



MONTHLY MEANDERS

PREZ SEZ

Well another Harmon is under the bridge and I want to give everyone a big THANK YOU! Thankfully the weather cooperated and we had a big turnout. As always the feedback in regards to the Volunteers (i.e. YOU!) was great. Words like “friendly”, “hard working”, were just a few of the accolades I received. Unfortunately, not everything was all positive. The location of this year’s Harmon was not very popular, due mainly to the road traffic. Apparently Illinois drivers are not as patient as our Wisconsin brethren (Duh?!?). So, during the off season planning, please rest assured that we will make every effort to revert back to quiet and hopefully quaint, country roads. BTW, if anyone wants to help with the 2010 Harmon planning, please let me know. We’d certainly welcome more help on the front end of our Invitational preparations (the part no one ever sees). But again, to all those

hard working volunteers, you know who you are, THANKS. Without your help this event wouldn’t have gone as smoothly as it did. In addition to thanking all of the hard working Harmon volunteers, I’d like to give a "Special Wheelmen Thank You" to Mary Kay. For all of her hard work and coordination of the Harmon Hundred Invitational, the club is very, very grateful. So make sure you say, "THANKS", next time you see her!

Finally, I know you don’t want to think about it, but winter isn’t that far off and when the weather is not conducive to road riding, there are other ways to stay in shape, outdoors of course! Below is a blurb that Paula Matzek, President of the Northwest Nordic Ski Club, asked me to pass on...

What will YOU do when the snow falls?

Looking for a way to keep fit and have outdoor fun this

winter?

Northwest Nordic Ski Club invites you to come cross-country ski with us!

We have a full schedule of day trips and weekend / week-long trips, as well as social activities such as our monthly dinner meetings.

The club has been in existence for over 30 years, and we welcome skiers of all levels, from beginner to racer.

Check our website at www.nwnordicskiclub.com, or call Don at 847-358-8814.

See you on the trail!

So while the riding season still has a few more months to go (yes, I’m including those hardy November show and go’s), if there is snow, it’s nice to know you have other options than sitting on the couch watching football.

Ride smart, be safe.

Meg Ewen

October, 2009

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Club Officials

Elected Officers

| | |
|--|--------------|
| President <i>Meg Ewen</i> | 630/540-1704 |
| V.P./Ride Chair <i>Brian Blome & Pat Calabrese</i> | 847/358-4807 |
| Treasurer <i>Johannes Smits</i> | 630/893-2835 |
| Secretary <i>Kevin Moore</i> | 847/577-8490 |
| Membership <i>Rich Drapeau</i> | 847/808-1476 |
| Publicity Chair <i>Sheri Rosenbaum</i> luv2bike80@hotmail.com | 847/368-1762 |

Appointed Officers

| | |
|---|--------------|
| Harmon Chairman Open | |
| Newsletter <i>Ella Shields</i> | 773/594-1755 |
| St. Pat's Ride <i>Tom & Deb Wilson</i> | 847/632-1412 |
| Chairmen Banquet Meg Ewen & Committee | |
| Harmon Data Base <i>Mary Kay Drapeau</i> | 847/808-1476 |
| Mileage Statistician <i>Joe Irons</i> | 847/359-0551 |
| Picnic <i>Al & Cindy Schneider</i> | 847/696-2356 |
| Refreshments Open | |
| Ride Line <i>Frank Bing</i> | 847/634-1439 |
| Web Page <i>Jim Boyer</i> | 847/541-1325 |

Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. Send or e-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month

Ella Shields
7516 W. Devon Ave.
Chicago, IL. 60631
eshieldsbike@yahoo.com

(Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Call Rich Drapeau with your new e mail address at 847/808-1476 or e mail him at wheeling@wheelmen.com.

TOP 20 MILES

Reported thru Sept 15
212 rides by 138 members

Men:

| | | | |
|----|----------|-----------|------|
| 1 | Paul | LeFevre | 4617 |
| 2 | Kilian | Emanuel | 4372 |
| 3 | Anthony | Vercillo | 3944 |
| 4 | Dennis | Creaney | 3035 |
| 5 | Joe | Beemster | 2675 |
| 6 | Leonard | Geis | 2640 |
| 7 | David | Waycie | 2595 |
| 8 | Richard | Drapeau | 2466 |
| 9 | Frank | Bing | 2408 |
| 10 | Alan | Gibbs | 2320 |
| 11 | Peter | Guzik | 2305 |
| 12 | Jim | Boyer | 2254 |
| 13 | Frank | Illy | 2213 |
| 14 | Brian | Blome | 2204 |
| 15 | Jim | Flechsing | 2153 |
| 16 | Kevin A. | Moore | 2071 |
| 17 | Leo | Rhee | 2039 |
| 18 | Al | Schneider | 1927 |
| 19 | C. Brian | Hale | 1910 |
| 20 | Joe | Irons | 1660 |

Women:

| | | | |
|----|-----------|------------|------|
| 1 | Reinhilde | Geis | 2618 |
| 2 | Pam | Kaloustian | 2594 |
| 3 | Pat | Calabrese | 2318 |
| 4 | Sheri | Rosenbaum | 2306 |
| 5 | Barbara | Barr | 1996 |
| 6 | Cindy | Schneider | 1887 |
| 7 | Mary Kay | Drapeau | 1773 |
| 8 | Emily | Qualich | 1766 |
| 9 | Virginia | Savio | 1734 |
| 10 | Betsy | Burtelow | 1733 |
| 11 | Pat | Illy | 1604 |
| 12 | Debbie | Wilson | 1535 |
| 13 | Pam | Burke | 1473 |
| 14 | Ella | Shields | 1353 |
| 15 | Meg | Ewen | 1176 |
| 16 | Laura | Randazzo | 812 |
| 17 | Mary | Mylis | 631 |
| 18 | Marianne | Kron | 519 |
| 19 | Nancy | Beck | 491 |
| 20 | Cindy | Trent | 472 |

Board Meeting

The next board meeting is Wednesday, Oct. 19, 7:00 p.m. at the home of Tom & Deb Wilson.

All Board members are requested to attend.



CHILI RIDE

Join us for chili after the ride on Sunday, October 25 (see ride de-

tails on page 3).

We will have chili rain or shine, if it rains chili will be @ 11:30 a.m.

Everyone is asked to bring a dish to pass. Please RSVP to Meg Ryan at 630/542-1040 if you plan to stay for chili and find out what to bring—
Everyone is asked to bring something.

Meg may offer a 20 mile 1/2 road 1/2 trail ride option if folks are interested, please let her know when you RSVP.

FOR SALE

Serotta Concours,
Yellow Titanium Frame,
Carbon Fork
50" Seat Tube (c-t),
18 speeds Full Ultegra Group/Wheelset
\$1,500.00
Contact Frank Bing
@ 847.814-9925

Product recall:

1,500 Felt FIX cyclocross bicycles from 2007 and 2008.

The fork steerer tube in these Taiwan-made bikes can break and cause the rider to lose control. The bikes have aluminum frames with carbon forks and aluminum steerer tubes. They sold new for around \$1,500. If you have one, stop riding it and contact a Felt dealer for a free repair.

www.feltracing.com

| | | | | |
|--------------------|--------------------|---|--|---|
| Oct. Ride Schedule | All Riders Should: | *wear a helmet *bring water *bring a pump | *have a bike in good condition *bring a spare tube and patch kit *arrive early...15-30 minutes | *bring an ID card *carry a cell phone *bring money for lunch/snacks |
|--------------------|--------------------|---|--|---|

| Date | Time | Ride Name | Starting Location | Directions | Miles | Host Phone # |
|------------|-------|-------------------------------------|--|--|------------------------|---------------------------------------|
| Sat. 10/3 | 9:00 | Tuesday Bakery Ride | Willow Stream Park, Buffalo Grove | The park is on Old Checker Rd. west of the Deerfield Bakery. | 32 40 | Earle Horwitz (847)444-0445 |
| Sun. 10/4 | 9:00 | Triple Deerpass | Evergreen School | I-90 west to US 20 to Coral. Turn R to Northrop. Turn L to Washington. Turn R to school. | 66 | Cindy & Al Schneider (847)696-2356 |
| | 9:00 | (Apple Fest) Heron Creek Short Ride | Heron Creek F.P. | 0.2 miles south of Il 22 on Old Mc Henry Road, shelter B parking lot | Approx. 32 to 47 miles | Tony Vercillo (847)691-7049 |
| Sat. 10/10 | 9:00 | PITA Ride | Cuba Marsh Forest Preserve | Turn West from US-12 onto Cuba Rd. Parking Lot is on the left, past Ela Rd. | 39 61 | Len & Reinhilde Geis (847)679-0279 |
| | | Fall Festival Weekend | Mt Horeb, WI | See Newsletter for details | 50-70 miles | MK and Rich Drapeau (847)808-1476 |
| Sun. 10/11 | | Fall Festival Weekend | Mt Horeb, WI | See Newsletter for details | 40-50 miles | MK and Rich Drapeau (847)808-1476 |
| | 9:00 | Heron Creek Short Ride | Heron Creek F.P. | 0.2 miles south of Il 22 on Old Mc Henry Road, shelter B parking lot | Approx. 32 to 47 miles | Virginia Savio (847)438-8066 |
| | | 3rd Annual AFFF Bike Ride | Richmond, IL | See Sponsor Website | 12/20/30/50 | Invitational |
| Sat. 10/17 | 9:00 | Other Side of the Tracks | Bode Forest Preserve | Take Barrington Rd. 1 mile N. of Schaumburg Rd. Turn W. 0.2 mile to Bode East Lot | 41 | Ellen Heineman (630)830-0931 |
| Sun. 10/18 | 9:00 | Heron Creek Short Ride | Heron Creek F.P. | 0.2 miles south of Il 22 on Old Mc Henry Road, shelter B parking lot | Approx. 32 to 47 miles | Deb & Tom Wilson (847)632-1412 |
| Sun. 10/25 | 10:00 | Chili Ride | Meg Ryan's house 1255 Wentworth Volo, IL | Take US12 N thru Volo; Turn rite on Molidor for about 1/2 mi; Turn left on Wentowrth, 4th house on right | 42 | Meg Ryan (630)542-1040 |
| Sat. 10/31 | 10:00 | Apple Cider Ride | Heron Creek F.P. | 0.2 miles south of Il 22 on Old Mc Henry Road, shelter B parking lot | 36 | Kurt Schoenhoff (847)634-2634 |

During the month of October Honey Do Rides start at 9:00 a.m.

ALWAYS CALL THE RIDE LINE 847/520-5010 FOR ANY LAST MINUTE CHANGES

WEEKLY RIDES

| Day | Time | Ride/Start | Miles | Directions | Ride Host |
|-----------------------|---------------------------------|--|-------------------------------|---|---|
| Saturday | 9:00 am new time | Honey Do Ride Grassy Meadow Forest Preserve | 30-58 | The F.P. is on Central Rd. 1½ mi. west of Roselle Rd, just north of I-90 | Brian Hale 847/426-3290 |
| Tuesday & Thursday | 9:00 am | Deerfield Bakery Ride Willow Stream Park | 25-45 | The park is on Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right | Earle Horwitz 847/444-0445 |
| Wednes- day | 5:00 pm new time | Hill and Dale Ride Grassy Meadow Forest Preserve | 20+ as daylight permits | The F.P. is on Central Rd. 1½ mi. west of Roselle Rd, just north of I-90 | Brian Hale 847/426-3290 Cindy Trent 847/392-6750 |

WEDNESDAY TRAIL RIDES

| Date | Time | Ride | Miles | Start/Trail | Directions |
|-------|------|--|-------|---|--|
| 10/7 | 9:00 | Chicago Lake Front Path Segway Tour (see page 6 for details) | 35 | Foster Ave. Beach Trail: Paved Path | East on Peterson off Eden's, rt. on Ridge, bear rt. on Broadway to Foster, left. under Lake Shore to 1 st park- ing lot on left |
| 10/14 | 9:00 | Des Plaines River to Wadsworth | 40 | Old School Forest Preserve Trail: Packed crushed stone | IL 176 to St. Mary's Rd. south to Forest Preserve on the left. Park in shelter D lot |
| 10/21 | 9:00 | Fox River/ McHenry Prairie Trail to Ringwood | 46 | East Dundee Depot Trail: Paved Path | West on Dundee (RT 68) bear right at Barrington Ave. just past Rte. 25 to River St. depot to left |
| 10/28 | 9:00 | North Branch to Botanic Gardens | 32 | Blue Star Memorial Woods Trail: Paved | Go East on Lake Street park- ing lot is past Glenview Golf Course, Wagner Rd. and the trail overpass to the right |



**October Fall Foliage Ride in
Mt. Horeb, WI. October 10-11**

This is a challenging ride of 40-60 miles on Saturday and 40-50 miles on Sunday. WW members will meet up in the parking lot of the Karakahl Country Inn at 8:30am Saturday and ride to the start.

Rooms are available at the Karakahl Country Inn (www.karakahl.com) with an indoor pool. Mention the QCBC for a group rate of \$62.95. Call Wally at (888) 621-1884 or (608) 437-5545 to reserve your room. Rooms also are available at the Village Inn Hotel (www.littlebedder.com), which is attached to the Military Ridge Bike Trail. Phone (608) 437-3350

Contact Rich Drapeau 847/808-1476 for additional details.

WHEELING WHEELMEN 2009-2010 BALLOT

- PRESIDENT** Meg Ewen or _____
- VP/RIDE CHAIR** Brian Blome & Pat Calabrese or _____
- TREASURER** Johannes Smits or _____
- SECRETARY** Kevin Moore or _____
- MEMBERSHIP** Rich Drapeau or _____
- PUBLICITY** Joe Beemster or _____

Please mark accordingly: Individual Family

Please return ballot by October 31, 2009

Balloting Committee: Bill Bergeron, Pam Burke & Ed Leidecker

Please mail ballot to: Ed Leidecker, 130 Kincaid Drive, Lake Zurich, IL. 60047-1363

BEST NEW RIDES-2009

Roads you should Know

S.H.A.R.E/Bakery Ride

BOB SAVIO GOOD SAMARITAN AWARD

CRACKED HELMET AWARD



Annual Banquet

Fun, Food, Games, Prizes

Join us for a great time;
a delicious meal,
and celebrate a wonderful
season of cycling

Sunday, November 8

12:30 - 3:00 p.m.

Buca Di Beppo

604 N. Milwaukee Ave.

Wheeling, IL.

bucadibeppo.com

\$25.00 per person

Questions?

Call Meg Ewen @ 630/540-1704
or e mail @ ibagoalie@comcast.net

Wheeling Wheelmen Banquet RSVP

Name _____

Name _____

(Spouse/Guest)

Number attending: _____

Amount Enclosed: _____

Make check payable to

WHEELING WHEELMEN

Please RSVP (and send check)

by October 31 to:

Ella Shields

7516 W. Devon Ave.,

Chicago, IL. 60631

OCT 7TH LAKEFRONT TRAIL RIDE...ADDING A TWIST... SEGWAY TOUR FROM GRANT PARK

We are planning an option as part of Killian's regular trail ride on Wed Oct 7th along the lakefront. For those of you interested, we'll ride from Foster Ave Beach as planned on the schedule (see page 4). Then when we get to Grant Park, take the 2.5 hour Segway tour that starts at 10:30am with a trained guide. Read all about it at bikechicago.com/segway/index.html

The tour we are going to do is "The Amazing Lakefront Segway Tour". You can read the locations we'll be seeing.

After the Segway Tour we'd get back on our bikes and head north to Foster Ave Beach. If we get 6 or more people to do the tour, the ticket price is reduced by \$10. If there are people who don't want to bike or if you have a spouse that doesn't bike, meet us in Grant Park to do the Segway Tour. Lots of options here.

Please let me know if you would be interested in the tour so that we can secure spots. Yes, this is all Weather Permitting.

For those of you wondering...the biking counts for club miles. The segway portion counts as willy nilly miles. So come out for something a little different.

Sheri Rosenbaum

luv2bike80@hotmail.com

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1313 N. Rand Road • Arlington Heights, IL 60004 • 847-398-1650
203 West Northwest Hwy. • Barrington, IL 60010 • 847-382-9200

INVITATIONAL'S

Oct. 3 Tyranena Oktoberfest Bike Ride, Tyranena Brewing Company grounds Lake Mills, WI 18, 30, 45 or 65 miles, \$50.
www.oktoberfestbikeride.com stacey@tyranena.com

Oct. 4 Herron Memorial Bike and Walk, Chicago 9:30 am, Honor fallen bicyclists and pedestrians . Meet at the North Avenue pedestrian bridge in Lincoln Park. The ride portion will extend 15 miles from North Avenue to Soldier Field and back. www.activetrans.org/memorial

Oct 4 Pumpkin Pie Ride, Ottawa, 25/62/100 \$20.00
starvedrockcycling@yahoo.com 815-830-4291
starvedrockcycling.com

Oct. 11 AFFB Bike Ride, Richmond, Il. 20/25/36/50/62, \$25 day of ride 815-370-4894 www.affbikeride.org/
jmarshall@antioch34.com

Oct 17/18 Cycle Fandango, Broken Arrow, OK, 70 miles a day, includes live music, great food with an amazingly, beautiful scenic view. Travel through the foothills of eastern Oklahoma and the hills of the Ozarks by the Arkansas River Valley Region.
visit: www.CycleFandango.com 918.251.1518 ext 43

Oct.24 Tour de Shawnee, Olive Branch Il. 15/30/62/100, \$20 by 10/9 \$25 after info@tourdeshawnee.org
www.tourdeshawnee.org/

Wheeling Wheelmen Board Meeting

August 10, 2009

Present: Meg Ewen, Rich Drapeau, Mary Kay Drapeau, Ella Shields, Pat Calabrese, Jim Boyer, Sheri Rosenbaum, Kevin Moore, Tom Wilson, Deb Wilson, Johannes Smits

The meeting was called to order at 7:15 pm

Harmon Hundred: Mary Kay reported the pre-registrations were down a bit from last year, that we had received approx. \$1000 as of now, with more coming in- usually we receive about \$5000 by the time of the ride; other clubs have reported lower pre-registrations this year as well;

-Sam's Club does not carry the powdered Gatorade any longer; Johannes agreed to check to see if Costco does, otherwise we would see about an online purchase;

-Meg reported she has notified our insurance carrier of the ride so we will be covered; we just need to inform them of the count after the ride;

-Tom will send the routes to Leonard Geis to create the cue sheets;

-The volunteer pizza party is set for September 10, 2009 at 7:00 pm at Lou Malnati's, cash bar, free for volunteers and \$5.00 for non-volunteers and guests, including spouses and children

President's Report: Meg reported she has locked-in Buca Di Beppo for the club banquet , November 8, 2009 at 12:30pm, the gag gifts are being taken care of, Meg needs to order the mileage winner medals;

-membership is currently 222 registered;

-discussed the ride line, whether it is needed, whether it was being used and whether the monthly expenses are worth the benefits we get, decided to contact Frank Bing to get his perspective on it;

-discussed the recognition of rides and excursions, discussed that we would not recognize week-day, multi-day rides other than the excursions included on the ride schedule, and the

(Continued on page 8)

(Continued from page 7)

necessity for "partnering-up" on the rides and requisites for Board membership

-Meg reported nobody had volunteered to organize the Holiday party, discussed the need for somebody to step up or we would not have one this year, since it's not Meg's job to do this.

Treasurer's Report: Johannes reported we had a total balance of \$11,164.99 in bank accounts and CDs;

-we had paid 2,470 in Harmon expenses so far;

-discussed the effect of going to an electronic newsletter, reported we are saving about \$200 per month by not mailing printer copies of the newsletter.

The next meeting was scheduled for September 21, 2009 at Ella's house.

The meeting adjourned at 8:40 pm.

The **Wheeling Wheelmen Bicycle Club** has an active Yahoo Group available on the Internet. The group works like a bulletin board and allows us to exchange email with other club members without having to know everyone's individual email address. You must subscribe to the group before you can send a message. Follow the instructions required by Yahoo to complete your registration.

NOTE: Due to spam and email address hijacking concerns, subscription to the Yahoo Group is limited to current members of the Wheeling Wheelmen Bicycle Club only. If you have questions about club membership, rides or events, please send an email to: wheeling@wheelmen.com

To Subscribe send an email message to:
wheelingwheelmen-subscribe@yahoogroups.com

To Unsubscribe send an email message to:
wheelingwheelmen-unsubscribe@yahoogroups.com

To post a message send your message in an email to:
wheelingwheelmen@yahoogroups.com

The group name is: **wheelingwheelmen** and is available at: pgroups.yahoo.com/group/wheelingwheelmen



Bob Beck won the Masters Nationals on the Velodrome Track in Colorado Springs.

He received a jersey and gold Medal

Wheeling Wheelmen Membership Application

Name: _____ Spouse's Name: _____

Address: _____ Children's Names: _____ Age: _____

City, State, Zip: _____ Age: _____

Phone #: _____ E-mail: _____

New Member? _____ Renewal? _____ L.A.B. Member? _____ Family dues: \$25 Individual dues: \$20

Membership Pledge: I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

Applicant's Signature (parent's signature if a minor) Spouse's Signature

Mail this application with payment to Wheeling Wheelmen, P.O. Box 7304, Buffalo Grove, IL 60089-7304



P. O. Box 7304
Buffalo Grove, Il. 60089-7304

Phone: 847-520-5010
Email: wheeling@wheelmen.com

We are on the web
wheelmen.com

Next Club Meeting
Feb. 2010



CLUB DISCOUNTS

The following local shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

ALBERTO'S CYCLES

1770 First St.,
Highland Park
847/446-2042

AMLINGS CYCLE & FITNESS

8140 N Milwaukee Ave.,
Niles
847/692-4240

B&G CYCLERY

131 E. Rollins Rd, Round
Lake Beach, 847/740-0007

BICYCLE CONNECTION OF SCHAUMBURG

1226 N Roselle Rd.
Schaumburg
847/882-7728

BOB'S BIKE SHOP

141 S. Vine St.,
Park Ridge 874/825-4438

CAMPBELL ST. BIKES

13 W. Campbell St.
Arlington Hts.
847/222-7887

GEORGE GARNER CYCLERY

111 Waukegan Rd.,
Northbrook, 847/272-2100

LIBERTYVILLE CYCLERY

800 N. Milwaukee Ave,
Libertyville
847/362-6030

MIKES BIKES

155 N Northwest Hwy,
Palatine, 847/358-0948

OAK PARK CYCLERY

1113 Chicago Ave.
Oak Park,
708/524-2453

RUNNER'S HIGH & TRI

121 W. Campbell, Arling-
ton Hts., 847/670-9255

SPOKES

69 Danada Square,
Wheaton 630/690-2050
1807 S. Washington,
Naperville, 630/961-8222

THE CYCLERY

575 Ela Road, Lake Zurich,
847/438-9600

TURIN BICYCLE

1027 Davis Street, Evanston
847/864-7660

VILLAGE CYCLESPORT

63 Park & Shop
Elk Grove Village
847/439-3340
1313 N. Rand Rd,
Arlington Hts.
847/398-1650
205 W. Northwest Hwy
Barrington,
847/382-9200

We support:

- *The League of American Bicyclists
- *The League of Illinois Bicyclists
- *Active Transportation Alliance
- *Buffalo Grove Bike Rodeo
- *Bicycle Federation of Wisconsin

JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$35 and should be sent to:

League of American Bicyclists,
1612 K Street, NW, Suite #401
Washington, DC 20006
Tel: (202)822-1333 Fax: (202)822-1334
E-mail: BikeLeague@aol.com
Web Site: www.bikeleague.org

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800) 288-BIKE