

🚲 WHEELING WHEELMEN 🚲

Release and Waiver of Claims for Personal Injuries and Other Damages

Ride Name:	Date:
Distance(s):	Host:

In signing this release for myself, and/or a participant under the age of 18, I understand that the WHEELING WHEELMEN, its officers and members are not insurers of any participant's personal safety during the above activity. While bicycling is an outstanding recreational sport, it also involves risks. Some of these risks include but are not limited to: traveling on or crossing heavily traveled roads, winding roads, steep descents, potholes, accident, unexpected moves of another rider, physical exertion fatigue, flat tires and motorists. The undersigned acknowledges that the risk inherent in recreational bicycling and the undersigned agrees to assume all risks associated with participation in the WHEELING WHEELMEN activities. I acknowledge that the WHEELING WHEELMEN encourages the wearing of helmets and agree to save and hold the WHEELING WHEELMEN harmless for any injury resulting from my failure to wear a helmet. I freely and voluntarily accept all risks of injury, death, or property damage. The undersigned further agrees to save and hold harmless the WHEELING WHEELMEN, its officers, members, coordinators, employees, volunteers, agents and/or other ride attendees from any and all liability for any injury, illness or damage resulting from, or in any way connected with, participation in the WHEELING WHEELMEN events. I release and waive all claims for negligence against the WHEELING WHEELMEN, its offices and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors. I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complementary to the sport. I hereby consent to and permit any emergency treatment in the event of injury or illness.

I have read and understand this waiver. I agree to be legally bound by it.

All Riders MUST Wear a Helmet

Member Name	Member Number	Miles	Member Name	Member Number	Miles
			16		
			17		
			18		
			19		
			20		
			21		
			22		
			23		
			24		
			25		
			26		
			27		
			28		
			29		
			30		

RIDE HOST: PLEASE SEND TO: EMILY QUALICH, 2260 APPLE HILL CT So., BUFFALO GROVE, IL 60089
OR SCAN FORM & EMAIL TO E.QUALICH@COMCAST.NET, SUBJECT: *WW MILES*

Guests: Please sign in below (signature required).
Only one guest ride is permitted by insurance regulations.

Guest's Name (Print)	Guest's Name (Sign)	Miles

Member Name	Member Number	Miles	Member Name	Member Number	Miles
			41		
			42		
			43		
			44		
			45		
			46		
			47		
			48		
			49		
			50		

Additional Guests Sign in Below:		
Guest's Name (Print)	Guest's Name (Sign)	Miles

Before the ride commences, introduce any new riders and please announce the following to all riders.

For your own safety, please obey the following rules of the road.

- ⌘⌘ All riders must wear a helmet at all times during the ride.
- ⌘⌘ Ride in a straight line as far to the right as possible.
- ⌘⌘ Don't ride more than two abreast and avoid bunching up, especially on hills and at intersections.
- ⌘⌘ Signal your intention to turn, change lanes, slow down, or stop.
- ⌘⌘ Be alert for overtaking cyclists and allow them room to pass.
- ⌘⌘ Advise those that you are about to pass by calling out "On your left" or "On your right".
- ⌘⌘ Get completely off the pavement when you stop for repairs or a rest.
- ⌘⌘ Call or point out (or both) hazards – potholes, rough road, etc.