

Monthly Meanders

Newsletter of the Wheeling Wheelmen Bicycle Club

September, 2002

PREZ SEZ

Greetings fellow club members. Holy Trek batman!!! Here it is August already. My lawn may be brown but what the heck I'm getting a lot or riding in this year so I won't complain too much about the lack of rain. The Tuesday night "working stiff" ride is still going strong. We are getting 12-15 riders every week. One of the great things about this ride is the number of new faces each week. I'm sure we've signed up 6-8 new members. Please come out and join us on this or any of the more than 300 rides scheduled this year.

Special thanks go to Al and Cindy Schneider for hosting the club picnic. We had a beautiful day. Kurt led a 35-mile road ride out to Wauconda and back and Art led a group on a 25-mile trail ride. Everyone met afterward for cold refreshments and plenty of food. Check out the web site for pictures. We should do more social events like this. It gives everyone a chance to relax and visit other than the short time we spend together before rides. I'm open to any suggestions.

The final artwork was approved for the new club jerseys. You should have yours by the time this newsletter comes out. If you don't please let a board member or me know and we'll get it to you... If you did not get to order one or want additional jerseys or shorts, we can place another order this fall. Let me know if your interested and I'll set a date for a reorder. Thanks again for your patience. It's been a long process.

Plans are in the final stages for this years Harmon Hundred. Marykay Drapeau has most of the help lined up. She can always use additional volunteers somewhere, so call Marykay at 847/808-1476 if you can help out. Get the word out to everyone you know. We need a good turnout this year. Last year the weather could not have been worse. It rained all day and a cold front dropped the temperature 20 degrees. It was an amazing effort by our club members getting everyone off the road and sagged back to Wilmot. Any influence you have with the weather gods will be appreciated. I'm also asking for new ideas for next years ride to help boost attendance. Perhaps we can take advantage of the skate park/ bike town at Wilmot Mountain

to draw more families.

Notes from the League of Illinois Bicyclists:

- The LIB is teaming up with the Illinois Dept. of Natural resources for a Grand Illinois Trail Ride June 15-21 2003.
- The LIB has a postcard project geared toward making upcoming road projects bike friendly.
- Cue sheets and maps are available for the Grand Illinois Trail system
- All of the above are available at www.bikelib. org.

Notes from the Chicagoland Bicycle Federation:

- Check the link for scheduled times when you can bring your bike on the trains. This is a great way to get downtown or out to another suburb without taking you car.
- There's a cool song about bicycling you can download.
- CBF has T-shirts for sale from the "bike the drive"
- Web site is www.chifed.org

Arlington Heights and Downers Grove both sponsored criterium races in August. I didn't make it to Downers Grove this year but last year was very exciting. They have both bicycles and roller blade races. Both courses are about 1K with several tight turns. You see the pack come around about every minute. It's interesting to see the teamwork and tactics. Several laps offer "prems" which are bonus prizes for the leader of that lap. Anyone can sponsor a prem. You'll see people offering \$20-\$30 just to hear their name announced. Our good friend from the US Postal Team Robbie Ventura won the pro race. You will see him at the Harmon this year.

Some interesting information, Lance Armstrong burns 1623 calories and .46 lbs of fat, in a 40k time trial at 54 kph. So Verne, if you pick up the pace a bit, you could still eat 3 dove bars and lose weight.

See you on the road.

Rich Drapeau

Club Officials

Citab	Ollicials
Elected Officers	
President	
Rich Drapeau	(847)808-1476
V.P./Ride Chair	
Art Cunningham	(847)963-8746
Treasurer	
Al Berman	(847)541-9248
Secretary	
Kris Woodcock	(847)520-6932
Membership	
Betsy Burtelow &	(847)541-1325
Jim Boyer	
Safety	
Barry Cohen	(847)459-7640
Appointed Officers	
Newsletter	
Ella Shields	(773)594-1755
Harmon	
Mary Kay Drapeau	(847)808-1476
Chairmen	
Banquet	
Ella Shields	(773)594-1755
Harmon Data Base	
Jennie Pfeifer	(847)342-8823
LAB	
Phyllis Harmon	(847)537-1268
Mileage Statistician	
Art Cunningham	(847)963-8746
Newsletter Mailings	
Ella Shields	(773)594-1755
Picnic	
Al & Cindy Schneider	(847/696-2356
Refreshments	
Frank & Pat Illy	(847)923-5910
St. Pat's Ride	
Mary Kay Drapeau	(847)808-1476
Web Page	
Jim Boyer	(847)541-1325

Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. Send or e-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month

> Ella Shields 7516 W. Devon Ave. Chicago, IL. 60631 Shieldsbike@aol.com

(Please include your name and phone number in case I have a question)

Moving?



Don't miss an issue of Monthly Meanders!! Call Betsy or Jim with all name, address and phone number changes at (847)541-1325.

Board Meeting

The September board meeting TBA.

NO CLUB MEETING THIS MONTH

MEANDER STATS—TOP 20 THROUGH AUGUST 7

Maximum miles possible 5,126 (per rider) Cumulative total miles ridden 74,077 (all riders)

CINDY SCHNEIDER

REINHILDE GEIS

VELDA KNORR

MARY KAY DRAPEAU 1300

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3

4

2587

1112

1081

VELDA KNOKK	1001
	1079
	994
	958
	937
	773
	648
MONICA GONCZE	615
FRAN GREEN	551
	522
	482
	453
	453
	410
SHERI ROSENBAUM	408
MARIE SASSAN	366
V. A. BERINGER	290
ART CUNNUNGHAM	4359
KILIAN EMAMUEL	3611
AL SCHNEIDER	2681
	2443
	2441
	2249
	1690
	1587
BOB SAVIO	1568
RICH DRAPEAU	1568
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BOB DOMINSKI	1525
LOUIS GREENE	1525 1438
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	KRIS WOODCOCK BETSY BURTELOW MARIANNE KRON VIRGINIA SAVIO ELLA SHIELDS PAM BURKE MONICA GONCZE FRAN GREEN PAT ILLY ANNE JOHNSON GERI MCPHERON NANCY BECK LOLA PROVENZOLA SHERI ROSENBAUM MARIE SASSAN V. A. BERINGER ART CUNNUNGHAM KILIAN EMAMUEL AL SCHNEIDER BOB WALKOWICZ JOE IRONS KURT SCHOENHOFF BOB PLETCH TOM WILSON BOB SAVIO RICH DRAPEAU

REGULARLY SCHEDULED RIDES

TUESDAY / THURSDAY DEERFIELD BAKERY RIDES

Rides with 25 / 45 mile routes leave the Deerfield Bakery promptly at 9:00 A.M. These rides are normally show and go with cue sheets provided if requested. The Deerfield Bakery is on Buffalo Grove Road & Old Checker Rd. just north of Lake Cook Rd.; parking at the rear of the Jewish Funeral Home just south of the bakery. Phone Bob Savio at 438-8066 or Art Cunningham at 963-8746 for more information.

TUESDAY EVENING LONG GROVE RIDES

Rides of 20 to 27 miles will leave from Shamrock Cyclery at 6 pm. The shop is located at 344 McHenry Road, just south of the 4 way stop sign in Long Grove. Park in the lot behind Red Oak Antiques in the Stemple Municipal lot. Call Rich Drapeau 808-1476 or Jim Boyer 541-1325 for additional information

THE HILL AND DALE WEDNESDAY EVENING RIDES

Rides of 25 to 32 miles are scheduled to leave the Grassy Meadow parking lot in the Paul Douglas Forest Preserve at 5:30 P. M. Wednesday evenings. Cue sheets are provided. To reach the Paul Douglas Forest Preserve, go west on Central Rd. off Roselle Rd. just north of I-90. Go approximately 1 ½ mile and turn right into the parking lot. Phone Frank or Pat Illy at 923-5910 for further details. A blinker taillight is highly recommended.

ELGIN WEDNESDAY TWILIGHT RIDES

Rides of 20 to 40 miles as light conditions allow are scheduled to leave the Target Store parking lot near Elgin promptly at 5:30 p.m. Parking is at the SE comer of the lot. These rides are normally show and go with a goal of maintaining 14 – 15 mph with cue sheet options. Every attempt is made to return before darkness but blinking taillights are highly recommended. The Target store is on Randall Road just south of US 20. Phone AI & Cindy Schneider at 696-2356 for further information

RAGBRAI XXX 2002 RELEASE THE HOUNDS

A cyclists dream!!! Riding through one of the finest agricultural areas in the world, and outstanding towns supporting you all the way!! Sag wagons, Medical teams, and repair stations around almost every corner. Add to this, the camaraderie of over 10,000 cyclists, this is truly an adventure to experience.

This year was unique in that since 9-11, the ever-present <u>RED</u>, <u>WHITE & BLUE of OLD GLORY</u> in the form of flags, doo-rags, jerseys, even bikes was the subtle theme. Add to this a religious tone and you felt proud to be an American! The smiles and heartfelt hellos and good-byes were humbling.

I rode with <u>TEAM DOGBAIT</u>. They traditionally stay at people's homes. The generosity and kinship you feel with them is fabulous. You felt like extended family and saying goodbye is hard.

The ride itself was a total joy. Day 1 started at 102°F. We were nervous that we would be, COOKED, however the weather gods prevailed we had 80°F weather almost all week. Endless prairies and fields of corn as far as you can see. The roads were smooth and very few areas of rough or bad spots. The hills were just mostly rollers and a few challenges but nothing worse than on our club rides. We began building some awesome pace lines.

One was a double with at least 40+ riders in each!!

Monday, one of the group of three ultra lights that follow us along the way, crashed. The pilot was killed! We also heard of a few crashes but nothing really bad.

The weather held until the final day. We woke to torrential rains and lightning and the final ride to the <u>OLD MISISSIPPI</u> was a wet and soggy one

STATISTICS:

MILES: 480 with an additional 36 for the century loop (113 miles)

WEATHER: fabulous!!!!!!

ROADS: Smooth and in very good shape.

MOST DISCUSSED TOPICS: Food, showers??, And LANCE!

BEST OVERNITE: Charles City, 6 live bands and 4 beer gardens

BEST TEAM: Team Air Force; 100+ riders and all humble and polite!

FUNNIEST SIGHT: Road kill decorated with beads.

BEST FOOD: Docs Belgian waffles.

<u>SUMMARY:</u> This year's RAGBRAI was a blast! The fellowship and camaraderie was beyond imagination. The roads, food, accommodations, and fun were pegging the "JOY-O-METER". A definite good time!

May your journey be always downhill with the wind at your back!
C. Brian Hale #1007

THE ANNUAL WHEELING WHEELMEN BANQUET



SUNDAY, NOVEMBER 10
1:00 P.M. — 4:00 P.M.
ENZO & LUCIA RISTORANTE ITALIANO
*343 OLD McHENRY ROAD
LONG GROVE, IL.



\$20.00 per person
(Salad, bread, pasta, chicken, soda, coffee, tea & ice cream. Cash bar)

R.S.V.P by November 3
Questions? Call Ella at 773/594-1755

(*Located in the Long Grove shopping district, parking behind the restaurant in the municipal parking lot)

Name(s):	
#Attending:	Amount Enclosed:

Please make checks payable to Wheeling Wheelmen Send by November 3, to:

Ella Shields

7516 W. Devon Ave., Chicago, IL. 60631

RIDES OF A DIFFERENT FLAVOR

In September we'll try again to schedule the Illinois Beach ride from the new Millennium trailhead in Lakewood Forest Preserve, Wauconda. The trail through the Forest Preserve is finished but a short gap still remains just outside the Forest preserve to be paved. The gravel ballast is in place all ready for paving so we can only hope that the job is done in time. Once again an outlying ride is scheduled in a Wisconsin state trail. This ride goes to scenic Rock Lake and the town of Lake Mills. Hope to see you on the trail.

Art Cunningham

September Wednesday Chicago Area Bike Path/Trail Rides DATE TIME MILES PATH/TRAIL **START** DIRECTIONS COMMENTS 9:00 Medley of Trails -Nichols Hill Golf 9/4 50/30 From Dundee Rd. turn Packed crushed Cuba Marsh to Ar-Course, Arlington north on Kennicott to stone *** lington Lake Heights end; park in first lot at bottom of the hill 9/11 9:00 Millennium/ 55 Millennium East of Fairfield Rd. op-Packed stone North Shore/ posite Ivanhoe Rd. just Trail access paved. Short McClory to Illinois south of IL 176 park loop, sandy. Beach 9/18 9:00 Glacial Drumlin Trail 60 Fox River Sanctu-I-94 west of Milwaukee exit Packed, crushed at WI 164 south to Wauketo Lake Mills ary, Waukesha, WI limestone *** sha, rt. on St. Paul Ave., left on Prairie to College, rt. to the Fox River Sanctuary parking 46/58 West on Dundee (Rte. 9/25 9:00 Fox River/ McHenry East Dundee Depot Paved path/ Prairie Trail East Dun-68) bear rt. at Barrington gravel ** dee/ Richmond Ave. just past Rte. 25 to River St., depot to left

*** approved for narrow tires ** wide tires recommended * wide tires required

Bring snacks and plenty of water to drink

Dear Wheeling Wheelmen;

Greetings from New Hampshire!

Fortunately, we have already joined another club, the Granite State Wheelmen. Everyone is really friendly and the rides are hilly, but beautiful. Our house will be finished soon and if any of you happen to come to the area, you are welcome to stay with us or at least drop by for a ride.

Thank you for all the help you're given to us. Special thanks to Art, Paul, Bob (who's saved our lives many times), Cindy, Jim, and everyone else who's pulled us through those centuries and made the rides all the more enjoyable. Monica would like to specially thank Bob again for pulling her 70 miles when she bonked and telling her all about Paris. Thanks Bob!

Anyway, we appreciate everything. We never met a friendlier group of people than the Wheeling Wheelmen. Again, you are welcome anytime.

You can e-mail to us at gonczez@wattsind.com (no home address yet).

Happy riding!

The Goncze family



WELCOME NEW MEMBERS

Lisa Emmanuel, Glen Ellyn Edward Keys, Schaumburg Mark Frankl, Northfield Fritz Dickmann, Northbrook Bob & Nora Luchene, Wheeling

EXCURSION RIDES — HOTELS: Kettle Moraine: Sept. 14/15 Whitewater or Fort Atkinson Super 8 (1-800-800-8000) New Glarus: Oct. 5/6, Chalet Landhaus (800)-944-1716, Swissaire (800)-798-4391

Septem Ride Se	ber chedule	All Riders Should:	*wear a helmet *bring water *bring snacks	*have a bike in good condition *bring a spare tube and patch kit *bring a bike pump	*bring		d and phone 30 minutes
Date	Time	Ride Name	Starting Location	Directions		Miles	Leader Phone #
Every Sat.	8:00	Honey-Do Ride	Grassy Meadow, Douglas F. P.	On Central Rd. 1 ½ mi west of Rose just north of I-90	elle Rd	28/40	Frank Illy 923-5910
Sun. 9-1	9:00	Loops of Burlington	Eagle Lake Park, WI	294 North, exit Hwy 11 West, to Hwy to Church street, left to park	75 right	64/100	Al & Cindy Schneider 696-2356
	9:00	Lou's Commute	Lakewood Forest Preserve	West on IL 176 to Fairfield, left to ly right to parking on the right	anhoe,	40	Kris Woodcock 253-9288
Mon. 9-2	9:00	Ogle Odyssey	Meridian Jr. High, Stillman Valley, IL	West on I-90 then South on I-39 to IL 72. Tu the town of Stillman Valley. School a block to on the west side of town.	the right	85/98	Art Cunninghan 963-8746
and the	9:00	Island Lake Loop	Kildeer School	Old McHenry Road, just north of Lon Shopping District	g Grove	45	Len Geis 679-0279
Sat. 9-7	9:00	Antioch- Lyons/ Delevan	Antioch Middle School	I-94 to IL. 173 west just past IL. 59, to on Tiffany left at sign for school		65/100	Al Berman 542-9248
Sun. 9-8	ride ()	HARMON 100		EVERYONE WORKS	h-		
Sat. 9-14	9:00	La Grange – Sullivan	La Grange General Store	US 12 West past Elkhorn to Cour	ity H	75/100	Al & Cindy Schneider 696-2356
Sun. 9-15		Rural Wisconsin	Eagle, WI	US 12 W past Elkhorn to Wl. 67 No Eagle. Park on the street	orth to	60/95	Al & Cindy Schneider 696-2356
	9:00	Back Roads of Barrington	Rose School	I-90 to RT. 59 North, turn right on P road to the school just past Bartlet	enney t Rd.	40	Joe Irons 359-0551
Sat. 9-21	9:00	Wheeled Wonderlust	McNair Jr. High School	I-90 West to I-39/US 20 to Winnel (Amoco on Corner) turn left to McNai down the road (left turn)	oago r ½ mile	80	Art Cunninghan 963-8746
Sun. 9-22	9:00	Fontana Ride	McHenry County College	Rt. 14 one mile past Rt. 176 in Crysta Meet in the north parking lot.	al Lake.	75	Tom Wilson 632-1412
	9:00	Honey Lake Loop	Kildeer School	Old McHenry Road, just north of Long Shopping District	g Grove	37	Bob Dominski 215-4840
Fri. 9-27	Tba	Boulder Jct Lac Viex Desert	Whitehall Lodge, St. Germain, WI	I-90 west to Portage; Exit 108 (US 51) through ruff:; R on WI 70 to Co. C to Whitehall Lodge side of the intersection	gh Wood- e on east	107/ shorter	Paul Koenig 630-690-9546
Sat 9-28	9:00	Twisted Miles	Antioch Middle School	I-94 to IL. 173 west just past IL. 59, to on Tiffany left at sign for school		60/100	Ella Shields 773-594-1755
<u> </u>	Tba	Woodruff – Hazelhurst	Whitehall Lodge, St. Germain, WI	See above	. Or m	105/69	Paul Koenig 630-690-9546
Sun. 9-29	9:00	Sycamore Scamper	McHenry County College	Rt. 14 one mile past Rt. 176 in Crysta Meet in the north parking lot.	al Lake.	85	Dave Waycie 577-6307
	Tba	Eagle River- Three Lakes	Whitehall Lodge, St. Germain, WI	See above		104/82/ 62	Paul Koenig 630-690-9546
n/f	9:00	Honey Lake Loop	Kildeer School	Old McHenry Road, just north of Long Shopping District	Grove	37	Al Berman 542-9248
Mon. 9-30	Tba	Woodruff-Eagle River	Whitehall Lodge, St. Germain, WI	See above	en gellige	102/82/ 72	Paul Koenig 630-690-9546

Please call the Ride Hotline (847)520-5010 for any last minute changes!



Common Courtesy

When most of us talk of courtesy on the road, we think of the consideration we usually enjoy from motor vehicle drivers. Sure, we can all remember the occasional jerk who blares his horn or "signals" his disdain for cyclists on "his" turf, but the really amazing thing is the predominance of really careful, thoughtful drivers who routinely give you that extra room when they pass, yield to you when they really don't have to, stop to help when you have a flat, etc.

It's become a concern that perhaps some of us are not returning that same courtesy during club rides.

Wheelmen Group rides are great opportunities to meet new friends and find out what's new with old biking companions. Of course it's easier to talk when you're riding side-by-side. This often leads to groups of two or three riders completely occupying one or more lanes of the road.

This is only OK when you are NOT BLOCK-ING TRAFFIC and is never a good idea in moderate to heavy traffic. Furthermore, it's actually illegal to ride two abreast in some areas (bridge crossings, for instance). In any event, when you are not in single file, it is your responsibility to constantly monitor traffic approaching from the rear. When you see an approaching vehicle, immediately call out "car back" and pull back into single file. Of course, if you hear some one else warn of a car back, pass the warning along and pull over to the right.

Some of our group rides have seen long strings of cyclist, one immediately following the next. Even if everyone is in single file, this presents a very real obstacle to a driver trying to pass. It's important that you leave gaps in the group so the driver can pass a few of us and then pull over to the right to accommodate on-coming vehicular traffic.

A courteous cyclist avoids being an obstacle. Cars and trucks expect you to be riding to the extreme right side of the road, using the shoulder or a bike lane if available.

Being considerate of vehicular drivers is not only the right thing to do, it's smart cycling because it minimizes the danger in each car/cyclist encounter and it makes each of us ambassadors for the whole cycling community.

Barry

ST. GERMAIN, WISCONSIN FALL COLOR FOUR DAY WEEKEND RIDES IN VILAS AND ONEIDA COUNTIES Friday 9-27 through Monday 9-30

These are very scenic rides that pass through state forests where maple, oak, and 100 foot high white pine grow right up to the side of the pavement to produce numerous 5-12 mile stretches where you ride through a tunnel of Fall color. The routes pass dozens of lakes, rivers, and streams. Because of curves, elevation changes, and the trees and shrubs, your line of sight is often only a tenth to a quarter of a mile. Deer, wild turkey, hawks, heron, and egrets are common; eagles, osprey, coyote, and fox are not uncommon; and bear and badger are possible sightings. Excellent dinners are available at a variety of establishments such as the Fence Lake Lodge, run by a Swiss resort management company, where the dining room overlooks the lake, and the view of the shoreline in Fall colors at sunset complements the cuisine. View the menu at www. fencelakelodge.com.

The headquarters location for the weekend will be the Whitetail Lodge in St. Germain. It has a heated indoor pool and the rooms have refrigerators, microwaves, and baths with whirlpool jets to sooth sore muscles. In addition to the hotels listed below several web sites are given that will allow you to select accommodations to suit your taste and budget, from waterfront suites to camping.

St. Germain: Whitetail Lodge (800)-236-0460 www.whitetaillodge.com (715)-542-2578

Hearthside Inn (715)-479-2500 A more extensive listing is available at www.st-germain.com

Minocqua: AmericInn (800)-634-3444 or (715)-356-3730

New Concord Inn (800)-356-8888 or (715)-356-1800

Comfort Inn (800)-228-5150 or (715)-358-2588

(715)-358-2588 More extensive listings are available at

www.minocqua.org & www.lodging-wi.

PLEASE CHECK CANCELLATION POLICIES!

Rides will start from Boulder Junction, Woodruff, and Eagle River. Riders can either meet at 8:00 AM at the Whitetail Lodge to convoy to the day's starting point or obtain direction sheets for all the rides from me ahead of time. Direction sheets will also be left at the Whitetail Lodge desk.

Pre-Ride breakfasts will be at Ella's Restaurant at Rts. 51 and 70 (East) in Woodruff.

Weather: Historical average daytime highs for this time of year are 60 degrees F. Last year I was there through the first weekend in October and the highs were running from 65-75 degrees F. Late September and October are generally the sunniest time of the year.

The Routes: These are flat to rolling with some hills around the lakes. Members who have done the Germantown rides will find the terrain here to be similar. The rides and mileage options are:

9-27 Boulder Junction-Lac Vieux Desert 107/52 (52 mile option starts at 11:00 AM from first break point on the long route)

9-28 Woodruff-Hazlehurst 105/69

9-29 Eagle River-Three Lakes 104/82/62

9-30 Woodruff-Eagle River 102/82/72

Directions to the Whitetail Lodge: I-90 west to Portage; Take Exit 108 (Highways 51, 39, 78) and continue north on Highway 51 through Minocqua and Woodruff; East/Right on WI 70 (do not turn left/west on 70 in Minocqua) to County C; the Whitetail Lodge is on the northeast side of the intersection; enter from 70.

Interested riders may contact Paul Koenig for more information at (630)-690-9546; (630)-209-1688 (cell); or kestrelkid@aol.com.

LABOR DAY WEEKEND

We've added a mini excursion ride over Labor Day weekend for anyone who wants to get away for a couple of days. These will be on Saturday 8/31 and Sunday 9/1. Both rides will be about 60 miles. We will start in Thompson, IL and go north toward Galena on Saturday and south toward Albany on Sunday.

Accommodations are available at the Thompson Village Lodge 815/259-7378 or Lynwood Lynks 815/259-8278. Call Rich Drapeau for details 847/808-1476.

Fall Trips

September Escapade TRIRI

September 15 - 20, 6 days - Road Touring - 245 miles -250 riders max - \$250. "Bread & Breakfast" or camping tour - your choice. Join us as we tour the hills and dales, farmlands and forests, scenic and historic sites of south central Indiana. Presented by: Touring Ride in Rural Indiana (TRIRI). Barbara & Joe Anderson, PO Box 439, Clear Creek, IN 47426 812-332-6028 triri@triri.org www.triri.org

Cycle North Carolina

October 5 -October 12, North Carolina - 8 days - Road Touring - 400 miles - 1500 riders max - \$175. Pedal through beautiful fall colors on a fully-supported recreational, cross-state ride. The cost includes sag, rest stops, camping, entertainment, end-of-ride party and more. Presented by: Cycle North Carolina, Michael Caleen, PO Box 12727, RTP, NC 27709, 800-277-8763 919-361-2559 (fax), cylenc@mindspring.com, www.cyclenorthcarolina.org

INVITATIONAL'S

Sept. 1, Wright Stuff Century, Blue Mounds, Wi., 30/60/100 miles, \$20, after 9/9 \$25, Jo Solms, 608-212-7973, josolms@aol.com

Sept. 1, Boulevard Lakefront Tour , 10/35 mi. CBF. Univ of Chicago's Midway Plaisance, 312/427-3325, biketraffic.org

Sept. 14, Amish Country Bicycle Tour, Arthur, II., 15/27/40/65 miles, \$10, Mark McClure, 217-454-9896

Sept. 15, TOSOC, Stillman Valley, II., 25/50/75/100 miles, \$14 before 9/6, \$17 after, under 18 \$6-8, family of 3 \$30-37, Bill & Shelley Hines, 815-389-3226, twocrankn@aol.com

Sept. 22, The North Shore Century, "The Last Ride of Summer", Evanston, II., 10 mile family, 25/50/62/100 miles, \$20 Karen Terry, 847-866-7743

Sept. 22, Mundelein Main Street 2002 Metric Madness, Mundelein, II., Family/25/45/69 miles, \$18 before 9/5, \$23 after, Pam Ohman, 847-970-9235, www.wdstudio.net/metric

Sept. 29, Apple Cider Century Three Oaks, Mi., 25/50/75/100 miles, \$35, 888-877-2068 www.applecidercentury.com

Oct 4-6, Hilly Hundred, Bloomington, In., 40-50 miles on Sat., 30-50 miles on Sun., \$38, Billie Lane, 317-255-6856, skiphiggins@home. com. www.hillyhundred.org/

	Wheeling Wheelmen Membership Application	on
Name:		
A 4.1	Spouse's Name:	
Address:	Children's Names:	Age:
City, State, Zip:		Age:
Phone #:	Teach and the second se	ngc
44 (1 - 1 - 1 - 1 + 1 + 1 - 1 - 1 + 1 + 1 - 1 + 1 +	E-mail:	
New Member? Renew Membership Pledge: I he all the rules of the road, and claims for negligence again	Wal? L.A.B. Member? Family dues: reby agree to operate my bicycle in a manner that is safe to d conduct myself in a manner that will be complimentary to st the WHEELING WHEELMEN, its officers and member G WHEELMEN activity for myself, my heirs and executor	LIC SOOFT Teleace and vicinia 11



Wheeling Wheelmen P.O. Box 7304 Buffalo Grove, IL 60089-7304

Next Club Meeting
October 3
Meetings are
7:00 pm at
Wheeling High School
Rt, 83 and Hintz Rd.

We support:
*The League

Federation

*The League of American Bicyclists *The League of Illinois

Bicyclists
*The Chicagoland Bicycle

In This Issue...

Mailing Address Goes Here

Prez Sez...Top 20...Banquet...Trail Rides...Safety...Wisconsin & Galena trips....

Club Discounts!

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

AMLINGS CYCLE & FITNESS 8140 N Milwaukee Ave., Niles (847)692-4240 ARLINGTON BICYCLE COMPANY 45 S Dunton, Arlington Hts. (847)253-7700 BICYCLE CONNECTION OF SCHAUMBURG 1226 N Roselle Rd., Schaumburg, (847)882-7728

BIKE PROS 1313 N. Rand Rd, Arlington Hts., (847)398-1650 BUFFALO GROVE CYCLING AND FITNESS 960 S Buffalo Grove Rd., Buffalo Grove (847)541-4661

FS CYCLES

20556 N. Milwaukee Ave., Deerfield (847)537-2453 GEORGE GARNER CYCLERY

111 Waukegan Rd., Northbrook, (847)272-2100 LIBERTYVILLE CYCLERY

800 N. Milwaukee Ave, Libertyville, (847)362-6030 MIKES BIKES

155 N Northwest Hwy, Palatine, (847)358-0948 RUNNER'S HIGH

7 S. Dunton, Arlington Hts. 847-670-9255

SHAMROCK CYCLERY 344 Old McHenry Rd, Long Grove 847-913-9767 SPOKES

223 Rice Square at Danada, Wheaton (630)690-2050 1807 S. Washington, Naperville (630)961-8222

Club Discounts!

THE CYCLERY
575 Ela Road, Lake Zurich, (847)438-9600
VILLAGE CYCLESPORT
63 Park & Shop, Elk Grove Village (847)439-3340
215 W Golf Rd., Schaumburg (847)781-9960

JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists 1612 K Street, NW, Suite #401 Washington, DC 20006

Tel: (202)822-1333 Fax: (202)822-1334

E-mail: BikeLeague@aol.com Web Site: www.bikeleague.org

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE.

Check out our Website!



Web-page: www.wheelmen.com

E-mail: wheeling@wheelmen.com

Club Hotline (847)520-5010



Ride and Club Information