider	141
8. Mary Kay Drapeau	106
9. Judy Hattendorf	86
10. -Lorraine Arnold	85

### Welcome New Members



'Tis the season for organized rides. Let's take the opportunity to make new friends and let them know about the Wheeling Wheelmen!!

### WEEKDAY RIDES

#### TUESDAY / THURSDAY DEER-FIELD BAKERY RIDES

Rides with 25 / 45 mile routes leave the Deerfield Bakery promptly at **9:00 AM**. These rides are normally show and go with cue sheets provided if requested. The Deerfield Bakery is on Buffalo Grove Road & Old Checker Rd. just north of Lake Cook Rd.; parking at the rear of the Grove Memorial Chapel. Phone Bob Savio at 438-8066 or Art Cunningham at 963-8746 for more information.

#### THE HILL AND DALE WEDNESDAY EVENING RIDES

Rides of 25 to 35 miles are scheduled to leave the Paul Douglas Forest Preserve at **5:30 P.M.** Wednesday evenings. Cue sheets are provided. To reach the Paul Douglas Forest Preserve, go west on Central Rd. off Roselle Rd. just north of I-90. Go approximately 1 1/2 mile and turn right into the parking lot. Phone Frank or Pat Illy at 923-5910 for further details. A blinker taillight is highly recommended.

#### ELGIN WEDNESDAY TWILIGHT RIDES

Rides of 20 to 40 miles as light conditions allow are scheduled to leave the Target Store parking lot near Elgin promptly at **5:30 PM** starting June 1. Parking is at the SE corner of the lot. These rides are normally show and go with a goal of maintaining 14 - 15 mph with cue sheet options. Every attempt is made to return before darkness but blinking taillights are highly recommended. The Target store is on Randel Road just south of US 20. Phone Al & Cindy Schneider at 696-2356 for further information.

## MIDDLETON WEEKEND

June 23-24

Reserve time for the Middleton Weekend Excursion, June 23-24, featuring two rides leaving from Lakeview Park in Middleton, WI. Middleton is located at the western tip of Lake Mendota next to Madison. Two Rides are featured. The first ride, the Columbia County Meander, a 100 mile ride, heads through rolling countryside to Columbus, WI. There is a 65 mile version also. The second ride is the Devils Lake Dive, a 90 mile ride that heads north to the Merrimac Ferry, crosses Wisconsin Lake then loops around Devils Lake in the Barraboo Hills. This ride is rolling to hilly. There is a 70 mile version the misses the worst hills. Accommodations may be made the Colonial Motel in Middleton, a short drive from Lakeview Park: telephone 800-821-5994. Make arrangements early as it appears to be a busy time in the Madison area.

For information call Art Cunningham, 874-963-8746.

### We Get Mail

#### LIB 2001 Ride/Event Listing - Quad Cities

**Date:** Sun, Jun 17, 2001

**Event:** Ride the River

**Duration:** 1 day

**Location:** Quad Cities, Illinois-Iowa

**Start Times:** Bettendorf, IA, 6:00 a.m.-2:00 p.m.

**Distance:** Varies - 11 to 65 miles

**Fees:** \$8

**Limitations:** Helmets required and available for purchase at \$8 each (\$3 for kids).

**Features:** 17th annual Father's Day bicycle ride along the scenic riverfront trails through the Quad Cities. It's a river trip on the Celebration Belle; Ride the River Too (a kids' activity area); mountain biking on Sylvan Island; public art projects; kiosks and historical markers; inexpensive helmet sales; tasty food; cool drinks, and the wonderful experience of spending the day on the banks of the Mighty Mississippi River.

**Sponsors:** River Action

**Person:** Kathy Wine

**Phone:** 319-322-2969

**E-mail:** riveraction@netexpress.net

**Website:** www.riveraction.org

#### Monthly Singles Ride

Monthly Singles Ride 9:00 am start time from the Old School Forest Preserve near Libertyville at the "Trails" parking lot

The Bicycle Club of Lake County - First Of The Season

Saturday, March 24

Please feel free to pass this along to your club members and/or others within your organization. Thank you!

Singles Ride, always the 4th Saturday of the month from March through October, 9:00 am, Old School Forest Preserve, Libertyville. Park in the "Trails" parking lot. 15 mile ride on crushed limestone at social pace of 12 mph-ish with lunch afterwards at 11:15 am at Mickey Finn's in downtown Libertyville.

Typically, 30 to 40 riders show up and ride. Most are in there 30's and 40's followed by the 20's 50's and 60's with an equal mix of men and women. Helmets water, spare tube and a bike are strongly recommended. Old School Forest Preserve is located off of St. Mary's Rd., North of Rt. 60 and South of Rt. 176.

Contact Brooke Bauer: 847-680-0966.

<http://www.bikebclc.com>

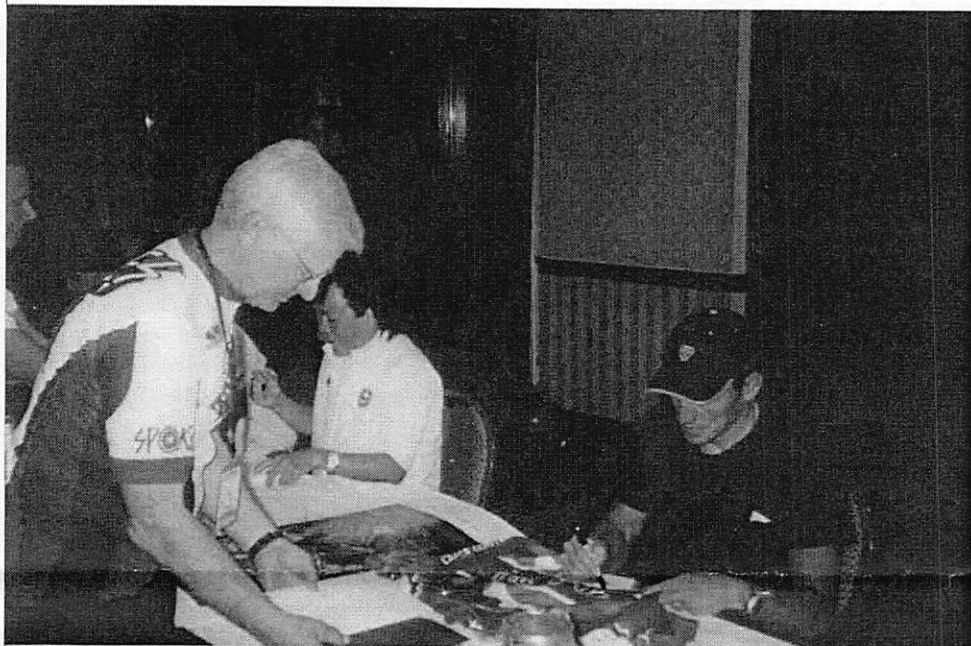
Ride Hot Line 847-604-0520

PS: Don't forget about our annual Ramble ride, June 10! See Web site for more details and application information. 500+ riders expected!!



## KILLIAN EMANUAL RUBS SHOULDERS WITH THE CELEBS

Our own Killian Emanuel and his son Rick rode in The Ride of the Roses April 7 & 8 in Austin TX with Lance Armstrong and Robin Williams. This ride is a money raiser for the Lance Armstrong Foundation dedicated to helping people manage and survive cancer. The Saturday Peloton ride was a short 25 mile ride limited to 380 people who had raised over \$15,000 for the Foundation. Rick had raised over \$40,000 on subscriptions for a transcontinental ride he and a friend had last summer so Killian had an opportunity to get in a select group with Lance and Robin. Over 8,000 riders participated on a 60 mile ride Sunday that raised over \$1,000,000 for the Foundation. Killian reports the Robin Williams was a strong rider and a real biking enthusiast.



4/07/01

Ride for the Roses  
Lance Armstrong Cancer Foundation  
Austin, TX

4/08/01

Ride for the Roses  
With Robin Williams  
Austin, TX



**Monthly Meanders of the Wheeling Wheelmen**

# Ride Schedule

All  
Riders  
Should:

\*wear a helmet  
\*bring water  
\*bring snacks

\*have a bike in good condition  
\*bring a spare tube and patch kit  
\*bring a bike pump

\*bring an ID card  
\*bring \$\$ for food and phone  
\*arrive early...15-30 minutes

Date	Time	Ride Name	Starting Point	Directions	Miles	Leader Phone #
Every Sat.	8:00 AM	Honey-Do Ride	Green Meadow, Dauglas F. P.	On Central Rd. 1 ½ mi west of Roselle Rd just north of I-90	28/40	Frank Illy 923-5910
Sat. 6-2	9:00	Another Day Another Way	Evergreen School, Union	I-90 West to US 20 to Coral. Turn right to Northrop. Turn left to Washington. Turn right to school.	75/100	Al & Cindy Schneider 696-2356
Sun. 6-3	9:00	Vern's PITA	Cuba Marsh	Cuba Rd. east of Rte. 59 or west of US 12	60	Verne Aeble 934-3809
	9:00	Hills & Horses	Rose School	I-90 to RT. 59 North, turn right on Penney road to the school just past Bartlett Rd.	40	Ron Teeple
Sat. 6-9	9:00	Antioch- Twin Lakes	Antioch Middle School	I-94 to IL. 173 west just past IL. 59, turn right on Tiffany left at sign for school	60/100	Al & Cindy Schneider 696-2356
Sun. 6-10	9:00	Fontana Ride	McHenry Co. College	Rt. 14 one mile past Rt. 176 in Crystal Lake. Meet in the north parking lot.	75	Dennis Berg 296-4971
	9:00 AM	Wauconda Bull Valley	Wauconda Orchard	Gossell Road, ½ mile off Fairfield, north of RT. 176	32/40	Kilian Emanuel 296-7874
Sat. 6-16	9:00	Rock Cut State Park	Evergreen School, Union	I-90 West to US 20 to Coral. Turn right to Northrop. Turn left to Washington. Turn right to school.	90	Barney Barber 262-835-7759
Sun. 6-17	9:00	Tour of McHenry	Evergreen School, Union	I-90 West to US 20 to Coral. Turn right to Northrop. Turn left to Washington. Turn right to school.	64	Bill Bergeron 658-5159
	9:00	Some Hills of Barrington	Kildeer School	Old McHenry Road, just north of Long Grove Shopping District	38	Jim Boyer 541-1325
Sat. 6-23	9:00	Columbia Co. Meander	Lakeview Park, Middleton, WI	From northbound I-94 turn left on US 12 around Madison, left on University Ave into Middleton to left on Lakewood, Park in left.	65/100	Art Cunningham 963-8746
Sun. 6-24	8:00	Devils Lake Dive	Lakeview Park, Middleton, WI	Same as above	70/88	Art Cunningham 963-8746
	9:00	Apple Cider	Kildeer School	Old McHenry Road, just north of Long Grove Shopping District	38	Kriss Woodcock 520-6932
Sat. 6-30	8:00	Sycamore Scamper	McHenry Co. College	Rt. 14 one mile past Rt. 176 in Crystal Lake. Meet in the north parking lot.	82	Art Cunningham 963-8746



## RIDES OF A DIFFERENT FLAVOR

The bike paths/trails on the June Schedule includes the fourth ride covering a segment of the Fox River/Prairie Path network. In April we covered the segment from East Dundee to Ringwood, 47 miles there and return, on a rainy day. In May a ride was scheduled to depart from Kline Farm in Winfield to cover the loop formed by the Great Northern East Path to the north and the Prairie path to the south between Winfield and Elmhurst. The ride continues along the Prairie Path to the eastern end at 1<sup>st</sup> Ave in Maywood and return. Total distance is 42 miles for this ride. Later in May a ride was scheduled to leave the East Dundee Depot going south on the Fox River trail to its junction with the Elgin Branch of the Prairie Path. Turning east on this we join the St. Charles Branch of the Prairie Path in Winfield returning on this through West Chicago to the Fox River Trail. After touring a local park trail in St. Charles, we continue north to return to East Dundee. Total mileage for this ride is 52 miles. The 62 mile ride scheduled this month starts with the Blackwell Forest Preserve trail, then joins the Aurora Branch of the Prairie Path taking it to Illinois Ave in Aurora. We then return to the Batavia Branch of the Prairie Path which we take to join the Fox River Path in Batavia. We go north on the Fox River Trail on the east bank to the Fabyan Road Path following this east to the Kirk Road Path. We turn at the entrance to the Fermi Lab following a trail which joins the Prairie Path in Warrenville to complete the west loop. We complete the ride by continuing east on the Prairie Path to Wheaton. On the return we turn off the Prairie Path on a short path adjacent to Westbrook Road to join the Herrick Lake and Danada Forest Preserve Path. The two forest preserve trail systems toured are the finest in Du Page County. The ride is completed via the Prairie Path to the starting point. Two additional rides are to be scheduled in the far southern and western part of this network.

Art Cuningham

## Ride Schedule June Chicago Area Bike Path / Trail Rides

DATE	TIME	MILES	PATH/TRAIL	START	DIRECTIONS	COMMENTS
6/6	9:00	46	Long Prairie Trail (Boone Co.)	East Trail Head, near Chenung, IL	North on Rt. 14 to Rt. 17, rt. 4 ½ mi to County Line Rd., rt. ¼ mi. to parking lot on the left.	Paved, packed crushed stone ***
6/13	9:00	55 loop	Medley of Trails – Poplar Creek to Ned Brown	Harper Collage	Off I-90 north on Roselle Rd. to Euclid, rt. into parking lot on left.	Paved with con- necting roads
6/20	9:00	40/62 partial loops	Prairie Path Aurora Branch Loops	Roy C. Blackwell F. P., Warrenville	South on Rt. 59 to Butterfield Rd., left. on Butterfield Rd. ½ mi to entrance on left. Park in 1 <sup>st</sup> lot to rt.	Packed crushed stone, some paved ***
6/27	9:00	38	Lake Co. Des Plaines River Tr. South Segment	Half Day Forest Preserve	Off Milwaukee Ave. 1 mi. north of Rt. 22. Entrance on east side, park in 1 <sup>st</sup> lot to rt.	Packed crushed stone. ***

## EXCURSION RIDES FOR 2001

- ♦ **Glacial Hills Rides.** Saturday, Sunday & Monday May 26,27&28. Accommodations at the Super 8 Motel in Germantown, WI (northwest of Milwaukee). Phone 800-800-8000 or 414-255-0880.
- ♦ **Middleton Rides.** Saturday & Sunday June 23 & 24. Accommodations at the Colonial Motel, Middleton, WI (west of Madison). Phone 800-821-5994.
- ♦ **Cedarburg Rides.** Saturday & Sunday July 21 & 22. Accommodations at the Super 8 Motel in Saukville/Port Washington, WI (north of Milwaukee). Phone 800-800-8000 or 414-284-9399.
- ♦ **Rockford Area Rides.** Saturday & Sunday August 18 & 19. Accommodations at the Super 8 Motel, Rockford, IL. Phone 800-800-8000 or 815-229-5547.
- ♦ **Kettle Moraine Rides.** Saturday & Sunday September 15 & 16. Motel accommodations at either Whitewater or Fort Atkinson. Phone Al or Cindy Schneider at 696-2356 for suggestions.
- ♦ **Montello Rides.** Saturday & Sunday October 13&14. Accommodations at the Hilltop Motel, Montello, WI (Green Lake County north of Portage, WI). Phone 800-560-9960.

## WE GET MAIL

### GABBLE-GABBLE

This story will remind all of us how much of an impact we have on the people and society around us, and warm your heart.

My wife Linda and I were at a "Tea" at the Emmett's brewery and restaurant, located in east Dundee, hosted by my good friend Carson Greene. The occasion was the end of the year HOUNDS and HORSES get together buffet and dinner. WE met many new friends and it was during one of our casual discussions that we met Mr. And Mrs. Foose. The Fooses live in the yellow house on the north-east corner of Lake-Cook and Meadowhill Road. Most of you will recognize this intersection as the uphill left turn off Lake-Cook during our Honey DO ride that Frank Lily leads every Saturday morning (Where have you all been lately ???). I exclaimed with pride that our Wheelmen go up that hill twice a week and that they have a nice home.

Mrs. Foose then began to tell me of the cutest story about her little child. You see, they would put the child in the child seat and periodically take her outside to do yard work, or the like, and the child would periodically exclaim GABBLE-GABBLE. Well they could not for their lives figure out what in the \_\_\_\_\_ this child was talking about!!!!!! Then one fine day, she was outside working in the yard, and lo and behold, here comes a Peloton of bicyclists and the first rider cries out "GRAVEL-GRAVEL" Well to say the least we laughed, and I asked her permission to recount this cute anecdote, as to this little child, and our riding habits. She says that they enjoy seeing us out there, and as you go riding by, say hello!

As a more serious note to this story Mrs. Foose told me that Lake-Cook is a terribly busy road and to please follow the laws and ride, Safe and Smart, as many drivers have no idea how to react with bikes and more than one rider has been seriously hurt there.

I hope this story warmed your heart as it did mine, and we look forward to seeing you on our Saturday morning rides.

May your journey be always downhill with the wind at your back!

C. Brian Hale #1007

## JOIN THE HEALTH CLUB OF YOUR DREAMS

- No initiation fees.
- Cheap yearly rates.
- No crazy diets.
- Friendly, free, personal trainers (ride hosts), who present routines with an 'exercise at your own pace' format.
- No sweat-drenched workouts (thanks to lycra, coolmax and wind).

So, get the beautiful body you want... strong legs and biker buns. Join the **Wheeling Wheelmen** and join the health club without walls, where the scenery is always changing. Why exercise with sweaty strangers when you can workout with fellow club members sharing cue sheets, directions and tales of the road.

### LOST and Found

a single arm warmer (black, size large) was found on the Back Roads of Barrington ride on 4/28 and a pair of aerobar pads (black with "SCOTT" embossed on them) were found in the parking lot of the Douglas Forest Preserve on the 5/5 Honey-Do ride. If anyone lost them they can contact Jim and Betsy at 541-1325.

### Wheeling Wheelmen Membership Application

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_

Address: \_\_\_\_\_ Children's Names: \_\_\_\_\_ Age: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Age: \_\_\_\_\_

Phone #: \_\_\_\_\_ E-mail: \_\_\_\_\_

New Member? \_\_\_\_\_ Renewal? \_\_\_\_\_ L.A.B. Member? \_\_\_\_\_ Family dues: \$20 Individual dues: \$15

**Membership Pledge:** I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

Applicant's Signature (parent's signature if a minor) \_\_\_\_\_ Spouse's Signature \_\_\_\_\_

Mail this application with payment to Wheeling Wheelmen, P.O. Box 7304, Buffalo Grove, IL 60089-7304





Wheeling Wheelmen  
P.O. Box 7304  
Buffalo Grove, IL  
60089-7304



849  
Pam Burke  
265 Green Knoll Lane  
Streamwood, IL 60107

Next Club Meeting will  
be August 2, 2001  
at  
Wheeling High School  
Rt 83 and Hintz Rd

We support:  
\*The League of American  
Bicyclists  
\*The Chicagoland Bicycle  
Federation

### In This Issue...

Ride Chair...June Ride Schedule...Bike and Ride Program

### Club Discounts!

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

#### AMLINGS CYCLE & FITNESS

8140 N Milwaukee Ave., Niles  
(847)692-4240

#### ARLINGTON BICYCLE COMPANY

45 S Dunton, Arlington Hts. (847)253-7700

#### BICYCLE CONNECTION OF SCHAUMBURG

1226 N Roselle Rd., Schaumburg, (847)882-7728

#### BIKE PROS

1313 N. Rand Rd, Arlington Hts. , (847)398-1650

#### BUFFALO GROVE CYCLING AND FITNESS

960 S Buffalo Grove Rd., Buffalo Grove  
(847)541-4661

#### FS CYCLES

20556 N. Milwaukee Ave., Deerfield  
(847)537-2453

#### GEORGE GARNER CYCLERY

111 Waukegan Rd., Northbrook, IL 60047

#### LIBERTYVILLE CYCLERY

800 N. Milwaukee Ave, Libertyville, IL

#### MIKES BIKES

155 N Northwest Hwy, Palatine, (847)358-0948

#### SPOKES

223 Rice Square at Danada, Wheaton  
(630)690-2050

1807 S. Washington, Naperville

(630)961-8222

#### The Cyclery

575 Ela Road, Lake Zurich

#### VILLAGE CYCLES/SPORT

63 Park & Shop, Elk Grove Village

(847)439-3340

215 W Golf Rd., Schaumburg

(847)781-9960

## JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists  
1612 K Street, NW, Suite #401  
Washington, DC 20006

Tel: (202)822-1333

Fax: (202)822-1334

E-mail: BikeLeague@aol.com

Web Site: www.bikeleague.org

In Addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE.

Check out our Website!



Web-page:  
<http://www.wheelmen.com>

E-mail:  
[wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

Club Hotline  
(847)520-5010



Ride and Club Information